

## Grilled jogger!

1. **Name:** Roger Johnson
2. **Occupation:** Involved with Horsham Coworking and run a House Cleaning Franchise
3. **Place of birth:** Would like to say the Horsham in Australia to prove that I lived the nomad lifestyle, but I would only be lying.
4. **Children/family/pets:** Yes, to all of that. I am looking to outsource some of it!
5. **Why Horsham Joggers:** The fantastic community spirit and the people. I've been lucky enough to make many friends through the club
6. **Who do you run with:** Quite a few people and far too many to mention.
7. **How long have you been running:** Much of my adult life, but more recently in the last 5 years or so. I find it is great for the mind and spirit, especially when you are not feeling so great.
8. **Biggest achievement so far:** Brighton Marathon I guess,
9. **Future goals and ambitions:** As a goal, it has to be the London Marathon
10. **Favourite run/route:** Anything that doesn't have a hill! Do love the Riverside Walk route.
11. **Favourite piece of running kit:** Shorts, it would be embarrassing without them.
12. **Specialist subject on Mastermind:** Marillion, the band. I know I'm sad!
13. **Favourite after running treat:** Jack Daniels (it's part of a very strict diet!)
14. **Funniest running related story/event:** Did one of the fastest Horsham parkruns ever - until realising it should have been 3 laps and not 2. It did stay up there for a few weeks...
15. **Tell us something that we don't know about you:** Played Bass in several local bands.
16. **Tips or suggestions for anyone thinking of starting to run with HJ:** Just do it. Don't worry about thinking that you're not fast or fit enough There's a place for everyone and you'll only improve.

