

## Grilled jogger!

1. Name? : Simon Holmes
2. Occupation? : Global Outsourcing Pensions (Finance)
3. Place of birth? : Redhill
4. Children/family/pets? :Yes, wife Laura (also a hjer) and two very sporty daughters, one who runs for Blue Star Harriers
5. Why Horsham Joggers? : Been with the club almost a decade, a friendly and all-inclusive club. It has been absolutely vital to so many people, particularly in recent years.
6. Who do you run with? : Anyone and everyone! I try and cross-groups and paces where I can.
7. How long have you been running? : Was a sprinter as a kid for a couple of running clubs, but football took over. Returned to running in my mid-30s and have been doing it ever since.
8. Biggest achievement so far? : I ran 1 hour 27 mins at the London Landmarks Half Marathon in April, knocking 17 minutes off my previous official PB for that distance. Being injury free for the first time in about 8 years helped massively.
9. Future goals and ambitions? : To run a Marathon again. Ran London about 20 years ago and I undertrained. So, I'd love to run one again provided the body holds up.
10. Favourite run/route? : No specific one. We're so lucky to have such a mixed variety of amazing and beautiful runs right on our doorstep.
11. Favourite piece of running kit? : My Horsham Joggers race top of course.
12. Specialist subject on Mastermind? : The Who – the album Quadrophenia in particular
13. Favourite after running treat? : Chocolate, a massive large bar of it
14. Funniest running related story/event? : On my race top a number of years ago, I had my name added to it as 'Si Holmes' but unfortunately the M dropped off during the race. Had a lot of people shouting 'Go on Si Holes' at me which was a little confusing.
15. Tell us something that we don't know about you? : I spent a lot of my childhood acting in various adverts and films. I still do a little bit of work now but I've always been quite shy about it (until now clearly!).
16. Tips or suggestions for anyone thinking of starting running with HJ? : On a Tuesday club night, run in a group which is 30 seconds slower than your normal pace, so you can chat too.

