Horsham Joggers COVID-19 Club Run Consent Form

The following links give the latest guidance from:

UK Government: <https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation>

and

England Athletics: <https://www.englandathletics.org/athletics-and-running/news/guidance-update-for-restricted-return-to-activity-for-coaches-leaders-athletes-runners-and-facilities-step-3/>

Bearing all this in mind, the committee is keen for our members to enjoy the return of club runs albeit under controlled conditions. Therefore, we have implemented COVID-19 compliant processes, specific risk assessments, and a booking process that will allow the Tuesday evening club runs and the Thursday evening sessions to operate, however these activities will be noticeably different compared to the pre-COVID-19 era.

We are now able to run in unlimited numbers (July 2020) as long as we follow the government’s rules on social distancing and adhere to restrictions that may be placed on the public spaces that we use. We feel that groups of up to 6 members are sensible, including the leader.

In order to make this possible, we will implement the following routine: the start time, meeting location (Horsham/Southwater area – to avoid large congregations), average pace, and distance of each group run will be posted in our closed “HJruns” Facebook group by the booking coordinator, and also communicated via the hjruns email. You will then be able to sign up for a group that suits you. Group places will be on a first come first served basis.

Please avoid last minute cancellations or no-shows as this involves considerable manual rework to ensure the club’s record of participation is 100% accurate - needed if Track and Trace is initiated.

Your Welfare/Booking Officers are -

Tuesday Bookings: Margaret Wadman/Stephen Entecott

Thursday Bookings: Iain Campbell/Mark Aylmore

Your COVID-19 coordinator is: Julie Gallagher

For club members to gain access to the HJ Runs closed Facebook group you must first agree to the following points by responding to this missive:

* You will respect and maintain the latest social distancing guidelines at all times i.e. 2 metres
	+ Before the club run
	+ During the club run
	+ After the club run
	+ As you pass any members of the public en-route
* You will not run in a group of more than 6
* You will respect your leader’s instructions before and during the club run
* You will observe good hygiene, it is your responsibility
* You will agree to your contact details being captured against your chosen club run session and shared upon request with the government’s ‘Track and Trace Initiative’
* You will agree to completing the UKA COVID-19 Tracking Form if you have attended a session and subsequently tested positive for COVID-19: <https://www.uka.org.uk/governance/health-safety/covid-19-form/>
* You will not attend a club session if you:
	+ show symptoms of COVID-19
	+ are self-isolating
	+ please refer here: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

I <<<NAME NAME>>> agree to abide by all the above points.

Date:

Contact Number:

Email:

By responding with your name, date, and contact number completed you give notice of consent.

Return email – hjruns@gmail.com

**PLEASE**consider all the implications before you decide to return to the Tuesday or Thursday evening club sessions.

Please contact any of the committee at any time to discuss any issues or thoughts that arise, help and suggestions are always welcome.

**REMEMBER** there is no pressure to return to these club events. We fully appreciate that everyone’s individual circumstances are different and as such, we look forward to seeing you when you feel ready.

Horsham Joggers Committee

December 2020

Disclaimer

*You run with the club at your own risk. Horsham Joggers accept no liability for any loss or illness occasioned, whether caused by negligence or otherwise, to any person acting or refraining from actions as a result of any material in this consent form.*

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