## **Annual General Meeting**

## Held on Friday 21 April 2023 at 7 pm

#### Horsham Cricket Club

The meeting commenced at 7:00 pm.

### 1 Introduction and address from the Acting Chairman

Actions

SWL welcomed everyone to the 2023 AGM.

The housekeeping points noted were:

- the room is hired exclusively for HJ for the whole evening which means the bar is available until 11 pm.
- there is no need to put the tables and chairs back to their respective positions.
- when leaving the premises, in view of residents in the area, please keep noise to a minimum.
- There were no planned fire drills, so evacuation via the indicated fire doors would be required if the fire alarm went off
- There were 2 notepads for attendees to record their names for the minutes

There were 11 items on the agenda and the meeting is expected to last no more than an hour.

In her address, SWL emphasised the aim of the club, to which binds all the members.

An inclusive club to provide affordable membership that gives access to running activities and challenges at a wide range of ability levels in a friendly, safe and supportive environment.

The delivery of the aim required the support of the club members, and any form of support was appreciated regardless of its extent, as every member has a role to play. Every little helps and it is the support of its members that makes the club what it is.

While the committee members are recognised under agenda item 4, SWL's address were dedicated to the support received from non-committee members who included,

- Tuesday Group Run Leaders plus the network of runners who are prepared to cover for the usual leaders when they are not able to do so.
- Baz Panchal and all the Sunday Marathon Training Helpers
- Margaret Wadman in previous years, Paul Morley in 2022 and Roger Johnson in 2023, as race directors (for the Gunpowder Trot) and their team of volunteers
- Geoff Parker as the race director for the Horsham 10k for many years and his core team and volunteers on the day

- Gary Tomlinson for the audit of the club accounts
- Luke Minogue with the organisation of Thursday track programme
- Jane Footer, Lawrence Roy and Fiona Clifton for the coaching sessions on Thursdays
- Pete O'Connell for the Sussex Road Relays
- John Wilcox for the Sussex Grand Prix
- Penny Sanders for posting the consolidated HJ results on HJ Runs each week
- David Maurice for his work on the twinning with the Lage running club
- Mal Thornton for Sussex Grand Prix events
- All the helpers who helped the committee to organise the Naked Run, Summer Handicap, Winter Handicap and Time Trials
- Other helpers who put their hands up when there is a call for assistance and expertise in various areas

## 2 Approval of the Minutes of the last AGM

The minutes of the last AGM held on 8 April 2022 were posted and available on HJ website under Club Documents/AGM details.

Those who were at that AGM, were invited to raise their hands to confirm their acceptance of the minutes as a true record. Susan Wilcox and Jenny Boyd were among those who raised their hands.

#### 3 | Matters Arising

There were two matters arising from the last AGM held in April 2022.

Firstly, the Andy Spriggs Running Spirit Award for the Horsham 10k will continue to be presented on a regular basis on the day of the event in May. Andy joined the club in 1996 and was the race event director of the Horsham 10k for 8 years from 2005, and a member of the committee for 4 years. Andy passed away in 2018. The Andy Spriggs Running Spirit Award was first presented in 2018 to Mick Duplock (HJ), in 2019 to Martin Greaves (Fittleworth Flyers) and after a 2-year break, it restarted in 2022 with the award presented to Heather Cord (Crawley Run Crew). I will keep a note of the winners each year and have this recorded on our website. The winner is a participant who demonstrates exceptional generosity, courage, stoicism, passion, perseverance, or sportsmanship.

Secondly, in memory of Eileen Quinton who was a member for almost 40 years and an inspiration, the club has agreed to have an annual award and shield to be named after her.

Eileen Quinton was the honorary president and she passed away in 2022 and a member for almost 40 years. Eileen was a keen participant of the runs in the WSFRL and known as the queen of the WSFRL. The Eileen Quinton award is to recognise a member who has got the highest number of points (for both participation and achievement) during the season which typically commences on New Year's Day with the Hangover Five and finishes in November with the

Gunpowder Trot, where points are awarded for volunteering. The first winner of this award will be presented under item 10 of the agenda.

### 4 | Chairman's Report

SWL went through the roles of the committee. The club is lucky to have had and continue to have people who are willing to volunteer to support the running of the Club by becoming Committee Members.

In the last 12 months since the last AGM, we have seen a few changes of Committee Members, due to unusual circumstances.

- Marcus Leach joined the committee as the Social Secretary in May 2022.
- In addition to being our coach, Jane Footer joined us as the Kit Secretary when Lee Jestico stood down, and attended her first committee meeting on 1 February 2023.
- Paul Morley resigned as our Chairman in March due to time pressures and other priorities, but the committee is delighted that PM rejoined the committee a month later.
- Mark Aylmore will be standing down from the committee at the end of the AGM, having given us a few months' notice. MA will continue to support the committee as the Mental Health champion and be involved in the Run and Talk sessions.
- Baz Panchal stood down as a committee member but continues to help with the organisation of the marathon training on Sundays.

The current members who have continued to serve on the committee prior to our last AGM, are

- Ella Agent, Club Treasurer, who later presented the club accounts under item 5 of the agenda. EA joined the committee after Iain Campbell stepped down as the club treasurer. She attended her first committee meeting in January 2022. As a qualified accountant, you know the club funds are in good hands. Despite being a small club, we have payments protocol and practices that many larger institutions would be proud of.
- Julie Jochimsen is the West Sussex Fun Run League Rep and presented all the awards for the WSFRL under agenda item 10. Despite our size, HJ punch above its weight in terms of club performance in the league.
- Clive Walker presented under item 7 on events. Clive Walker, the IT expert on the committee.
- Diane Berry is the Membership Secretary and the longest serving member of the committee, will be presenting the certificate of honorary membership under item 9. Diane keeps our membership lists updated and in compliance with data protection regulations. Since the club's personal accident insurance is dependent on membership numbers, the reassurance of good record keeping is important.
- Lastly, SWL as the club secretary had in the last 18 months or so been embedding the seven standards of the UKA. Members would have noticed when renewing their membership or joining for the first time, that they were required to agree to the relevant code of conduct, which includes safeguarding arrangements.

The Committee work as a whole body, where decisions are taken by majority vote.

It was noted that we have two members who were interested in joining the committee. They have been invited to attend the next committee meeting, which is on 26<sup>th</sup>, as an observer and a decision is made at the end of the meeting by both parties, and the committee will vote to decide on their joining the committee.

Gift vouchers were presented to the three former committee members, Baz Panchal, Lee Jestico, Mark Aylmore, by the former Chair, Paul Morley, to show the club's appreciation. Lee Jestico was unable to attend, and the gift was presented on his request, to Lisa Jestico.

#### Post humous mentions

The club gives 3 posthumous awards in the name of former esteemed members of the club. Two were mentioned under Matters Arising, so this matter would not be complete without mentioning the Tony Johnson award.

Tony was the chairman of the club for 4 years from 2011 to 2015. This handcrafted award is presented to the team member who demonstrates standout performance, determination and perseverance (all qualities that Tony possessed) in the South Downs Relay weekend event. This award was first presented in 2021 to Steve Wright and in 2022 to Anita Maslo both HJ members (the teams are always picked from current members.

The last 12 months were not all high, we lost a member and a dear friend to many of us. Mark Leach passed away in February this year. For the relatively short time that he has been a member of the club, he has made many friends through his participation in the many club events. It is of course, the fact that it is Mark's friendly nature that permitted his extensive friendship to be built over this period but the other side of the same coin is the friendly nature of Horsham Joggers.

### 5 Treasurer's Report

Copies of the 2022 Accounts are available on request. Ella Agent gave an overview of the financial report for the year ending 31 December 2022.

The 2022 financial statements have been reviewed and signed off by Gary Tomlinson who was thanked for auditing the accounts.

The expenditures for the year exceeded the income by £1,092. This has been largely caused by the cost of road closure of about £1k, for the Horsham 10k. It was noted that the members had wanted the surplus in the accounts to be used for investment in the club and to this end, £450 was spent on sponsorship to train a small select few of our members, in return for their agreement to support the club.

## 6 For voting

There were two items for voting.

## **Election of Officers and Committee Members**

SWL confirmed that, with the exception of Mark Aylmore, the current incumbents have agreed to continue to serve in their current capacities and agree to be elected. The attendees were asked to propose that all the current committee members are elected en-masse. Susan Wilcox raised her hand in support and Gavin Philps seconded the proposal.

This motion was carried unanimously.

### The new club constitution

The UKA to which HJ is affiliated introduced seven club standards, one of which is a more robust club constitution. Using the UKA template, the proposed new club constitution has been on our website for many months for members comments. No comments or questions have been received.

Paul Aylett raised his hand in support and Gavin Philps seconded the proposal.

This motion was carried unanimously. The new club constitution will be effective from the end of the AGM.

# 7 Events and social update

### Report from CW

CW reported that the regular races like the Horsham 10k, the Gunpowder Trot, the summer and winter handicaps and the club time trial all took place over the last year. In particular, after a break of several years, the time trial was reestablished in a new location in St Leonard's Forest. It took place over 4 evenings from May to August and was enjoyed by all the participants. Overall, it was a great success.

CW thanked everyone who helped to organise the club events as that sometimes means that people cannot take part in the event themselves. Without all the help provided, the club would not be able to put on these events.

The club have had several away days at different parkrun locations including, Mole Valley, Bushy Park and Bevendean Down. The attendees at these events will have noticed the very hilly terrain. CW congratulated everyone who ran at these events. The next away day is Worthing parkrun on May 20<sup>th</sup> which is flat.

There are several club events and races coming up including the Horsham 10k in a few weeks on May 14<sup>th</sup>. CW encouraged members to sign up for this year's time trial series which starts in a few weeks on May 9<sup>th</sup>.

All club events, many big races, and local races, are on our calendar on the Horsham Joggers website. Members are encouraged to check that out to find out what's happening over the next few weeks and months.

Apart from club events, there had been fantastic results from Horsham Joggers in races and running events, ranging from ultras and marathons, to 5k and parkrun and two-mile relays. And we have had people running in every age range from veterans (more experienced runners) at 65 and over .... down to people in the senior athlete category ... who are lucky enough to be under 35! Well done everyone!

In all these events, the common theme is the great support from members for other Horsham Joggers. That had been fantastic and reflected what a running club like ours is all about. CW thanked everyone for that support and urged its continuation.

### Report from ML

ML had intended on joining the committee to organise a social event every few weeks and although this did not materialise in frequency, he was able to organise a number of social events in addition to putting in place, many discounted benefits for HJ members, such as access to a sports injury clinic, chiropractor, computer services, etc. There are further discounted benefits in the pipeline, such as the shoe fresh dryer from the Netherlands.

The social events that ML had organised included the quiz night, trip to Lage in Germany, disco, trip to a brewery, etc. ML also listed a number of social events that are in the pipeline, such as tourist parkrun in Worthing on 20<sup>th</sup> May, a weekend in Brockenhurst, yachting, etc.

## 8 Kit update and report

Jane Footer reported on this item of the agenda.

The race kit is important to show we are a club. At the time of the meeting, Jane was waiting for a delivery to restock. A sample of the kit was on show and members could buy them.

The kits ordered by members are distributed on either Tuesday or Thursday. The other part of the kit is the training elements which are sold directly through the web site. This was kindly organised by Lee Jestico when he was responsible for the club kit in the committee. It was noted that these training elements are very popular with the members and it was good to see so many wearing the hi viz version over the winter.

The latest element in the wide kit selection is the small kit bag which can be embroidered to personalise it. These have already been popular.

#### 9 | Honorary members

The names of the 7 honorary members were announced and the 5 who were present were given certificates by Diane Berry as the Membership Secretary.

- John McSkimming
- Mick Duplock
- Lin Whiting

- Keith Haynes
- Alison Carver

Tony Mason and Geoff Parker were unable to attend.

#### 10 Awards

#### West Sussex Fun Run League

Julie Jochimsen is the club rep for the league, which is made up of 17 member clubs from around Sussex.

JJ explained about HJ's involvement in the WSFRL.

Each club holds an annual event, the majority are off-road with distances ranging from 5k to 10k, for an entry fee of around £5. There are some junior races no more than a mile costing £2.

Races are held throughout the year on either Sundays, or Wednesday evenings during the summer months. These races are advertised on our Facebook page. To enter for events, members pay on memberzone and JJ complete the race entries and hand out the race numbers at the events.

Runners from member clubs are awarded points for participation as well as position. Clubs accrue points over the year and compete for the Norman Crook memorial trophy. JJ reminded members to wear their HJ race shirt.

WSFRL is a very inclusive league and very much a team event. Anyone who has entered a race knows that the emphasis is on fun and maybe just a few hills! Members all cheer each other on and the atmosphere is very good. It is a great way to meet other HJ members. As a couple of members said at the last event, they could see a role reversal as they cheered their parents over the finish line, as their parents had done at various school sports day events... a lovely analogy. It's not all about being fast, but just doing your best.

In 2022, HJ came 10<sup>th</sup> in the senior league and 4<sup>th</sup> in the juniors, which was fantastic.

The club awards members for completing 10 or more races. In 2022, 8 members achieved this, and they were Julie Jochimsen, Ian Wilcox, Stephanie Charman, Lorraine Hunter, Luke Minogue, Dave Dawson, Kirstie Hedger and Ian Dickinson. With the exception of Stephanie who was unable to attend, each of them was presented with a glass shield. Lorraine Hunter accepted the shield for Stephanie at her request.

lan Dickinson, not only completed more than 10 races by running every race, he also volunteered and ran HJ's own "gunpowder trot". Ian was presented with a completers t-shirt from the league. There were only 8 completers in the whole league so it was a real achievement.

The inaugural Eileen Quinton award was presented to Luke Minogue.

## Horsham Jogger of the Year

The nominations were Geoff Fisher, Karen England, Guy Gilder, Matt Whyman, Pete O'Connell, Michael Drague, Gary Tomlinson, Victoria Gumbrell, Michael Daly, Lou Johnson, Dave Dawson, Barnaby Smith and Ian Dickinson.

The winner was Ian Dickinson. Tony Hogben nominated Ian Dickinson and said few words and present the trophy to Ian.

There was an applause for Ian Dickinson who was represented with the trophy for the winner of Horsham Jogger of the Year 2022.

#### Volunteer of the Year

The nominations were Geoff Parker, Lawrence Roy, Fiona Clifton, Marie Pettitt, Mike Hibberd, Roger Johnson, John Wilcox, Warren Marks, Ian Dickinson and Rob Jochimsen.

The winner was Fiona Clifton. Jane Footer gave a few words and presented the trophy to Fiona.

There was an applause for Fiona Clifton who was presented with the trophy for the winner of Volunteer of the Year 2022.

### Awards for coaches

The award for Jane Footer and Fiona Clifton as coaches in 2022 were presented by Marcus and Jane respectively.

The award for Lawrence was presented to him on the track the previous day by Jane Footer as he was not able to attend the AGM.

### 11 | Any Other Business

Paul Aylett expressed that the committee should not be too cautious about using the surplus funds which had been built up in the past, should the need arise.

lain Campbell commented on the funds and there was a brief open discussion on any restriction on the use of the reserves.

Paul Aylett reminded the attendees that HJ will be celebrating its 40<sup>th</sup> anniversary in 2024. Victoria Saunders agreed to provide information on the celebratory activities that were organised in 2014 during the commemoration of the 30<sup>th</sup> anniversary.

Victoria Saunders requested that HJ members running races should be encouraged to wear the race vests.

Florian Yeates asked if a picnic can be organised.

Victoria Saunders explained how the surplus in the funds had arisen over the past years and Paul Morley reminded members that the members' survey had indicated members' wishes for the funds to be reinvested and some can be used for social activities.

Tony Hogben asked if the vacant chairman's role will be filled. SWL advised that she will remain as the acting chair until such time as a suitable member is prepared to take on the chair's role.

# 12 Close of meeting

The meeting was declared closed at 8:20 pm.

# Attendees:

### **Committee Members:**

Paul MorleySok Wah LeeJulie JochimsenMark AylmoreJane FooterClive WalkerDiane BerryMarcus LeachElla Agent

## Member Attendees:

Miranda Morley Iain Campbell Baz Panchal Malcolm Footer Jackie Philps Jenny Boyd **Gavin Philps** Jim Hawthorn Mick Duplock Paul Aylett **Barnaby Smith Kelly Docherty** Phil Liberman Christian Liberman John McSkimming Richard Barron Penny Barron Rob Jochimsen Simon Holmes Ian Wilcox Susan Wilcox Warren Marks Lisa Jestico Jo Stone Lin Whiting Fiona Clifton Steve Wilson Kirstie Hedger **Trevor Scott** Tony Hogben **David Lawton** Ian Dickinson Alison Carver Victoria Saunders Mike Saunders **Lorraine Hunter** Florian Yeates Sandrine Yeates Claire Butler Christina Harrison Dave Dawson Luke Minogue Keith Haynes Matthew Horne