

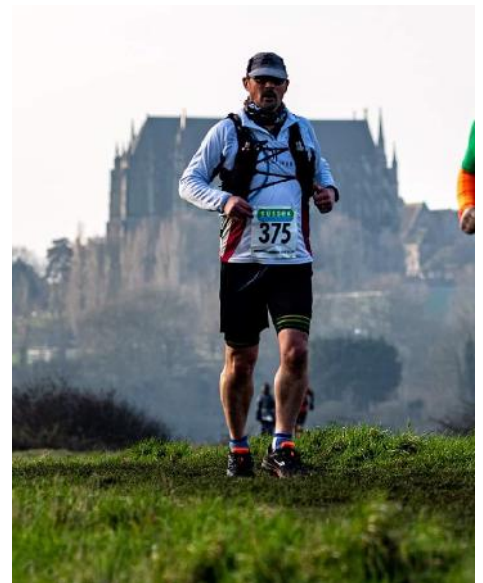
On Saturday 18th January, five Horsham Joggers attended the Sussex Masters Cross Country Championships a challenging two lap five mile Downland course at Coombs Farm, Lancing, an event for ladies aged 35 and above and Men aged 40 or above. For the ladies Rachel Hamson ran with a result of 37:16 and for the men's over 50's Dean Angell 31:03, Steve Wigmore 32:33, Matt Whyman 33:33 & Richard Speller 39:25 giving an overall team position of second with 42 points.



On Sunday 26th January nine Horsham Joggers attended the fourth Farnborough Winter Half Marathon which is a flat road race starting at Farnborough Business Park under the Grade 1 listed Airship Hanger.

Race times: Bryan Camfield 1:22:12, Penny Barron 1:57:50, Richard Barron 2:07:36, Louise Johnson 2:14:53, Lorraine Hunter 2:22:15, Ali Shears 2:22:40, Samantha Edwards 2:23:44, Nara Sullivan 02:33:23 & Sue Hensman 2:55:59.

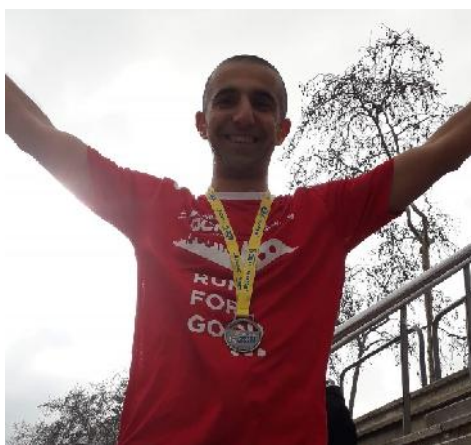
Also on Sunday 26th, Chris Yeomans attended The Dark Star Marathon which is the first race in the River Marathon Series by Sussex Trail Events a 28.2 mile trail marathon up one side of the River Adur picking up a part of the Downslink past the Dark Star Brewery at Partridge Green and then back down the other side. Chris's race time was 5:26:53.



On Sunday 2nd February, four Horsham Joggers attended the Bedgebury Forest 10 Mile race with undulating forest paths and trails in and around Bedgebury National Forest just to the east of Bewl reservoir. The event is open to runners of all abilities, from novices to experienced athletes and is perfect for spring marathon training. 10 mile race times Kate Short 1:35:16, Samantha Edwards 1:55:55, Lou Johnson 1:49:01 and Sue Hensman 2:06:33. Meanwhile, Heidi Chaney completed the 5 mile option in 1:06:25.

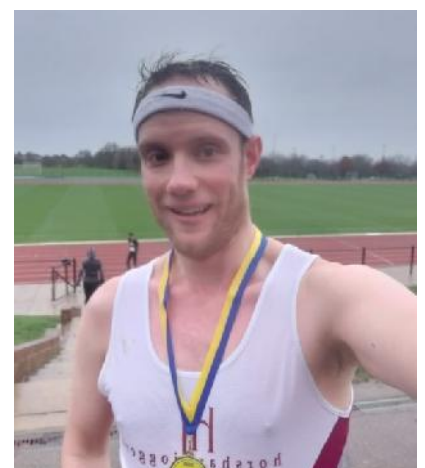
Also on the same Sunday, Chris Yeomans competed in the Portland Coastal Marathon which is a lumpy, gnarly, slippery, slidey coastal trail marathon around the Isle of Portland in Dorset. A tough day out of the office hopping over rocks, skidding around puddles and battling against head winds! A sneaky course looking easier on paper than it is in real life. 2000+ feet, 27ish miles. Chris's watch time 5:21:43, results to be published.

Chichester 10k at Goodwood is a race over public roads for the first 6.0km finishing with a complete lap of the Goodwood Motor Circuit. The race starts at the entrance to the motor circuit in Claypit Lane, passing the Rolls Royce factory, along historic roman road, Stane Street, through Strettington and back to the motor circuit. The country roads are undulating and all hard surfaced as is the complete lap of the motor circuit. Runners and chip times were: Gary Tomlinson 32:55, Richard Lee-Wright 35:59, Lee Jestico 36:49, Dean Angell 37:49, Simon Perkins 37:53, Stuart Adesilu 39:08, Nick Street 39:54, Pete O'Connell 40:03, Malcolm Footer 41:06, John Wilcox 42:30, Paul Chantler 43:40, Miranda Huisman 46:03, Val Purnell 49:05, Penny Barron 50:14, Richard Barron 52:33, Jo Tomlinson 53:20, Stephen Wilson 54:53, Jennifer Boniface 58:22, Julie Gallagher 58:36, Stephanie Charman 60:02, Lorraine Hunter 63:17, Mick Duplock 64:28, Michael Saunders 64:29, Fiona Lear 69:21, Jane Footer 69:44, Penny Saunders 72:02 & Jane Adams 77:18.



On the 16th February Barcelona did it again. The city was at its best for the 30th edition of the eDreams Mitja Marató de Barcelona, one that will go down in history. A record-breaking 23,000 runners were on the start line of what is one of the best half marathons in the world. The race attracted over 10,000 athletes from abroad and 7,500 women both new records, proving the growing enthusiasm for the event and its international prestige. Raff Vitale's race time was an amazing 1:21:37 PB!

In Harrow the annual 10k had to adopt an unofficial route due to flooding just before the race but Maldwyn Thornton braved Storm Dennis with a chip time of 50:15.





On Sunday 23rd February, twenty Horsham Joggers braved more wet and windy weather to attend the Brighton Half and celebrated 30 years of the event! One of the first major half marathons in the running calendar, a small group of individuals started the race back in the early 1990s and the money raised from that very first race was used to help fund the building of The Sussex Beacon, the charity which organises the race.

Race chip times were: Lee Jestico 1:23:09 (pictured), Stuart Adesilu 1:28:54, David Jones 1:33:36, John Crayford 1:36:26, Michael Saunders 1:39:11, Lucy Tucker 1:43:26, Steve Tucker 1:43:36, Phyl Weston 1:51:03, Ethel Whyman 1:47:53, Daniel Watson-Jones 1:55:02, Natasha Heasman 1:52:43, Andy Robins 1:55:49, Victoria Robins 1:55:50, Rebecca Gattinesi 1:56:09, Paul William Arnold 2:24:08, Caroline Bransden 2:20:58, Alan Jones 2:43:23, Victoria Saunders 3:00:35 and Jenny Boyd 3:19:21.

Congratulations to all those who represented the club in the past seven weeks and apologies if we missed anyone.

