

RESULTS ROUND-UP

06.10.19

On Saturday 24th August, Matt Wyman attended the Reykjavik Marathon which is an annual marathon set in Iceland and held to coincide with the city's Cultural Night Festival in mid-August. The unique race has volcano views across the bay, waterfalls and had a punk band thrashing away on a make-shift stage, with locals out with gongs which banged solemnly once a minute. Matt finished in an impressive time of 03:36:07.



Then on Sunday 25th August, 15 hj's completed the latest WSFRL event hosted by Worthing Harriers, The Windlesham Whip. The route takes runners on a 4mile loop from out and back to Windlesham House School. Conditions were extremely hot but Lin Whiting came home first in 33:55, closely followed by Andrew Wright 34:09, Miranda Huisman 34:27, Dave Dawson 34:44, Alan Pettitt 36:39, Vicky Holliday 39:07, Lorraine Treadwell 41:18, Geoff Parker 44:51,

Miranda Morley 45:30, Caroline Bransden 46:22, Julie Jochimsen 47:02, Rob Jochimsen 47:02, Steph Charman 49:20, Lorraine Hunter 49:20 and Jenny Boyd 65:25.

Bank Holiday Monday, 26th August, bought us the annual Horsham Round, in exceptionally hot conditions! 20 teams took part with guest teams from 5 other clubs with over 170 runners out on the scenic route. There are no results as such because it's just for fun, but some runners completed all 29 miles, supported by their team. The Horsham Round was followed by free fish and chips in the park and commemorating the Joggers 35th anniversary with cake and t-shirts. We salute you all!



On Saturday 31st August, Geri Smith and Alan Pettitt completed the South Coast 100km Challenge from Eastbourne to Arundel, Geri Finished 4th lady in an impressive time of 13 hours 36 mins and Alan in 15 hours 7 mins. Well done to you both!



Then on Sunday 1st September, 28 HJ's took part in the latest WSFRL event at the Fittleworth 5 which was run on a partly new course. As usual a great display of sandwiches and cakes for all to purchase after the race. Juniors, Libby and Archie Allen also came down from Carshalton along with their dad Martin to run! provisional results are Robert Swan 41:07, Richard Speller 41:26, Stephen Entecott

41:08, David Dawson 42:01, Clive Walker 42:30, Rob Jochimsen 43:14, Penny Baron 43:46, Richard Baron 45:01, Martin Allen 45:24, Lorraine Treadwell 47:27, Miranda Morley 47:43, Jacqui Williamson 48:10, David Evans 48:31, Louise Johnson 53:12, Caroline Bransden 53:13, Samantha Edwards 53:23, Julie Jochimsen 53:24, Stephanie Charman 55:40, Susan Wilcox 60:00, Ian Wilcox 60:04, Christine Velarde 61:44, Victoria Saunders 63:04, Mick Duplock 64:27, Michael Saunders 64:28, Sue Hensman 68:18, Jenny Boyd 71:30 & Jane Adams 71:40.



The following weekend, Chris Yeomans completed the Crafty Fox Marathon on Saturday 7th September. Organised by White Star Running in the village of Antsy, bang in the middle of Dorset providing a tough hilly race with some beautiful scenery. Race position 71 in 6:00:49.



On Sunday 8th September 45 Horsham Joggers attended the Littlehampton 10k & 5K on the seafront where runners followed the courses through residential Littlehampton, beautiful Mewsbrook Park and along the promenade. Our 5 to 10k improvers graduated from their 12 week course by completing the race. Elsewhere Gary Tomlinson finished 2nd in the 10k with 34:25 & Stuart Adesilu 2nd in the 5k with 19:31. Unfortunately the other results aren't filterable by club but can all be found here:

<http://www.chiptimingresults.co.uk/results.aspx?CId=61&RId=378&EId=1&dt=0>



The Bacchus Marathon and half returned on Sunday 8th September for a chance for the Joggers to enjoy England's premier wine with five tasting sessions serving various wines inside the beautiful Denbies Wine Estate results yet to be published.

Also on 8th Sept, 6 Joggers competed in The Rye Ancient Trails 30k & 15K which is a multi-terrain race through the High Weald Area of Outstanding Natural Beauty in East Sussex. Starting and Finishing in the medieval town of Rye, this challenging route winds its way through ancient woodland and farmland trails, footpaths and quiet country lanes, linking the Norman churches of Rye, Iden, Beckley, Northiam & Peasmarsch – a true steeplechase!



Chip times for the 15k Derek Buckman 1:33:54, Richard Cherriman 1:33:57 and Ian Wilcox 1:49:08 and for the 30k Alan Pettitt 3:10:08, Emma Comber 3:20:37 & Rob Jochimsen 3:25:39.

On Sunday 15th September, team hj attended the final challenge trophy race of 2019. The Run Reigate 5k, 10k and Half Marathon set over fully closed routes the courses take in a combination of beautiful rural Surrey countryside and country lanes, a picturesque treat for runners made even more enjoyable by the communities of local supporters along the route.



5k race times Matt Cooper 19:56 & James Boniface 24:14
 10k race times David Jones 40:47, Rachel Hamson 46:46, Aimee Fenwick 52:38, Andy Strang 1:03:24 & Edna Clark 1:13:13
 Half Marathon times Gary Tomlinson in 8th 1:18:15, Bryan Camfield 1:21:29, Michael Catlow 1:42:59, John Dyckes 1:43:29, Richard Harwood 1:43:52, Paul Yokom 1:47:28, Miranda Huisman 1:46:05, Alan Pettitt 1:47:40, Penny Barron 1:54:09, Richard Barron 2:03:12, Jo Tomlinson 2:03:23, Emma Catlow 2:03:25, Martyn Newton 2:04:18, Caroline Bransden 2:23:07, Lorraine Hunter 2:25:25,

Dawn Whammond 2:29:15, Michael Saunders 2:33:25, Mick Duplock 2:33:26 & Ian Bradbury 2:35:06.

On Sunday 22nd September, Chris and Ollie Yeomans ran the Dam-tot-Damloop in Amsterdam with a staggering 50,000 runners from Amsterdam to Zaandam. The course was scenic with lots of local support with hose pipes during the mini heat wave.



Also on Sunday 22nd September, 34 Horsham Joggers ran at the annual Tilgate Forest 5. This is a West Sussex Fun Run League event hosted by the Saints and Sinners taking runners on a route to the south of the M23 and into the beautiful but hilly Tilgate Forest before looping back towards the finish near K2. Mal Thornton brought it home first in 36:40, closely followed by James Tombs 37:04, Harry Wilcox 37:13, Jason Cohen 38:15, Michael Saunders 39:21, Miranda Huisman 41:34, Richard Speller 43:01, David Dawson 43:24, Mike O'Grady 43:56, Andy Strang 44:45, Rob Jochimsen 45:20, Richard Barron 47:05, David Evans 47:54, John Booker 48:21, Jo Tomlinson 48:50, Miranda Morley 49:31, Yuko Casey 54:46, Clare Dutfield 54:49, Emma Chapman 55:13, Andrew Clark 55:15, Julie Jochimsen 55:40, Sophie Quilter 56:24, Samantha Edwards 57:59, Lorraine Hunter 61:12, Susan Wilcox 1:02:54, Ian Wilcox 62:56, Victoria Saunders 68:32, Paul Morley 69:41, Jane Adams 72:45 & Geoff Fisher 73:10.



On Saturday 28th September Geri Smith completed the North Downs 50k Ultra and came 5th overall and was the 1st lady home in 05:59:19! The end of season challenge follows the North downs countryside including Box Hill.

Then on Sunday 29th, Nara Sullivan completed her first Half Marathon in 2hrs 31 mins at Windsor which is one of the most beautiful in the UK, the start and finish being on the Long Walk within Windsor Great Park and with the Windsor Castle as the backdrop. The course itself is all on road and quite challenging with plenty of hills spread around the route but remember, what goes up must come down! All this coupled with beautiful scenery and traffic free roads makes a wonderful experience.



Also on Sunday, Alan Pettitt and Brian Frost competed in the flat soggy Berlin Marathon both completing in under 4hrs. The course takes you along the main streets of Berlin such as Reichstag, the Siegessaule, Berliner Dom, Brandenburg and Potsdamer Platz in a big loop through the entire city. The finish through the Brandenburg Gate is magical and unforgettable.

And last but by no means least, 159 (yes, 159!) hj's turned up at a very soggy Barns Green 10k/Half Marathon. Gary Tomlinson (1:17:15) was 7th overall in the half and Horsham Joggers won the Men's team prize in the 10k due to Lee Jestico, Matt Cooper and Paul Davis putting in some superb performances. Ali Gormley was first hj lady home in the half marathon and 4th in her age category with an incredible time of 1:34:39 and an age grading of 81.2%! Hj's Newcomer of the Year, Julie Jochimsen, completed her first half marathon in 2:29:32 and it was great to see Julia Johnson return to competitive running with the club, completing the 10k distance in 56:51. Hj also fielded all the pacers for the half marathon under the leadership of our very own metronome, Jason Walker. We salute you all and thank you for continuing to make this the most popular local event for our club.

There are far too many times to list here but full results are on the Sport Systems website:
<http://www.sportsystems.co.uk/ss/results>



Congratulations to all those who represented the club in the past six weeks and apologies if we missed anyone.

