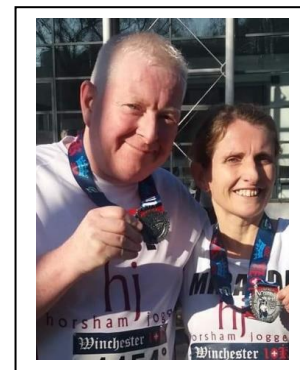


Grilled jogger!



1. **Name:** Paul Morley
2. **Occupation:** I'm a Compliance Manager at a Flight Simulation training company in Burgess Hill
3. **Place of birth:** Horsham
4. **Children/family/pets:** My wife Miranda who is also a Horsham Jogger. We have two daughters, aged 21 and 18. Explains my white hair. 😊 We have a dog, Alfie, who enjoys Park Run, sleeping and lots of cuddles
5. **Why Horsham Joggers:** Miranda encouraged me to join and I've not looked back since.
6. **Who do you run with:** I run with other slower runners and recently I've enjoyed leading a Tuesday group
7. **How long have you been running:** 4 years. I did the 5to10k Course with Horsham Joggers a few years ago and got hooked on running
8. **Biggest achievement so far:** Completing the Great South 10 mile run in Portsmouth. Thousands of runners and brilliant atmosphere. Also, not 'big' but was pleased when I ran my 50th Park Run on my 50th birthday a couple of years ago
9. **Future goals and ambitions:** My short term goal has to be to do my first Half Marathon, probably at Barns Green, hopefully in 2021. My ambition is to get a sub 30 minute Parkrun/5k. I've been close. Generally, now I am aiming to give my all to do the best job I can as Chairman of Horsham Joggers on behalf of all members of the club
10. **Favourite run/route:** I've enjoyed doing the challenging and scenic WSFRL races. But generally, I just love running with the great people I've met through Horsham Joggers
11. **Favourite piece of running kit:** My running belt. It has all the essentials and more; phone, safety pins, money, keys, park run bar code, blister plasters, a few jelly babies, ...
12. **Specialist subject on Mastermind:** 80s music
13. **Favourite after running treat:** Apologies, not healthy but it has to be bacon roll (with ketchup) and a hot coffee
14. **Funniest running related story/event:** The two of us innocently getting changed in a small car after a cold and very wet race at Seaford. The car was very steamed up and rocking
15. **Tell us something that we don't know about you:** I got my first tattoo just before my 50th birthday. Had been thinking about getting one for ages, and finally got up the nerve to do it
16. **Tips or suggestions for anyone thinking of starting to run with HJ:** There is a place for you, whatever your ability. You'll meet lots of great people and get the opportunity to run in some beautiful locations