## **OPPORTUNITY FOR 10K RUN AND VISIT TO GERMAN CHRISTMAS MARKETS**

The Horsham Town Twinning Association has recently contacted Horsham Joggers offering the opportunity to join a visit to our German Twin Town of Lage next December. This would be a combined visit from several local groups but will coincide with one of HJ's partner club, TG Lage's most popular race events. The Advent-Lauf takes place on Sunday 8<sup>th</sup> December and offers 5k and 10k races for both running and walking with all routes passing through the forested area of Northern Germany around Lage. As you would expect from our German friends the event is very well organised and managed.

HJ member Ben Ageros ran the Advent-Lauf two years ago and said "It was a very enjoyable race through the forest. I highly recommend it."

At this stage The Town Twinning Association is trying to assess the feasibility and level of potential interest in such a trip from various Twinned organisations in Horsham. Much will depend on the numbers wishing to take part but initial thoughts are to travel out on Friday 6<sup>th</sup> December, Saturday at leisure to relax and explore Lage, then in the late afternoon visit one of the local towns to experience the great atmosphere of the nightime Markets. An early night for runners before the race on Sunday which is followed by coffee and home-made cakes and an opportunity to socialise with the German runners. There will be an opportunity for those not wishing to run to visit a different a Christmas Market on Sunday. Return home on Monday 10<sup>th</sup> with the possibility of stocking up on shopping and Christmas drinks on the way home.

Transport will be organised by the Twinning Association and could be by private car, mini-bus, coach or air again depending on numbers. If there is sufficient interest it may be possible to arrange for a coach in which case the cost would be in the region of £90 per person. Accommodation would be either in one of the small but clean and friendly local hotels which cost around £50 per room per night, or with host families in Lage.

At this stage there is no commitment required, but it would be useful to get some idea of potential interest. Anyone interested in taking part in the race should contact <u>David.maurice46@gmail.com</u> who is co-ordinating on behalf of HJ.

