

RESULTS ROUND-UP

25.08.19

On Saturday 13th July, Alan Pettitt and Helen Woods both completed the Humanity Direct Chiltern Challenge which is a 31 mile ultra-trail marathon in 6:27:00 with Helen finishing second in her category.

On the Cornish Coast Chris Yeomans completed The Island Marathon by Bys Vyken Events in St Ives with only 11 absolute heroes competing what is possibly the world's smallest attendance for a marathon. The run consisted of 64 laps and then 1 lap in reverse, Chris Yeomans finished in 11th 5:43:03.



On Sunday 14th July 31 HJ's completed the third challenge trophy race for 2019 at the WSFRL Hove Hornets Stinger with Gary Tomlinson again taking first place overall in an incredible 38:11! As the name suggests, the 10k course is challenging with over 150m of climb to the half way point and some significant undulations and a few stiles after that! Special mention goes to James Munden who gave up his race to assist with a medical emergency but later went on to complete the run once the casualty was being properly cared for. Provisional results: Gary Tomlinson 38:11, Paul Chantler 51:18, Miranda Huisman 52:57, Lucy Tucker 53:42, Steve Tucker 53:42, Andy Strang 54:47, Paul Aylett 55:17, Christopher Lee 57:32, Penny Barron 57:47, David Dawson 58:07, Derek Buckman 58:51, Ian Wilcox 60:11, Rob Jochimsen 61:03, Richard Barron 64:36, Jo Tomlinson 65:06, Miranda Morley 66:12, David Evans 66:36, Margaret Wadman 71:04, Louise Johnson 71:12, Julia Jochimsen 73:29, Samantha Edwards 81:00, Stephanie Charman 81:00, James Munden 81:32, Christine Velarde 82:10, Susan Wilcox 92:40, Victoria Saunders 98:50, Heidi Chaney 99:49, Sue Hensman 99:50, Jane Adams 100:18 & Jenny Boyd 100:47



During the evening HJ's attended Beat The Tide in Worthing however the tide beat them and forced them onto the esplanade. Results in order Mal Thornton 41:39, Brian Frost 46:20, Guy Gilder 48:23, Neil Clarke 54:38, Kathleen Cornell 61:28 & Richard Cornell 61:37



On Wednesday 17th July, the annual Wakehurst Willow took place at Wakehurst Place near Ardingly. Run around the beautifully managed Kew property and hosted by Haywards Heath Harriers, 26 hj's made the most of the slightly cooler conditions over this challenging course. Starting at the café and running around the outer paths of the grounds, there is a steep slope down to the lake and a steep hill back up to the café area. Runners complete two laps to make up the 8k distance required. Raff Vitale (34:11) was first hj man home and Geri Smith (39:31) took the honours for the ladies. Other times included: Matt Whyman 35:15, Paul Chantler 36:35, Andi Marfleet 40:04, Paul Aylett 40:06, Alan Pettitt 42:11, Guy Gilder 42:29, Alan Maclachlan 42:47, Clive Walker 43:23, Helen Wood 44:23, Ethel Whyman 44:48, Matt Ide 47:42, Andy Robins 47:42, Margaret Wadman 49:07, Lisa Aylmore 49:37, Mark Aylmore 49:37, Caroline Bransden 51:37, Sue Newman 52:27, Kath Cornell 52:31, Richard Cornell 52:31, Steph Charman 53:18, Ali Shears 55:29, Emma Whyman 56:15, Fiona Lear 58:11 and Claire Tilson 59:21.

On Saturday 20th July, the inaugural Plaistow 5k took place. This is a brand new race for the West Sussex race calendar and part of the Because We Care weekend attended by Lord Seb Coe and Dame Julie Walters. This accurately measured single lap route takes you along the flat quiet lanes surrounding the village of Plaistow. Runners in order David Jones 20:11, Val Punnell 23:57, Alan Pettitt 24:40, Lorraine Hunter 30:48, Fiona Lear 34:31,



Then on Sunday 21st July, Clive Walker, Roger Johnson, Andy Mitchelson, Matt Ide, Nicola Smith and Martyn Newton attended the Caterham Rotary Half Marathon which starts and finishes at Redhill Aerodrome. Although the race is not completely traffic free, it takes place on the quiet country lanes around the Aerodrome. Results not yet published.

On Saturday 27th 5 HJ's competed in the annual Lunatic trail marathon event 1 of 4 annual events on the banks of the Adur by Sussex Trail Events. The race started at 8pm with one lap in daylight and the remainder by headtorch results in order Alan Pettitt 4:17:50, Mark Gibson 4:35:52, Mal Thornton 4:47:42, Paul Chantler 4:47:42 & Chris Yeomans 5:06:40





33 HJ's completed the latest WSFRL event in Henfield on Sunday 28th July. The "Seven Stiles" 4 mile route is a mostly flat trail run via the downlink and Adur River, starting and finishing at the Henfield Leisure Centre. Results as follows Harry Wilcox 28:11, Miranda Huisman 30:28, David Dawson 30:55, James Boniface 30:59, Richard Speller 31:05, Lin Whiting 32:59, James Munden 34:34, Rob Jochimsen 34:58, Richard Barron 36:36, Jacqui Williamson 36:49, Miranda Morley, John Booker 38:05, Bianca Crayford 38:08, Geoffrey Parker 40:50, Margaret Wadman 41:19, Louise Johnson 41:23, Caroline Bransden 42:13, Stephanie Charman 42:27, Julie Jochimsen 42:32, Keith Chaney 42:36, Lorraine Hunter 43:40, Samantha Edwards 43:51, Ian Wilcox 45:16, Susan Wilcox 45:28, Fiona Lear 45:49, Victoria Saunders 46:46, Paul Morley 51:48, Jane Adams 53:05, Sue Hensman 53:05, Heidi Chaney 53:05 & Jenny Boyd 56:08.

On Wednesday 31st July, 2 lonely hj's travelled to Bexhill for the SGP mid-week 5k up and down the seafront. Paul Arnold 29:10 and Helen Mallows 29:26 completed the course.



Centurion Running put on the North Downs 100 mile on Saturday 3rd August which begins in Farnham on the western end of the North Downs and works its way through some of the best English countryside before dropping down into Ashford and the finish at The Julie Rose Stadium. Two hj runners, Matt Whyman 26:41:46 and Steven Rooke 28:38:24 finished with both Helen Woods & Alan Pettit DNF along with another 100 runners showing just how gruelling this event is!

On Sunday 4th August, team hj attended the Harting 10 mile long multi-terrain race over private tarmac lanes, hard gravel tracks and some paths. The route runs up to the top of the Downs, gently down towards Compton, along towards Chalton, up to Ditcham Park School, along part of the South Downs Way and back down to South Harting to finish on the sports field. There are many superb views around the course, runners in order Euan Ramage 1:20:28, Stephen Endecott 1:28:24, Rob Jochimsen 1:30:22, Derek Buckman 1:33:31, Penny Barron 1:36.44, Michelle Garrett 1:36:44, Vicky Holliday 1:37:32, Richard Barron 1:39:18, Laura Sowton 1:52:32, Julie Jochimsen 1:53:58, Michael Saunders 1:53:59.



On Saturday 17th August, six Horsham Joggers took part in the Midnight Marathon. A 27 mile race from Queen Elizabeth country park to Cocking Hill barn and back on the South Downs way overnight. Some great performances in hilly challenging conditions saw Rob Swan finish in 5:14:54, Helen Woods 5:42:05, Alan Pettitt 5:42:06, Mike Saunders 5:52:03, Claire Miller (1st walking Marathon) 7:44:59 & Phil Liberman 7:45:00.

Then on Sunday 18th August, 4 members attended the Henfield half marathon. A beautiful off road course which takes you along parts of the Downslink and River Arun footpaths. Paul Chantler was first home in 1:49:06 and was followed by Nicola Smith 1:56:16 Roger Johnson 2:06:28 and John Booker 2:12:37.

Congratulations to all those who represented the club in the past six weeks and apologies if we missed anyone.

