

Gunpowder Trot

Sunday 3rd November 2019, 10.30am
(Junior race, 10am)



COURSE:

Seniors: Approximately 4.5 miles, undulating course on footpaths across open land on the Denne Park and Chesworth Farm estates, close to Horsham town centre. Juniors: Approx. 1-mile cross-country course. **Use postcode RH12 1NU for Race car park if using satnav.** The car park, Race HQ and start/ finish are all located in different places, so please follow directional signage. Water station at finish line. Disabled runners, please contact Race Director on e-mail below to discuss the course before entering. *With thanks to the Denne Park Estate/Blewitt family and Chesworth Farm Estate (Horsham District Council) for permission to use their land.*

CAR PARKING: THERE IS NO PARKING AT RACE HQ.

The closest carpark is at the Forum, Blackhorse Way, RH12 1NU. **Allow 10 mins walk to race HQ and a further 5 mins walk to the start. Alternative parking can be found in Denne Road RH12 1JH**

RACE HQ: Please do NOT try to park at Race HQ. HQ is at Horsham Cricket Club, Cricket Field Rd RH12 1TE.

FACILITIES: Toilets in Race HQ. No showers or changing facilities. Kit may be left at Race HQ and in the start/finish area, at your own risk. **NO TOILETS AT THE START.**

REFRESHMENTS: A selection of hot and cold snacks and drinks are available for purchase at Race HQ.

COST:

In advance:	WSFRL affiliated Seniors: £3
	All other Seniors: £7
	Juniors (U16): £1

There MAY be entries available on the day. Please check our Horsham Joggers Facebook page the week before the race to check whether any on-the-day places are available. On-the-day entries will be priced at £10 for WSFRL affiliated Seniors, and £12 for non-League Seniors; £1 for all Juniors.

CLOSING DATE: Monday 28th October - please include 9" by 6" (A5) SAE. For postal entries received after Monday 28th October, numbers will be available for collection at race HQ. E-mail entry available – see website for details.

ENQUIRIES: info@horshamjoggers.co.uk

NOTE: In line with WSFRL requirements, no headphones are permitted

This race is [sponsored](#) by **HORSHAM COWORKING**



WEST SUSSEX FUN RUN LEAGUE

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By signing this form, I agree that:

1. The organisers of this event shall not be liable for any accident, injury, loss or damage arising from my participation in this event.
2. Horsham Joggers will publish my personal information as part of the results of this event and may pass such information to the administrators of the West Sussex Fun Run League, to athletics governing bodies or to any affiliated organisation for the purpose of insurance, licensing, or for publishing results (either for the event alone or combined with or compared to other events). Results may include (but not be limited to) name, gender, any club affiliation, race times, and age category, and these details will be passed on to other clubs in the West Sussex Fun Run League and be published on websites (including, without limitation, West Sussex Fun Run League and Sussex Races).

ENTRY FORM

Surname..... Forename.....

Address.....

Postcode..... Tel. No. / E-mail

Emergency contact..... Tel No.....

Name of club.....

Male / Female Junior/ Senior (please circle) Age on race day:

Fee enclosed: (Cheques made payable to HORSHAM JOGGERS; include A5 SAE)

DECLARATION: I understand that I enter at my own risk. The race organisers and officials will not be liable for any accident, injury, loss or damage arising from participation in the Gunpowder Trot.

Signed:..... (parent/guardian if aged under 16)

POSTAL ENTRIES: Gunpowder Trot, 1 Forest Lodge, Forest Road, Horsham RH12 4HY **WITH SAE**

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