

AGE CATEGORY	DISTANCE	TIME	NAME	DATE	EVENT
Senior	5K	15.36	Neil Boniface	28/07/2010	Bexhill On Sea
Senior	10K	31.16	Neil Boniface	21/11/2010	Brighton
Senior	10 Miles	59.31	Matt Mason	15/10/2023	Twickenham
Senior	Half Marathon	69.06	Neil Boniface	20/03/2011	Reading
Senior	Marathon	2.26.46	Neil Boniface	17/04/2011	London
Veteran over 35	5K	16.21	Neil Boniface	30/07/2014	Bexhill On Sea
Veteran over 35	10K	30.54	Neil Boniface	08/02/2015	Chichester
Veteran over 35	10 Miles	53.34	Neil Boniface	26/10/2014	Portsmouth
Veteran over 35	Half Marathon	68.37	Neil Boniface	02/03/2014	Reading
Veteran over 35	Marathon	2.31.26	Neil Boniface	13/04/2014	London
Veteran over 40	5K	17.01	Dean Angell	10/06/2007	Hove
Veteran over 40	10K	31.36	Neil Boniface	19/03/2017	Eastleigh
Veteran over 40	10 Miles	52.54	Rob Brundish	15/10/2023	Portsmouth
Veteran over 40	Half Marathon	68.48	Neil Boniface	02/04/2017	Paddock Wood
Veteran over 40	Marathon	2.23.10	Rob Brundish	21/04/2024	London
Veteran over 45	5K	16.54	Bryan Camfield	31/07/2013	Bexhill On Sea
Veteran over 45	10K	34.08	Gary Tomlinson	01/06/2025	Reading
Veteran over 45	10 Miles	57.04	Gary Tomlinson	05/05/2024	Haywards Heath
Veteran over 45	Half Marathon	74.49	Gary Tomlinson	16/03/2025	Woking
Veteran over 45	Marathon	2.43.45	Bryan Camfield	22/04/2012	London
Veteran over 50	5K	33.43	Ian Hines	11/06/2023	Wisborough Green
Veteran over 50	10K	35.50	Pete O'Connell	06/02/2011	Chichester
Veteran over 50	10 Miles	63.07	Bryan Camfield	26/10/2019	Lea Valley
Veteran over 50	Half Marathon	79.49	Dean Angell	01/04/2012	Reading
Veteran over 50	Marathon	2.51.38	Bryan Camfield	08/10/2017	Chester
Veteran over 55	5K	17.56	Pete O'Connell	08/05/2016	Wisborough Green
Veteran over 55	10K	36.18	Pete O'Connell	07/02/2016	Chichester
Veteran over 55	10 Miles	64.48	Dean Angell	02/06/2019	Brockham
Veteran over 55	Half Marathon	83.17	Keith Valentine	02/11/2008	Barns Green
Veteran over 55	Marathon	3.06.20	Stuart Adesilu	13/10/2019	Chicago
Veteran over 60	5K	18.39	Pete O'Connell	05/04/2021	Ardingly
Veteran over 60	10K	37.50	Dean Angell	09/10/2022	Worthing
Veteran over 60	10 Miles	71.50	Simon Markham	03/05/2013	East Grinstead
Veteran over 60	Half Marathon	88.24	Simon Markham	16/03/2025	Woking
Veteran over 60	Marathon	3.12.56	Simon Markham	21/04/2025	Boston
Veteran over 65	5K	23.00	Christopher Lee	02/04/2024	Battersea
Veteran over 65	10K	44.25	Steve Wilson	05/02/2017	Chichester
Veteran over 65	10 Miles	77.49	John Dyckes	21/10/2018	Portsmouth
Veteran over 65	Half Marathon	1.41.06	Dave Dawson	26/09/2021	Barns Green
Veteran over 65	Marathon	3.37.53	Crispin Scott	07/04/2024	Brighton
Veteran over 70	5K				
Veteran over 70	10K	50.10	Geoff Fisher	27/11/2022	Dunsfold
Veteran over 70	10 Miles	88.13	Geoff Fisher	16/10/2022	Portsmouth
Veteran over 70	Half Marathon	1.47.59	Jim Hawthorne	30/09/2018	Barns Green
Veteran over 70	Marathon	4.34.52	Brian Vine	22/04/2012	London
Veteran over 75	5K				
Veteran over 75	10K				
Veteran over 75	10 Miles				
Veteran over 75	Half Marathon				
Veteran over 75	Marathon				
Veteran over 80	5K				
Veteran over 80	10K				
Veteran over 80	10 Miles				
Veteran over 80	Half Marathon				
Veteran over 80	Marathon				