

## **Grilled jogger!**

1. **Name?** : Marcus Leach
2. **Occupation?** : Account Manager for a travel representation company.
3. **Place of birth?** : A small village in Warwickshire.
4. **Children/family/pets?** : I love animals but as I used to travel a lot it was never a good idea to have pets. I still have some immediate family, but no children.
5. **Why Horsham Joggers?** : I find it hard to motivate myself to run on my own, so thought that joining a running club would be a good idea.
6. **Who do you run with?** : The 9.30 minute group led by Warren
7. **How long have you been running?** : I did my first 5k in 2018, but it is only since joining HJ in September 2021 that I have run regularly.
8. **Biggest achievement so far?** : Doing more than 50 park runs, and running a half marathon distance just to see if I could.
9. **Future goals and ambitions?** : To do a sub 25 minute park run, since joining HJ I'm now only a few seconds away from it. I would also love to be able to run injury free in the future.
10. **Favourite run/route?** : Any route that doesn't involve hills.
11. **Favourite piece of running kit?** : My current running shoes.
12. **Specialist subject on Mastermind?** : Probably something travel related or 70/80's music.
13. **Favourite after running treat?** : I don't really have one.
14. **Funniest running related story/event?** : Helping a first timer find the appropriate group for their pace and missing my group leaving. I then had to "sprint" past several groups to try and find mine. I eventually caught up with them about 1k later.
15. **Tell us something that we don't know about you?** : I did my first ever 5k in a pre dawn run along the harbour in Hong Kong. My first ever 10k was in Lumpini Park in Bangkok, the 30+ degree heat was a challenge.
16. **Tips or suggestions for anyone thinking of starting running with HJ?** : It's for anyone that enjoys running regardless of their ability. There is something for people at all levels. I just wish I had joined years ago.

