

Grilled jogger!

1. Name? : **Martyn Newton**
2. Occupation? : **Marketing Operations Director**
3. Place of birth? : **Pembury, Kent**
4. Children/family/pets? : **Just me!**
5. Why Horsham Joggers? : **After moving to Horsham I needed a group to run with to help me whilst I trained for my first marathon, Brighton 2018. I felt that a mixture of first timers and seasoned experts would be of great help and I was proved right.**
6. Who do you run with? : **The familiar faces of HJ members.**
7. How long have you been running? : **Since March 2017. I wanted to be normal weight for the first time in my adult life and also a physical accomplishment for once.**
8. Biggest achievement so far? : **I see my first 5k in April 2017 and 50k ultramarathon in August 2018 as equal. The former proved that I could actually manage some exercise for the first time in my life and the latter for the fact I was now in a pretty exclusive club**
9. Future goals and ambitions? : **The London to Brighton run in May 2019.**
10. Favourite run/route? : **Probably the Vitality 10k in London running through the sights of the city plus all the crowds help make for a great atmosphere.**
11. Favourite piece of running kit? : **Garmin Foreunner 645.**
12. Specialist subject on Mastermind? : **Star Wars.**
13. Favourite after running treat? : **My SIS recovery energy drink.**
14. Funniest running related story/event? : **It's only really funny between me and Mum but after finishing Brighton Marathon Mum could walk quicker than me for the first time in about 20 years. She always tells me off for walking too quickly!**
15. Tell us something that we don't know about you? : **I used to run my own entertainment website doing reviews on games and films plus I also did a few red carpet events like Capital FM Summertime Ball and Expendables 2 premier.**
16. Tips or suggestions for anyone thinking of starting running with HJ? : **There's no reason not to join. There's such a variety of runners of all abilities there's always someone that will be with you along the way, literally and metaphorically.**

