

10K Challenge - Chichester 10K

Age Category	Name	Age Category	Name
SM	Richard Lee-Wright (winner)	SF	Aimee Fenwick
M40	Mark Comber	F35	Laura Sowton
M45	Simon Perkins	F40	Emma Comber (winner)
M50	Bryan Camfield	F45	Rachel Hamson
M55	Dean Angell	F50	Clare Dutfield
M60	Keith Valentine	F55	Julie Gallagher
M65	Steve Wilson	F60	Karen Wigmore
M70+	Mick Duplock	F65	Pat Radley
		F70+	Lorraine Hunter

Half Marathon Challenge - Hastings Half

Age Category	Name	Age Category	Name
SM	No participant	SF	No participant
M40	No participant	F35	Geri Smith (winner)
M45	Jason Walker (winner)	F40	No participant
M50	Stuart Adesilu	F45	Emma Catlow
M55	Brian Frost	F50	Janine Littler
M60	Keith Valentine	F55	Penny Barron
M65	No participant	F60	Jane Adams
M70+	Mick Duplock	F65	No participant
		F70+	Lorraine Hunter

10M Challenge - Haywards Heath 10

Age Category	Name	Age Category	Name
SM	Harry Wilcox (winner)	SF	Jessica Lee-Wright (winner)
M40	Paul Yokom	F35	Geri Smith
M45	Matt Whyman	F40	No participant
M50	No participant	F45	Emma Catlow
M55	Clive Walker	F50	Miranda Huisman
M60	Lin Whiting	F55	Margaret Wadman
M65	No participant	F60	Fiona Lear
M70+	Mick Duplock	F65	No participant
		F70+	Lorraine Hunter

WSFRL Challenge - Fittleworth 5

Age Category	Name	Age Category	Name
SM	Harry Wilcox	SF	No participant
M40	No participant	F35	Laura Sowton
M45	No participant	F40	No participant
M50	Paul Chantler	F45	No participant
M55	Dean Angell (winner)	F50	Miranda Huisman (winner)
M60	Lin Whiting	F55	Penny Barron
M65	Keith Valentine	F60	Kathleen Turner
M70+	No participant	F65	No participant
		F70+	No participant

Itchingfield Time Trial

Men		Women	
1st Man	Guy Gilder	1st Lady	Amanda Sullivan
2nd Man	Brian Frost	2nd Lady	Helen Mallows
3rd Man	No qualifier	3rd Lady	Geri Smith

Winter Handicap

1st	Steph Hancock
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Summer Handicap

1st	Diane Berry
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WSFRL 10's

David Dawson
Jenny Boyd
Richard Barron
Penny Barron
Richard Speller
Christine Velarde
Stephanie Charman
Miranda Huisman
Lorraine Hunter
Edna Clark
Fiona Lear
Caroline Bransden
Ryan Rothe
Rylee Rothe

SGP 6's

Alan Pettitt
Paul Chantler