

Grilled jogger!



1. Name? : Florian Yeates
2. Occupation? : Health Economist
3. Place of birth? : Eastbourne, East Sussex
4. Children/family/pets? : I live with my parents and younger brother
5. Why Horsham Joggers? : A fun friendly club open to runners of all abilities
6. Who do you run with? : Tuesday Sessions & can also be seen on track on Thursday. As of yet I'm yet to wake up early enough to participate in the marathon training.
7. How long have you been running? : About 1 ½ years, my first parkrun was in 2016 in a very muddy Horsham Park, but until recently my runs were rare things seen once in a blue moon.
8. Biggest achievement so far? : Probably the 21:49 P.B at Parkrun
9. Future goals and ambitions? : Run more!
10. Favourite run/route? : There's a route I quite like near me – just under 5km: Up Gateford Drive, bolt along Bartholomew Way, down Lemmington way, along Giblets lane, into Pondtail road which you follow round the left until Pondtail Close. Follow up Pondtail Close, at the end turn right into Heath Way, turn left into North Heath lane until you get to Drake close, follow Drake close through to brook road, then Jackdaw lane until you get to Rusper Road and Gateford Drive again. Eat. Sleep. And Repeat.
11. Favourite piece of running kit? : None in particular, but I can be seen re-wearing random t-shirts across multiple runs.
12. Specialist subject on Mastermind? : Economics
13. Favourite after running treat? : Dinner
14. Funniest running related story/event? : Rumour has it I'm Sandrine's son.
15. Tell us something that we don't know about you? : I once competed in a Regional Trampoline competition in Gillingham. I was also once a Hockey Umpire (the photo is of me wearing Yorkshire Hockey Umpire Association kit).
16. Tips or suggestions for anyone thinking of starting running with HJ? : For some reason the speeds on Tuesdays are read out in mins per mile. 8mins/mile is approximately 5mins a km.