

## Annual General Meeting

Held on Friday 8 April 2022 at 7 pm

Horsham Cricket Club

The meeting commenced at 7:00 pm.

1	<b>Introduction and address from Chairman</b>	Actions
	<p>Paul Morley (PM) welcomed the attendees to his second AGM as Chairman. After the usual housekeeping points, PM expressed that, after what has been a very difficult time through the pandemic, things are returning to normal.</p> <p>PM gave a special welcome to:</p> <ul style="list-style-type: none"><li>○ Honorary Members</li><li>○ Our Coaches</li><li>○ Our members, without whom there is no club</li><li>○ Previous Committee Members who gave their time and energy</li><li>○ New and current Committee Members (who were sat at the front with PM)</li></ul> <p>All attendees joined PM and gave a one-minute applause in memory of Eileen Quinton who recently passed away. She was the club's Honorary President and was an inspiration to a lot of Horsham Joggers.</p> <p>PM talked about support in his address.</p> <p><b>Club Support - The Committee</b></p> <p>The club is lucky to have had and continue to have people who are willing to volunteer to support the running of the Club by becoming Committee Members. Each committee member has a 'very special set of skills' that they bring.</p> <p>2021 and 2022 so far has seen a few changes of Committee Members and PM introduced them to the attendees.</p> <ul style="list-style-type: none"><li>● Sok Wah Lee – Club Secretary and Deputy Chairman</li><li>● Ella Agent – Club Treasurer</li><li>● Julie Jochimsen – West Sussex Fun Run League Rep</li><li>● Clive Walker and Viv Underhill – IT and Communications Specialists</li><li>● Diane Berry – Membership Secretary</li><li>● Lee Jestico – Kit Secretary</li><li>● Mark Aylmore – Run and Talk Mental Health Champion</li><li>● Baz Panchal – Track Co-Ordinator</li><li>● PM – Chairman</li><li>● And one spare place</li></ul> <p>The Committee as a whole is working hard to continue to meet the needs of ALL its members.</p>	

### **Club Support – Non Committee Members**

Members benefit from the support of others who are not Committee Members, including

- Tuesday Group Leaders
- Sunday Marathon Training Helpers
- Margaret Wadman – WSFRL November Gunpowder Trot Race Director and her team of volunteers
- Geoff Parker – Horsham 10k Race Director and his Core Team and on the day Volunteers
- Gary Tomlinson – Audit of the club accounts

### **Supporting with Charity Donations**

The Club has continued to make donations to a few very good charities, namely, Chestnut Tree House Children’s Hospice, Mind, and Horsham Community Responders. This is even more important because their fund raising capabilities were so badly affected by COVID.

### **Personal Support**

PM expressed that he had been lucky to have had support with his running and personally from some lovely members in our Club. He felt that his experience of how supportive the members are of each other is not unique. PM had seen and heard of lots of cases. The people in this Club continue to make PM proud to be involved. PM thanked all the members.

### **Training Support - Leader in Running Fitness**

Since January 2021, in line with the Club’s ‘Aim’ and honouring the feedback from the last Member Survey, the club has invested in or committed to Leader in Running Fitness Training for 10 people.

The club continues to look at invest in training, for the return commitment to the Horsham Joggers activities, and is looking for more people to come forward who want to become Qualified Leaders and then Coaches. PM urged members who are interested to come forward to him or any of the Committee.

PM gave a few other ‘Supporting Examples’:-

- Run & Talk 1<sup>st</sup> Tuesday of the Month, has been well established as a regular ‘thing we do’
- Andy Robins’ photo of supporting another runner during the London Marathon
- Andy Robins taking up Fiona Clifton’s training session when she was taken ill unexpectedly
- The way we pulled together and got through COVID
- Mike Saunders cheering us all, to the last one, over the finish line at the WSFRL races.
- All the members who turned up to help when courses were conducted

	<p><b>'Team Horsham Joggers' Support</b></p> <p>PM thanked all those who stayed after they finish their races and support other members when finishing. It would be great if the club can earn a reputation of being THE supportive club, where members all stay to cheer on their fellow team mates to the last one to finish. The Mel's Milers 10k held on Sunday 3<sup>rd</sup> April was a great example, where loads of Horsham Joggers stayed and cheered on the rest of the members, right to the last one to finish.</p> <p>PM apologised for any member who had been omitted in his address.</p> <p>'Support' is evident throughout our Club. PM confirmed we definitely have a club to be proud of. There was a round of applause to celebrate all the supporting achievements by the club members.</p>	
2	<p><b>Approval of the Minutes of the last AGM</b></p> <p>The minutes of the last AGM held on 13 August 2021 were posted and available on HJ website under Club Documents/AGM details.</p> <p>Those who were at that AGM, were invited to raise their hands to confirm their acceptance of the minutes as a true record. Paul Aylett and Gavin Philps were among those who raised their hands.</p>	
3	<p><b>Matters Arising</b></p> <p>There were no matters arising from the last AGM held in August 2021.</p>	
4	<p><b>Chairman's Report</b></p> <p>Since April 2021, the club was starting to see the return of 'normal' life, albeit with a few false starts. There had been a fairly normal Club calendar since April 2021.</p> <p><b><u>THANKS</u></b></p> <p>PM gave his Thank You's to a number of members:</p> <p><b>Andy Robins, Iain Campbell and Roger Johnson</b></p> <p>They have done some sterling work on the Committee but have decided to take a well earned break. Their contribution were recognised and they were each awarded a gift of vouchers of £100.</p> <p><b>Coach Fiona</b></p> <p>Fiona Clifton gave a lot of time and efforts in helping us with a variety of training sessions that have proved very popular. Fiona was unable to attend and her gift will be presented to her separately.</p>	

**Coach Lawrence**

Lawrence Roy agreed to help the club with the Coached Track Sessions. A bottle of wine was presented to Lawrence Roy.

**Jane Footer**

Jane stepped up to do the Leader Course and then helped regularly with the Coached Track Sessions, which have encouraged many to attend the track for first time. A bottle of wine was presented to Jane Footer.

**New Committee Members**

Ella Agent and Viv Underhill were thanked for stepping up and agreeing to help on the Committee.

**Mark Aylmore and his 'Run & Talk' Team**

It was noted that this is a very important on-going mental health initiative. The 'coffee and chat' after the club run on the 1<sup>st</sup> Tuesday of each month is now routine and popular. There will be more from Mark and his team over the coming months.

**All the Group Run Leaders,**

The run leaders were thanked for taking the groups out, week after week, without whom, the club would not have a Tuesday Night.

**Lee Jestico, Clive Walker, Baz Panchal and Mark Aylmore**

PM congratulated them as the club's newly Qualified Leaders since the last AGM as they have obtained their Leader in Running Fitness Qualifications.

PM mentioned those members who are working through their Leader Qualification, namely, Theresa Adams, David Malins, Luke Minogue, Warren Marks and Hadley O'Dwyer.

Anyone omitted from the list of members who were specially named and thanked would be unintentional. PM offered to buy a drink at the bar for anyone who felt they had been omitted.

**Summer Handicap**

The Summer Handicap was held in July 2021, organised by Phil Liberman and his team of helpers. It was the club's first post COVID opportunity to get together. The Winner of this Year's event was Anita Mazlo.

**Winter Handicap**

The Winter Handicap was held in November, organised by Sok Wah Lee and her team of helpers. It was again very well attended again. The Winner of this Year's event was Laura Luxton.

**Nick Butter Talk – Running the World**

The talk was arranged by Mark Aylmore. Nick Butter ran a marathon in every country in the world and was very inspirational, raising awareness for Prostate Cancer.

	<p><b>Hands On Sports Therapy Talk</b></p> <p>In October 2021, Mark Aylmore arranged a talk from Tony Schofield at Hands on Sports Therapy on preventing, managing and treating common running injuries. This was proved popular and needed.</p> <p><b>Quiz Night</b></p> <p>We had another Quiz Night, in person at the Cricket Club, organised by Julie Jochimsen and Roger Johnson.</p> <p>The club is looking at increasing the 'Social' aspect, with more events and get togethers. Two members had come forward with interest in taking on the role.</p>	
5	<p><b>Treasurer's Report</b></p> <p>Copies of the 2021 Accounts are available on request. Ella Agent (EA) gave an overview of the financial report for the year ending 31 December 2021.</p> <p>The 2021 financial statements have been reviewed and signed off by Gary Tomlinson who was thanked for auditing the accounts and providing expert advice.</p> <p>The expenditures for the year totalled £13,831 and the income totalled £12,370. The club therefore finished off 2021 with a net expenditure of £1,461.</p> <p>Income from membership dues has increased by £489 from prior year. In 2021, there was a reduced schedule of race events. The largest expense was the £776 spent on food at The Rec after the Horsham Round. This expense followed a one-off decision by the committee to provide a meal item to each participant after the run.</p> <p>The admin costs increased by £215 from prior year, the main driver being the personal accident insurance premiums which went up by £258.</p> <p>The cost of the track is offset by the income earned from the track fees. The track fees are monitored and adjusted to fulfil our aim of breaking even with regards to the Thursday track sessions.</p> <p>In 2021, we introduced the Run and Talk sessions. The club also encouraged our running leaders to obtain the Leadership in Running Fitness qualifications. The cost of these activities came to £913.</p> <p>In 2020, the club donated £1,200 to charity, and we did the same again in 2021. The donations of £400 each went to 3 local charities: West Sussex Mind, Chestnut Tree House, and Horsham Community Responders.</p> <p>At the end of 2021, the club remained in a healthy financial position with overall assets of £20,750. This was a decrease of £1,847 over the year.</p> <p>Our cash balance decreased by £848 but still remained strong with our total cash balance at year end of £17,288.</p>	

	<p>The sales of our club merchandise reduced stock levels by £387. We are now using a third-party supplier for merchandise with a plan to hold no stock once the remaining stock is sold. This should gradually happen in the next few months.</p> <p>Since December 2021, our cash balance increased by £2,400 as we continue to collect membership fees for the current year. This is on top of a very healthy financial position which had been improving over the last decade. The Committee recognises this and will be looking to invest in improvements in what the club offers.</p>	
6	<p><b>Election of Officers and Committee Members</b></p> <p>The last sentence of Horsham Joggers club rule 4 says "The committee has the power to fill any vacancy which may arise".</p> <p>Since the last AGM, Andy Robins, Iain Campbell and Roger Johnson have stepped down from the Committee. Ella Agent and Viv Underhill joined the committee. Iain has stayed on helping with a smooth transition of Treasurer's duties to Ella Agent.</p> <p>The committee is normally made of 11 members but there are 10 at the moment, with PM as Chairman.</p> <p>The first part of Horsham Joggers rule 4 says "The management of the Club is vested in a Committee consisting of a Chairperson, Treasurer, Secretary and Social Secretary and minimum of 3 other members, all to be elected annually". Social Secretary role is currently vacant.</p> <p>SWL confirmed that the current incumbents have agreed to continue to serve in their current capacities and agree to be elected. The attendees were asked to propose that all the current committee members are elected en-masse. Jenny Boyd raised her hand in support and Susan Wilcox seconded the proposal.</p> <p>This motion was carried unanimously.</p>	
7	<p><b>Draw for the London Marathon</b></p> <p>There were 8 names for the draw. All the names were eligible having met the set criteria which were:</p> <ul style="list-style-type: none"> <li>• Have been rejected by the ballot and do not have a place to run in the 2022 London Marathon</li> <li>• Participated with LM Volunteering in 2021</li> <li>• Have not gained a club place in the past</li> </ul> <p>The name picked out of the box was Tony Mason. This member will be passed to Phil Liberman to be entered into a further draw for a one in four chance of winning a place in the London Marathon.</p>	

## 8 Events update

### Sussex Grand Prix including the Horsham 10k

This year's Horsham 10k will take place on 22<sup>nd</sup> May. Geoff Parker is organising the event and we are looking for nearly 100 volunteers, recruited via Survey Monkey.

### Provisional SGP Race Calendar

Dates in red are to be confirmed.  
Any changes/errors, please let us know.

Race	Date	Day	Event
1	20th March 2022	Sun	Hastings Half
2	1st May 2022	Sun	Haywards Heath 10 mile
3	15th May 2022	Sun	Hastings 5
4	22nd May 2022	Sun	Horsham 10k
5	29th May 2022	Sun	Rye 10 mile
6	19th June 2022	Sun	Heathfield 10k
7	3rd July 2022	Sun	Bewl 15
8	13th July 2022	Wed	Phoenix 10k
9	TBC July 2022	Wed	Bexhill 5k
10	TBC September 2022	Sun	Hellingly 10k
11	2nd October 2022	Sun	Lewes Downland 10 mile
12	TBC October 2022	Sun	Hove Prom 10k
13	TBC November 2022	Sun	Crowborough 10k

### The Horsham Round

The club is planning on doing another Horsham Round this year.

### 5 to 10k Course

The club is planning to run another 5 to 10k Course to start in June and is pleased to have Simon Perkins and Sue Hensman leading the course again.

### Tuesday Club Runs – Alternative Start Point

The first of these, being from Horsham Park, will be on 19<sup>th</sup> April. The group leaders are now planning their routes to get out of to the countryside.

### Time Trials – Was historically known as the 'Itchingfield Time Trials'

The club is looking into restarting a sequence of Time Trials on the 2<sup>nd</sup> Tues of May, June, July and September. These will likely be at a new location, for safety reasons. Lee Jestico is making the arrangements.

	<p><b>First Aid Training</b></p> <p>Clive Walker has arranged for Horsham First Responders have agreed to provide some First Aid Training and this will take place on 21 April at the Roffey Millienium Hall. This is another element of Support; in having people trained and on hand to assist if needed. There is one more place if any member is interested.</p> <p>The committee is also debating the logistics of how/where/when the Club should carry its own Defibrillator. Members' comments on this would be welcomed.</p> <p><b>The West Sussex Fun Run League</b></p> <p>Julie Jochimsen (JJ) gave an update on the WSFRL. All members were encouraged to attend these runs which are fun but can be technical too. Currently, Horsham Joggers is third in the league. The Beach Run to be held in May is particularly fun and will end up with members having Fish and Chips afterwards.</p>	
9	<p><b>Honorary members</b></p> <p>The four honorary members were announced and the four were given certificates by PM.</p> <ul style="list-style-type: none"> <li>• Fiona Lear</li> <li>• Jenny Boyd</li> <li>• Iain Campbell</li> <li>• Jim Hawthorne</li> </ul>	
10	<p><b>Awards</b></p> <p><b>Awards for Horsham Jogger and Volunteer of the Year 2020/2021</b></p> <p>PM explained that these award covers 2020 and 2021 combined, due to period of lockdown due to Covid. Next year's award will return to the annual cycle, being for 2022 only. Everybody who was nominated in both categories would have been very worthy winners.</p> <p>All members can nominate another club member for shortlisting via a member survey for either Volunteer or Jogger of the Year, provided the nominees are not in the committee, by emailing the nomination and brief explanation of the reason for the nomination.</p> <p><u>Volunteer of the Year</u></p> <p>The nominations were Gary Tomlinson, James Tombs, Karen England, Jane Footer, Mike Hibberd and Warren Marks.</p> <p>There was an applause for Jane Footer who was presented with the trophy for the winner of Volunteer of the Year 2020/2021.</p>	



	<p><u>Horsham Jogger of the Year</u></p> <p>The nominations were Gary Tomlinson, Barnaby Smith, Chris Yeomans, Geri Smith, Tanya Keeling, Matt Whyman, Emma Walters, Ethel Whyman, Mike Saunders and Simon Rhodes.</p> <p>There was an applause for Chris Yeomans who was represented with the trophy for the winner of Horsham Jogger of the Year 2020/2021.</p>	
11	<p><b>Any Other Business</b></p> <p>In giving notice of the AGM, the Committee asked members to send questions in. There were no questions raised in advance.</p> <p>Paul Aylett would like the Andy Spriggs awards for 10k to continue to be presented on a regular basis. Paul Aylett would be happy to arrange the event in conjunction with the committee.</p> <p>Paul Aylett thanked the committee for the work that they had done in the last 2 years, especially as most of whom are new.</p> <p>Jenny Boyd request that, in memory of Eileen Quinton who was a member for almost 40 years and an inspiration, the club considers having a trophy or race named after her. This will be discussed at the next committee meeting to be held on 20 April.</p>	<p>PA</p> <p>PM</p>
12	<p><b>Close of meeting</b></p> <p>The meeting was declared closed at 7:47 pm following which there was a social event which was open to all members.</p>	

Attendees:

Committee Members:

Paul Morley  
Lee Jestico  
Clive Walker  
Ella Agent

Sok Wah Lee  
Baz Panchal  
Diane Berry

Julie Jochimsen  
Mark Aylmore  
Viv Underhill

Member Attendees:

Miranda Morley  
Victoria Robins  
Malcolm Footer  
Lawrence Roy  
Paul Aylett  
Paul Burgess  
Penny Barron  
Simon Perkins  
Rachel Hamson  
Jo Stone  
David Mallins  
Caroline McGrath  
Mark Adams

Iain Campbell  
Megan Robins  
John Berry  
Gavin Philps  
Roger Johnson  
Marcus Leach  
Mal Thornton  
Mark Comber  
Ralph Streamer  
Sarah Frost  
Sally Mallins  
Theresa Adams

Andy Robins  
Jane Footer  
Jenny Boyd  
Jim Hawthorn  
Barnaby Smith  
Richard Barron  
Chris Yeomans  
Susan Wilcox  
Maria Streamer  
Warren Marks  
Matthew Horne  
Fiona Lear