Annual General Meeting

Held on Friday 11 April 2025 at 7 pm

Horsham Cricket Club The meeting commenced at 7:00 pm. Introduction and address from the Chairman Actions Sok Wah Lee (SWL) welcomed everyone to the 2025 AGM. The housekeeping points noted were: the room is hired exclusively for HJ for the whole evening. • when leaving the premises, in view of residents in the area, please keep noise to a minimum. • There were no planned fire drills, so evacuation via the indicated fire doors would be required if the fire alarm were to go off There were 2 notepads for attendees to record their names for the minutes The AGM is expected to last an hour. It is worth reminding every member, at least once a year, the ethos and principal of the club, which had remained unchanged over the 40 years: An inclusive club to provide affordable membership that gives access to running activities and challenges at a wide range of ability levels in a friendly, safe and supportive environment. For brevity, members can read the minutes of the last meeting for the list of roles who were thanked for their help and participation in various events to make HJ the great club that it is. Special mention however, needs to be given to all the committee members, without whom, HJ wouldn't be what it is. We won't make HJ great again, it never stopped being great. 2 Approval of the Minutes of the last AGM The minutes of the last AGM held on 26 April 2024 were posted and available on HJ website under Club Documents/AGM details. Those who were at that AGM, were invited to raise their hands to confirm their acceptance of the minutes as a true record. Murrae Ross-Eskell and Matthew Horne were among those who raised their hands. **Matters Arising**

There were no matters arising from the last AGM held in April 2024.

4 | Chairman's Report on 2024

2024, what a year we have had in celebration of our 40th anniversary with a various special events dotted throughout the year with positive feedback. Various committee members will cover the key events and achievements over the last 12 months, so it suffices for me to report on the governance aspects.

The club is affiliated to England Athletics, which is effectively our governing body. Just under 3 years ago, the EA introduced 7 club standards for which affiliated clubs were encouraged to implement.

Good governance is the foundation of a well-run club. It protects the club's values and reputation whilst looking after the club's funds and people. It also holds those responsible accountable for the club's actions and decisions. It's represented by the structures, rules, policies and practices in operation in a club.

From April 2025, Club Standard 6: Safeguarding, will become a mandatory requirement for all clubs affiliating to England Athletics. This requirement stems from our shared desire for, and commitment to, running clubs being genuinely safe and welcoming environments, at which everyone can participate, flourish and share enjoyment of our sport.

One of the key parts of the code include ensuring all members have signed a code of conduct. The email that went out to members on 19th March (announced on the Tuesday night 18th March) sets out that "As part of the renewal, members must read and agree to comply with new codes of conduct from England Athletics. The codes have been in place at HJ for some time, so nothing new, but the compliance requirement from EA is new."

The rest of the standards do not need to be in place to affiliate but clubs should show a commitment to completing them.

From April 2026 all seven standards will become a mandatory requirement for all clubs affiliating to England Athletics.

5 Treasurer's Report

A soft copy of the 2024 Accounts is available on the HJ website. HJJ gave an overview of the financial report for the year ending 31 December 2024.

- Key Figures:
 - Total income: £27,440.60 (increase from 2023 of £2,556.34 from a combination of increase in number of membership fees; race events and Horsham Round event
 - Total expenditure: £27,752.46 (increase from 2023 of £4,748.12 increase costs in, social events (Christmas party), storage & equipment; and Horsham Round event
 - Deficit for the year: £311.86
- Income Sources:
 - Affiliation to England Athletics; increase in number of membership fees; race events
- Expenditure breakdown:

- Increase in expenditure in 2024 came from an increase in spend on social events e.g. Horsham Round, Christmas party and storage & equipment
- Challenges and opportunities:
 - Christmas party, Horsham Round both to celebrate the 40th HJ Anniversary, both were loss making -£525 / -£1,265 respectively
 - Made a profit £3,980 from both the Horsham 10k and Gunpowder Trot that enabled HJ to donate £3,800 (£1,900 each) to The Olive Tree and St Catherine's.
- Acknowledgements:
 - Gary Tomlinson as auditor, sponsors, donors and members paying their fees

6 For Voting

Since the last AGM, we have notification from Simon Holmes that he would like to stand down due to time pressures. However, thankfully, Simon has volunteered to continue to do the club's regular newsletters and remain as the 2nd welfare officer, which is a requirement of HJ being affiliated to the England Athletics.

SWL who had held 2 roles over the last year agreed to remain as the Club Secretary and pass the baton of the chair's role to Ian Dickinson, who agreed to stand as the new chair.

Thus, for the forthcoming year, the committee will be formed of the same team (minus Simon Holmes) and with Ian Dickinson at the helm.

The attendees were asked vote for the proposed team of committee members to be elected en-masse. Andrew Wright raised his hand in support and Tony Hogben seconded the proposal.

This motion was carried unanimously.

A gift voucher was presented to Simon Holmes, who is standing down with effect from the date of the AGM.

Sok Wah Lee was presented with flowers for her period of chair.

7 Address from the new Chair and the year ahead

Ian Dickinson thanked everyone for their support to him and the committee and is looking forward to the year ahead. We are well into marathon season and the West Sussex Fun Run League is warming up!

Ian expressed that if he was a football manager then he would tell all track runners who attend Luke's Thursday night session, to enter these races, as Horsham Joggers could easily win the league with all our members running! One of you might even challenge Melissa's score of 10 points in all races!

With regards to the Sussex Grand Prix, the Hastings Half had to be cancelled but there will be another race in a few weeks followed by our 10k.

On a personal note, lan had two aims for the year ahead. One is to speak with members, because this club is driven by members and their ideas. What do members want to see changed or improved in the club? The committee meet about every six weeks, to discuss lots of issues and try to act on things where possible.

ID

lan's second aim is to contact the 400 members who are not at the AGM and those members who may not run with the club on a regular basis, in order to understand what makes these members remain with the club, as his concern is that there are members who struggle to get regular exercise, for whatever reason, who miss out.

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Parkrun is a wonderful thing, but it can be intimidating. All these beautiful people in their bright clothes with faces glowing as they race around the park. To someone struggling to get active, that is both attractive <u>and</u> intimidating. If parkrun is intimidating, then a running club, or a running track, or a cross-country event could be quite scary.

Ian would like to work on letting people know that there is a place for them in our club over the next year. Running is hard but in time, like many of us, they will go from jogging to racing marathons and cross-country.

8 | Events and social update

Report from Florian Yeates – Social events: past year and proposal for 2025

Florian remarked that the Club have had some great socials over this year and thanked everyone who has attended any social this year for making them special. Florian also thanked everyone who has helped to organise the socials events, noting that it was not an exhaustive list and apologised for any omissions. A special mention to Julie and Rob Jochimsen who put a huge amount of effort into organising the Horsham Round, and club disco, without which it wouldn't have happened; despite the credit given to me. Florian Yeates thanked Sok Wah and Lillian Tse for organising the Christmas party, without the work in the background, pushing the event, making bookings, finalising menus and so on, it would not have happened.

Florian Yeates did a quick review of socials, which took place in 2024. In particular, the highlights were the 40th Anniversary Round & Disco, the Christmas Party, the Curry Night and then the Horsham Joggers Quiz. The members have also had lots of fun going out and about. In general, there had been a variety of socials, and while not everything will please everyone, it is likely that there will be something for everyone. Florian invited suggestions for more socials to be organise; while not every suggestion can be hosted, he agreed to look into the feasibility and interest of each.

Florian Yeates highlighted the ongoing series of Parkrun tourism which everyone had enjoyed and noted that Clive Walker will reveal a bit more about what future

parkrun tourisms are planned.

Florian Yeates highlighted the series of talks at The Bridge which had taken place and thanked Sok Wah for organising these, as well as to everyone who had presented in these talks. There are no special talks planned; Florian invited the members to come forward if they have something interesting which is vaguely related to running to share with the club in the form of a talk.

Looking forward, Florian Yeates advised that he had not yet finalised many of the details around the proposed events, but the key ideas and plans were shown on the screen. The list of proposed events was not exhaustive list, and he asked for suggestions.

The next social is on Friday the 25th April at Brolly Brewing, at around 18:30, and an earlier start was encouraged as Brolly can get quite busy. Also planned this year is a return to Knepp, a picnic in Horsham Park, a Disco, and a Curry Night to mark the Christmas Celebrations.

Report from Clive Walker – General sporting achievements

Clive Walker reported on the events and achievements over the last year.

The club's regular races like the Horsham 10k, the Gunpowder Trot, the summer and winter handicaps, the Horsham Round, and the club time trial all took place over the last year. In particular, the Horsham Round was even better than before, with more teams, a great location at Horsham Rugby Club, and the whole event tied in really nicely with the club's 40th Anniversary celebrations. Clive Walker thanked everyone who made that day a great one.

Horsham Joggers helped make the Alf Shrubb Memorial 10k a resounding success in September.

In terms of performance, the club had a very solid year in the WSFRL with a 3rd place finish. More runners participated in the Sussex Grand Prix races this year. It was always great to see everyone and new runners at those races.

The club arranged parkrun away days at various locations, such as Bushy Park (the home of Parkrun), Tilgate, Wakehurst, East Brighton, Cranleigh and Littlehampton.

Members of Horsham Joggers took part in a wide range of events over the last year including road and trail races and distances ranging from 2-mile relays up to marathon and ultras. HJ have runners in events like Sussex and Surrey cross country races, events in London like the Battersea Park 5k Masters Championships, and in races all over the world. It was great to see the participation in such a wide range of events.

Clive Walker remarked on the many top performances and highlighted a couple.

- Rob Brandish 2.23 at London Marathon, 30th in the mass start, 1st in age category despite a throat infection beforehand
- Margaret Wadman won a gold medal and running for GB at European XC Championships

The upcoming events included

- Our own Horsham 10k on 11th May
- The next Challenge Trophy race, East Grinstead 10 Mile on 3rd May
- A parkrun away day to Preston Park on 17th May and another planned for 28th June (location tbc)
- Alf Shrubb Memorial 10k and 5k on 14th September

All these events and more are on the club calendar on the HJ website and it is updated every week.

Finally, Clive Walker thanked everyone for their support at races and events, over what had been a fantastic year.

Report from Ian Dickinson – Horsham 10k

lan gave a summary of the event that took place in 2024 which raised a profit of £3,185 after netting off expenses and taking into account the sponsorship from Brock Taylor. £20 vouchers were presented to the 24 winners of the different age and gender categories.

The bulk of the money raised were donated to 2 charities, Olive Tree and St Catherine's Hospice in equal amount of £1,900 each.

For 2025, there will be a dinosaur dash and there will be more sponsors to this race, and some charity places too. The ticket sales are progressing well.

The medals have new colour ribbons every year and take on each of the 7 colours of the rainbow, making them collectable items for the next 7 years.

The medals can be collected by

- •Running the 10K race
- Running the Junior race (Some will graduate to the 10K over the seven-year period)
- •HJ Members volunteering at the event (medals were offered to volunteers in 2024)
- •HJ Members running in the WSFRL event (there is often a clash on the calendar with Portslade Hedgehoppers race. The aim here is to show that the club prioritises both events and we want to win the trophy back!
- •Buy the medal for £10 providing we have stock leftover. The aim is to give people the chance to carry on collecting if injured and hopefully run in the future

Anyone can add to the Horsham 10k playlist on spotify by emailing horsham10kplaylist@gmail.com

The participants who have signed up to the dinosaur race starting at 10 am were listed.

Report from Roger Johnson – Gunpowder Trot and Horsham Round

Roger listed all the members of the club who are on the sub-committee to help him to organise the Gunpowder Trot. The venue for the event is being reviewed but it is likely to be unchanged.

Roger confirmed that the Horsham Round for 2025 will be held at the Rugby club as the experience of 2024 had proved that it is a great venue for the event.

9 Kit update and report

Jane Footer reported that it has been another busy year where kit is concerned.

As it was our anniversary year, we offered a special top. We sold a total of 120 over the year and was good to see members still wearing them now.

Our race kit continues to sell well with members kitting up for their races as a Horsham Jogger. We sold 34 vests and 29 T shirts. Jane Footer reported that she had tried to order in fewer this year, to keep our stock lower.

Our training kit has also been popular as can be seen by the number of bright yellow tops on a Tuesday night. The maroon version is also popular. These come direct from PB teamwear and they have maintained their 2-week lead times for the club. Our training kit is sold with a club discount which we chose to pass on directly to our members rather than put into club funds; this often covers your personalisation.

This year we invested in a set of pacer tabards for 10k races, and they can be spotted at the forthcoming the Horsham 10k. We decided on two tabbards per pace.

We also bought new high viz running vests for our group leaders as the old ones were outdated and uncomfortable, which led to few were worn. These tops were one of the ideas that has come out of a review of health and safety this year. In addition, the club have reviewed our run leaders' guidelines and the members code of conduct.

The club has also reviewed the arrangements relating to the winter handicap and have reversed the route it is run, such that runners will be running towards oncoming traffic.

In our weekly announcements, runners were reminded to be thoughtful towards other path users. We have limited our groups to 12 in number to make them safer and easier to manage. Runners are encouraged to walk over the blue bridge as running makes it very unpleasant for others using it and we have reminded our runners to try not to spit etc where at all possible.

Jane also reported that the two marathon support kits are now well provided for and now include a first aid kit in each we also have further plans for next year.

10 | Honorary members

Diane Berry announced the names of the 8 honorary members. They were Jane Adams, Penny Barron, Richard Barron, Derek Buckman, Finbar Cotter, Rita Cotter, Lorraine Hunter, and Ian Wilcox.

Apart from Richard Barron and the Cotters, who were unable to attend, their certificates of honorary membership were presented by Diane Berry.

Diane also explained that honorary membership was achieved by reaching a minimum age of 65 and at least ten years of continuous club membership.

11 | Safeguarding and Welfare

In keeping with the requirements of England Athletics, the club has a primary welfare officer (Julie Gallagher) and a secondary welfare officer (Simon Holmes).

Julie Gallagher advised that she had completed the safeguarding training required for a club with only adult members. As a retired person who no longer run with the Tuesday evening groups on a regular basis, Julie Gallagher commented that she does not know many of the club members. However, Julie Gallagher facilitates the provision of coffee/tea and biscuits after the Tuesday night club run on the first Tuesday of every month. Taking feedback, the popular choice of biscuits are Jaffa Cakes and Custard Creams. These Run and Talk events on the first Tuesday of each month are posted on the HJ Runs club Facebook page a day or two beforehand. Julie reported that she has not yet been approached with a welfare issue, hopefully this is a true reflection of the wellbeing of the club.

The club has previously signed up to #runand talk, which is a programme that aims to improve mental health through running. On the club website there are three "mental health champions" listed. Much of the information on the HJ web page (#runandtalk) is rather out of date.

12 Awards

West Sussex Fun Run League

Julie Jochimsen presented the club awards members for completing 10 or more races. In 2024, 9 members achieved this. In addition, there were 3 who completed 9 races plus help or run at the Gunpowder Trot. Andrew Wright was the only member who completed all the 16 events. The awardees were

Caroline Bransden
Stephanie Charman
Dave Dawson
Ian Dickinson
Karen England

Anna MacLachlan
Andrew Wright
Florian Yeates
Sandrine Yeates
Julie Jochimsen
Roger Johnson
Vivienne Underhill

Caroline Bransden, Stephanie Charman, Dave Dawson, Anna MacLachlan and Vivienne Underhill were unable to attend.

The second Eileen Quinton award was presented by Julie Jochimsen to Ian Dickinson, this year's winner. Melissa Galea Holmes was the previous year's winner.

Volunteer of the Year

Simon Holmes announced the nominees and the reasons they were nominated.

The nominees were all invited to attend the AGM and they were

Kath Barnes
Lee Walker
Luke Minogue
Penny Sanders
Sandrine Yeates
Murrae Eskell-Ross
Mark Alger
Rob Jochimsen
Marcus Leach
Lorraine Hunter
Matt Horne
Karen England
Claire Butler

The winner was Rob Jochimsen and Simon Holmes presented the trophy to him.

Horsham Jogger of the Year

Simon Holmes announced the nominees and the reasons they were nominated.

The nominees were all invited to attend the AGM, and they were.

Mark Gibson
Alan Pettitt
Margaret Wadman
Rob Brundish
Simon Markham
Steve Wilson
Liz Giannopoulous

Luke Minogue
Mark Alger
Anna McLachlan
Melissa Galea-
Holmes
Kath Barnes
Trevor Scott

The winner was Steve Wilson. Simon Holmes presented the trophy to him.

Awards for coaches

The awards for Lawrence Roy, Karen England and Claire Butler as coaches in 2024 were presented by Simon Holmes. Kristian Bowbrick was unable to attend.

It was noted that Jane Footer has declined her award to which the club is grateful.

Gift for Service and our run leaders

The key weekly event for the club is the Tuesday night runs, which is attended by more than 70 runners each week and can be around 100. Our run leaders are key without whom the Tuesday night runs cannot take place. Many have led runs, and some on a more regular basis than others. The club is grateful to all who have led runs. There is one member who have led runs more than most, in fact for so long, he himself cannot remember, but it is about a decade, and he hasn't hung up his shoes for the run leader role yet. For this, the club would like to present Guy Gilder with an award for his service to the Club.

The other 22 run leaders, who have led on at least several occasions in the past, in alphabetical order of their surnames were:

Theresa Adams

Mark Alger

Paul Aylett

John Berry

Diane Berry

Claire Butler

Oliver Cannon

Karen England

Jane Footer

Steve Fordham

Matthew Horne

Damon Hughes

Marcus Leach

Fiona Lear

David Malins

Warren Marks

Luke Minogue Megan Noble Jo Stone Lee Walker Harry Wilcox **Andrew Wright** Sue Zanin Paul Aylett, Damon Hughes, Marchs Leach, Warren marks, Megan Noble and Sue Zanin were not able to attend, and Simon will present their vouchers to them on another occasion. Going forwards, run leaders for the calendar will be recognised for leading group runs for a set minimum number of times over the year. 13 Any Other Business Malcolm Footer proposed that the HJ brand may be modernised. Various members expressed their views on whether the devil should remain a brand of all HJ, as it reflected the history of Mick Miles and the devil (which is on the HJ website) and the extent to which the brand should be reviewed. The committee agree to review the matter and consult with members. Jenny Boyd alerted that Steve Fordham was omitted from the list of run leaders under the previous agenda item. The above minute reflected the correct position with the appropriate action taken to remedy the omission. Simon Hillier had his HJ vest cut by medical staff when he was taken to hospital before he finished the Brighton Half Marathon. Jane Footer presented a new HJ vest to him on behalf of the club. Simon thanked everyone for their well wishes when he was in hospital. 14 Close of meeting The meeting was declared closed at 8:19 pm.

Attendees:

Sok Wah Lee Murrae Ross-Eskell Julie Dickinson Sophie Dickinson Ian Dickinson Rob Jochimsen Julie Jochimsen Jane Footer Malcolm Footer Diane Berry Oliver Cannon Helena Jordan Julie Gallagher Paul Gallagher Clive Walker Penny Barron Lorraine Hunter Karen England

Jo Bull
Guy Gilder
Barnaby Smith
Simon Holmes
Jo Stone
Simon Perkins
Kelly Doherty
Derek Buckman
Theresa Adams
Chris Moore

Simon Markham

Penny Sanders

Florian Yeates

David Wilkinson

Mick Duplock
Matthew Horne
Jane Adams
Alan Pettitt
Geoff Fisher
Liz Giannopoulos
John Docherty
Sally Malins
Mark Adams
Mark Alger
Andrew Wright
Claire Butler
Rob Brundish
Roger Johnson

Peter Tyrell John Berry Steve Fordham Andreas Giannopoulos

Steve Wilson
Sandrine Yeates
Jenny Boyd
David Malins
Fiona Lear
Lee Walker
Lawrence Roy
Luke Minogue
Tony Hogben