

HJ TT  
Roosthole

	10/05/2022	14/06/2022	12/07/2022	30/08/2022	Improvement	Runs
Name	Time	Time	Time	Time	Time	
Michael Daly	17:32					1
Simon Perkins	19:07					1
Tom Robertson	19:53					1
Harry Wilcox	20:10					1
Gareth Sear	20:29					1
Matt Mason	20:30					1
Steve Wright	20:31					1
Rob Shapland	21:01					1
James Atkinson	21:14					1
David Malins	21:27					1
Simon Holmes	21:32					1
Dave Dawson	21:34					1
Malcom Footer	21:56					1
Dave Razzell	22:25					1
Alan MacLachlin	22:25					1
Ian Dickinson	22:27					1
Ella Agent	22:37					1
Rich Cornell	22:55					1
Emma Walters	23:21					1
Lee Walker	23:26					1
Floran Yates	23:37					1
Paul Aylett	23:40					1
Paul Chanter	23:59					1
Richard Harwood	24:15					1
Jo Stone	24:37					1
Andrew Wright	24:37					1
Jo Keatly	24:38					1
Daniel Price	24:40					1
Tegan Page	24:54					1
Mirander Morley	25:21					1
Warren Marks	25:30					1
Ian Michell	25:47					1
Kirstie Hedger	25:52					1
Andy Mitchelson	25:54					1
Marcus Leach	26:00					1
Gemma Hill	26:21					1
Alison Hartlet	26:44					1
Nathan Atkins	27:20					1
Leanee Jones	27:50					1
Helen Van Yperen	28:16					1
Theresa Adams	28:20					1
Daniel Hague	28:58					1
Laura Holmes	29:18					1
Helen Mallows	29:44					1
Lizzie Cotton	29:51					1
Lisa Jestico	29:57					1
Chris Garner	30:29					1
Kelly Docherty	30:35					1
Tracey Van Yperen	31:45					1
Louise Hill	31:57					1
Megan Noble	32:03					1
Suzanne Bunch	32:10					1
Geoff Noble	32:40					1
Jackie Garner	33:45					1
Jane Footer	33:50					1
Ian Hines	34:09					1
Barnaby Smith	34:14					1
Des Quinn	35:33					1