

HJ COVID19 – HIIT Bootcamp Session – Risk Assessment

ASSESSOR: Claire Miller – Date: 12 th August 2020 – Review: Ongoing					
<u>HAZARD</u>	<u>Who's at risk?</u>	<u>Setting</u>	<u>Risk level (1-5) 1 = minimal 5 = High</u>	<u>What we will do</u>	<u>Risk level (1-5) 1 = minimal 5 = High</u>
Contracting/Spreading / Transmitting COVID19 disease through contact with an infected person.	All group attendees & their families	Outdoor open space, either in Horsham Park, or on a hired tennis/multi-use court.	4	All attendees will have signed a COVID19 consent form agreeing to abide by the coach's rules of the session, which will include Individual work stations that will be set at a minimum of 2m apart.	1
				All attendees will have signed a COVID19 consent form that states that they will not attend if they have had any COVID19 symptoms in the 14 days previous to session	1
				All attendees will have signed a COVID19 consent form agreeing to abide by all social distancing guidelines before, during and after each session.	1
				All attendees will have signed a COVID19 consent form, agreeing to ensure that they maintain good personal hygiene before, during and after each session.	1
				No children will be able to attend unless they are members as part of a family membership.	1
				HJ have a COVID 19 officer I place	1
				All attendees will have signed a COVID19 consent form agreeing to complete the UKA COVID19 tracking form if they have attended a session and subsequently tested positive for COVID19.	1
				Should an attendee require first aid, the first aider, or coach, will make sure they avoid physical contact, and maintain a 2m social distance, unless absolutely necessary. A relative or other service will be called, if required.	1

HJ COVID19 – HIIT Bootcamp Session – Risk Assessment

ASSESSOR: Claire Miller – Date: 12 th August 2020 – Review: Ongoing					
Contracting/Spreading / Transmitting COVID19 disease through contact with an infected surface.	All group attendees & their families	Outdoor open space, either in Horsham Park, or in a hired tennis/multi-use court.	4	No equipment or mats will be used. Cones used to mark out workstations, will be disinfected before and after all sessions.	1
				All attendees will have signed a COVID19 consent form agreeing to abide by the coach's rules of the session, which will include Individual work stations that will be set at a minimum of 2m apart.	1
				All attendees will have signed a COVID19 consent form that states that they will not attend if they have had any COVID19 symptoms in the 14 days previous to session	1
				All attendees will have signed a COVID19 consent form agreeing to abide by all social distancing guidelines before, during and after each session.	1
				All attendees will have signed a COVID19 consent form, agreeing to ensure that they maintain good personal hygiene before, during and after each session.	1
				No children will be able to attend unless they are members as part of a family membership.	1
				HJ have a COVID 19 officer I place	1
				All attendees will have signed a COVID19 consent form agreeing to complete the UKA COVID19 tracking form if they have attended a session and subsequently tested positive for COVID19.	1
				Should an attendee require first aid, the first aider, or coach, will make sure they avoid physical contact, and maintain a 2m social distance, unless absolutely necessary. A relative or other service will be called, if required.	1