

AGE CATEGORY	DISTANCE	TIME	NAME	DATE	EVENT
Senior	5K	18.25	Sarah Frost	04/05/2022	Ardingly
Senior	10K	36.11	Moyra Jordan	07/02/1993	West Ewell
Senior	10 Miles	59.54	Moyra Jordan	07/03/1993	Woking
Senior	Half Marathon	83.40	Moyra Jordan	03/10/1993	Barns Green
Senior	Marathon	3.07.24	Polly Henderson	17/04/2023	Boston
Veteran over 35	5K				
Veteran over 35	10K	41.47	Lucinda Potten	05/02/2017	Chichester
Veteran over 35	10 Miles	85.28	Victoria Robins	22/10/2017	Portsmouth
Veteran over 35	Half Marathon	95.15	Lucinda Potten	27/09/2015	Barns Green
Veteran over 35	Marathon	3.37.02	Johanna Terry	24/04/2016	London
Veteran over 40	5K	20.40	Alison Edney	25/07/2007	Bexhill On Sea
Veteran over 40	10K	39.11	Moyra Jordan	17/11/2002	Brighton
Veteran over 40	10 Miles	72.36	Zoe Stone	23/10/2016	Portsmouth
Veteran over 40	Half Marathon	87.18	Kat Owens	02/04/2023	Bournemouth
Veteran over 40	Marathon	3.04.55	Kat Owens	23/10/2022	Venice
Veteran over 45	5K	23.08	Jo Tomlinson	11/06/2023	Wisborough Green
Veteran over 45	10K	42.29	Moyra Jordan	20/11/2005	Brighton
Veteran over 45	10 Miles	74.49	Miranda Huisman	18/10/2015	Brighton
Veteran over 45	Half Marathon	96.10	Alison Edney	30/10/2011	Barns Green
Veteran over 45	Marathon	3.32.24	Alison Edney	14/04/2013	Brighton
Veteran over 50	5K	22.29	Miranda Huisman	06/09/2020	Battersea Park
Veteran over 50	10K	43.34	Val Purnell	18/11/2012	Brighton
Veteran over 50	10 Miles	78.46	Miranda Huisman	23/10/2016	Portsmouth
Veteran over 50	Half Marathon	94.39	Alison Edney	29/09/2019	Barns Green
Veteran over 50	Marathon	3.38.56	Zoe Tetlow	07/10/2018	Chester
Veteran over 55	5K	22.03	Miranda Huisman	15/04/2021	Goodwood
Veteran over 55	10K	45.22	Alison Edney	25/09/2022	Goodwood
Veteran over 55	10 Miles	78.06	Lorraine Treadwell	22/10/2017	Portsmouth
Veteran over 55	Half Marathon	96.27	Alison Edney	22/01/2023	Farnborough
Veteran over 55	Marathon	3.43.34	Phyl Weston	16/04/2023	Manchester
Veteran over 60	5K	24.39	Val Purnell	03/12/2023	Battersea
Veteran over 60	10K	46.58	Margaret Wadman	01/10/2023	Knutsford
Veteran over 60	10 Miles	86.37	Judy Brucker	15/05/2005	Hailsham
Veteran over 60	Half Marathon	1.50.33	Penny Barron	22/01/2023	Farnborough
Veteran over 60	Marathon	4.36.01	Penny Barron	16/04/2023	Manchester
Veteran over 65	5K	32.34	Judy Brucker	07/12/2013	Worthing
Veteran over 65	10K	55.57	Judy Brucker	07/02/2010	Chichester
Veteran over 65	10 Miles	1.37.44	Caroline Bransden	20/10/2019	Portsmouth
Veteran over 65	Half Marathon	1.44.00	Valerie McLachlan	31/10/2010	Barns Green
Veteran over 65	Marathon	5.20.02	Caroline Bransden	28/04/2019	London
Veteran over 70	5K	32.35	Judy Brucker	02/12/2017	Worthing
Veteran over 70	10K	52.46	Eileen Quinton	08/06/2005	Worthing
Veteran over 70	10 Miles	1.45.22	Lorraine Hunter	20/10/2019	Portsmouth
Veteran over 70	Half Marathon	1.58.20	Eileen Quinton	20/02/2005	Brighton
Veteran over 70	Marathon	4.51.40	Eileen Quinton	22/04/2007	London