

AGE CATEGORY	DISTANCE	TIME	NAME	DATE	EVENT
Senior	5K	18.25	Sarah Frost	04/05/2022	Ardingly
Senior	10K	36.11	Moyra Jordan	07/02/1993	West Ewell
Senior	10 Miles	59.54	Moyra Jordan	07/03/1993	Woking
Senior	Half Marathon	83.40	Moyra Jordan	03/10/1993	Barns Green
Senior	Marathon	3.07.24	Polly Henderson	17/04/2023	Boston
Veteran over 35	5K	20.59	Anna McLauchlan	26/02/2025	Battersea
Veteran over 35	10K	41.47	Lucinda Potten	05/02/2017	Chichester
Veteran over 35	10 Miles	85.28	Victoria Robins	22/10/2017	Portsmouth
Veteran over 35	Half Marathon	95.15	Lucinda Potten	27/09/2015	Barns Green
Veteran over 35	Marathon	3.37.02	Johanna Terry	24/04/2016	London
Veteran over 40	5K	19.47	Melissa Galea Holmes	24/07/2024	Battersea
Veteran over 40	10K	39.11	Moyra Jordan	17/11/2002	Brighton
Veteran over 40	10 Miles	72.36	Zoe Stone	23/10/2016	Portsmouth
Veteran over 40	Half Marathon	87.18	Kat Owens	02/04/2023	Bournemouth
Veteran over 40	Marathon	3.03.24	Kat Owens	21/04/2024	London
Veteran over 45	5K	23.08	Jo Tomlinson	11/06/2023	Wisborough Green
Veteran over 45	10K	42.29	Moyra Jordan	20/11/2005	Brighton
Veteran over 45	10 Miles	74.49	Miranda Huisman	18/10/2015	Brighton
Veteran over 45	Half Marathon	96.10	Alison Edney	30/10/2011	Barns Green
Veteran over 45	Marathon	3.32.24	Alison Edney	14/04/2013	Brighton
Veteran over 50	5K	22.29	Miranda Huisman	06/09/2020	Battersea Park
Veteran over 50	10K	43.34	Val Purnell	18/11/2012	Brighton
Veteran over 50	10 Miles	78.46	Miranda Huisman	23/10/2016	Portsmouth
Veteran over 50	Half Marathon	94.39	Alison Edney	29/09/2019	Barns Green
Veteran over 50	Marathon	3.38.56	Zoe Tetlow	07/10/2018	Chester
Veteran over 55	5K	22.03	Miranda Huisman	15/04/2021	Goodwood
Veteran over 55	10K	45.22	Alison Edney	25/09/2022	Goodwood
Veteran over 55	10 Miles	76.18	Alison Edney	05/05/2024	Haywards Heath
Veteran over 55	Half Marathon	96.27	Alison Edney	22/01/2023	Farnborough
Veteran over 55	Marathon	3.37.35	Phyl Weston	21/04/2023	London
Veteran over 60	5K	23.14	Margaret Wadman	26/05/2023	London Hyde Park
Veteran over 60	10K	46.58	Margaret Wadman	01/10/2023	Knutsford
Veteran over 60	10 Miles	85.56	Penny Barron	16/10/2022	Portsmouth
Veteran over 60	Half Marathon	1.50.33	Penny Barron	22/01/2023	Farnborough
Veteran over 60	Marathon	4.18.59	Penny Barron	20/10/2024	Cape Town
Veteran over 65	5K	28.12	Julia Johnson	15/05/2021	Kempton Park
Veteran over 65	10K	55.57	Judy Brucker	07/02/2010	Chichester
Veteran over 65	10 Miles	97.44	Caroline Bransden	20/10/2019	Portsmouth
Veteran over 65	Half Marathon	1.44.00	Valerie McLachlan	31/10/2010	Barns Green
Veteran over 65	Marathon	5.20.02	Caroline Bransden	28/04/2019	London
Veteran over 70	5K	27.47	Caroline Bransden	29/11/2024	Serpentine
Veteran over 70	10K	52.46	Eileen Quinton	08/06/2005	Worthing
Veteran over 70	10 Miles	99.55	Julia Johnson	05/05/2024	Haywards Heath
Veteran over 70	Half Marathon	1.58.20	Eileen Quinton	20/02/2005	Brighton
Veteran over 70	Marathon	4.51.40	Eileen Quinton	22/04/2007	London
Veteran over 75	5K				
Veteran over 75	10K				
Veteran over 75	10 Miles				
Veteran over 75	Half Marathon				
Veteran over 75	Marathon				
Veteran over 80	5K				
Veteran over 80	10K				
Veteran over 80	10 Miles				
Veteran over 80	Half Marathon				
Veteran over 80	Marathon				