

Grilled jogger!



1. **Name:** Margaret Wadman
2. **Occupation:** Retired
3. **Place of birth:** Middlesbrough, Cleveland
4. **Children/family/pets:** Son 25, daughter, 20 and family Labrador 9
5. **Why Horsham Joggers:** Joined the “Learn to Run” group in 2011 as a way to get fit and lose a few pounds and never looked back
6. **Who do you run with:** Fiona, Caroline, Viv, Ali
7. **How long have you been running:** 7 years
8. **Biggest achievement so far:** Running the London Marathon 2018
9. **Future goals and ambitions:** To try to run a sub 5 hour marathon and to find interesting races to run abroad whilst I am on holiday
10. **Favourite run/route:** Anything scenic and off-road
11. **Favourite piece of running kit:** Compression socks
12. **Specialist subject on Mastermind:** Celebrity gossip
13. **Favourite after running treat:** Bacon sandwich and coffee
14. **Funniest running related story/event:** : Lewes Easter Fun Run 2016 – fell flat on my race in a cow field mid run. As I crossed the line my husband asked why everyone else was clean and I was covered in earth and cowpat! I spent the journey home sitting on the dog’s blanket to keep the car clean!
15. **Tell us something that we don’t know about you:** Lived abroad for 8 years in the nineties/2000’s in Malaysia and Belgium
16. **Tips or suggestions for anyone thinking of starting to run with HJ:** It’s never to late to start running – I was 48. I still run with HJ friends made on the “Learn to Run” course back in 2011. Joggers has given me so much advice and excellent training programmes for marathons and half marathons, I could not have contemplated being motivated to do this on my own