

<i>Position</i>	<i>Time</i>	<i>Number</i>	<i>First Name</i>	<i>Surname</i>	<i>Gender</i>	<i>Gen. Posn.</i>	<i>Club</i>
1	25:51	14	Bradley	Burke	M	1	Horsham Blue Stars
2	26:19	652	Andrew	McCaskill	M	2	Unattached
3	26:50	253	Aled	Anderson	M	3	Arena 80 AC
4	27:06	17	Michael	Caffyn	M	4	Run Academy Worthing
5	27:13	18	Thomas	Caffyn	M	5	Run Academy Worthing
6	27:30	46	Ollie	Owen	M	6	Worthing Harriers
7	27:53	52	Henry	Teague-Smith	M	7	Worthing Harriers
8	28:13	407	Sandy	Matthews	M	8	Portslade Hedgehoppers
9	28:16	384	Adam	Vaughan	M	9	Lewes AC
10	28:21	40	Daegan	Beaumont	M	10	Worthing Harriers
11	28:21	398	Andrew	Kemp	M	11	Lewes AC
12	28:24	62	Scott	Wallace	M	12	Goring Road Runners
13	28:24	458	Karn	Sandilands	M	13	Hove Hornets
14	28:25	267	Julian	Boyer	M	14	Haywards Heath Harriers
15	28:30	408	Marcus	Kimmins	M	15	Haywards Heath Harriers
16	28:44	42	Matthew	Wilson	M	16	Worthing Harriers
17	28:45	210	Antoine	Dani	M	17	Hove Hornets
18	28:47	80	Oliver	Day	M	18	Burgess Hill Runners
19	28:48	424	Mark	Green	M	19	Haywards Heath Harriers
20	28:48	263	Tara	Shanahan	F	1	Arena 80 AC
21	28:55	110	Rob	Dale	M	20	Fittleworth Flyers
22	29:02	226	Shaun	Challis	M	21	Hove Hornets
23	29:04	153	Simon	Coppard	M	22	Portslade Hedgehoppers
24	29:06	432	James	Dear	M	23	Unattached
25	29:08	409	Mark	Brightwell	M	24	Fittleworth Flyers
26	29:14	389	Jason	Lee	M	25	Lewes AC
27	29:14	254	Luke	Carter	M	26	Arena 80 AC
28	29:22	388	Colin	Bennett	M	27	Lewes AC
29	29:34	206	Ryan	Johnstone	M	28	Hove Hornets
30	29:36	394	John	Dryden	M	29	Lewes AC
31	29:39	271	Nicolas	Skov	M	30	Haywards Heath Harriers
32	29:41	181	Stephen	Goldsmith	M	31	Crawley Run Crew
33	29:43	261	Julian	Hollingdale	M	32	Arena 80 AC
34	29:47	163	Pierre-Alain	Ruffié	M	33	Crawley Run Crew
35	29:51	387	Ben	Hodgson	M	34	Lewes AC
36	29:54	400	Anthony	Bishop	M	35	Steyning AC
37	29:54	258	Craig	Isaac	M	36	Arena 80 AC
38	29:58	299	Wayne	Kingsnorth	M	37	Saints and Sinners
39	30:03	363	James	Winchester	M	38	Arunners
40	30:08	117	Shaun	Jinks	M	39	Fittleworth Flyers
41	30:09	342	Jason	Snow	M	40	Chichester Runners
42	30:10	97	Rob	Shalloe	M	41	Burgess Hill Runners
43	30:10	149	Jade	Elphick	F	2	Portslade Hedgehoppers
44	30:23	266	Barry	Tullett	M	42	Haywards Heath Harriers

45	30:26	275	Alan	Griffiths	M	43	Henfield Joggers
46	30:29	51	Stephen	Cousins	M	44	Worthing Harriers
47	30:32	415	Charlotte	Nash	F	3	Unattached
48	30:38	229	Matt	Lambert	M	45	Hove Hornets
49	30:49	386	Andrew	McLennan	M	46	Lewes AC
50	30:56	359	Stuart	Withers	M	47	Arunners
51	30:58	23	Nik	Barter	M	48	Lancing Eagles
52	31:07	39	James	Oram	M	49	Worthing Harriers
53	31:09	93	Neil	Phillpot	M	50	Burgess Hill Runners
54	31:10	202	Matt	Dougan	M	51	Hove Hornets
55	31:12	347	Sarah	Richards	F	4	Worthing Striders
56	31:19	449	Nigel	Lake	M	52	Unattached
57	31:20	157	John	Harding	M	53	Portslade Hedgehoppers
58	31:21	366	Daren	Stemp	M	54	Arunners
59	31:24	146	Geraldine	Moffat	F	5	Portslade Hedgehoppers
60	31:27	50	Tim	Bushby	M	55	Worthing Harriers
61	31:28	118	Steve	Kavanagh	M	56	Fittleworth Flyers
62	31:29	334	Dan	Busher	M	57	Chichester Runners
63	31:30	47	Cameron	McLatchie	M	58	Worthing Harriers
64	31:35	66	Kirsty	Armstrong	F	6	Burgess Hill Runners
65	31:37	195	Freya	Leman	F	7	Hove Hornets
66	31:41	457	Steve	Jay	M	59	Hove Hornets
67	31:42	351	Peter	Phillips	M	60	Worthing Striders
68	31:46	29	Felix	Morris-Duffin	M	61	Lancing Eagles
69	31:47	45	Andrew	Spells	M	62	Worthing Harriers
70	31:51	429	Nick	Howie	M	63	Unattached
71	31:58	19	Katie	Way	F	8	Unattached
72	32:11	291	Dave	Penfold	M	64	Saints and Sinners
73	32:11	314	Dave	Tibbals	M	65	Saints and Sinners
74	32:12	218	Helen	Kent	F	9	Hove Hornets
75	32:14	324	Emma	Hughes	F	10	Chichester Runners
76	32:17	204	Oliver	Pendington	M	66	Hove Hornets
77	32:18	196	Georgie	Anderson	F	11	Hove Hornets
78	32:20	256	Rob	Derkin	M	67	Arena 80 AC
79	32:25	278	Rob	Harrington	M	68	Henfield Joggers
80	32:32	41	Lloyd	Palmer	M	69	Worthing Harriers
81	32:42	162	Andy	Elphick	M	70	Portslade Hedgehoppers
82	32:43	399	David	Pike	M	71	Chichester Runners
83	32:45	333	Tim	Brown	M	72	Chichester Runners
84	32:46	427	Mark	Johnson	M	73	Trifits-U Team
85	32:57	416	Martin	Baxter	M	74	Unattached
86	32:59	159	Denis	Jenkins	M	75	Portslade Hedgehoppers
87	33:04	441	Chris	Keene	M	76	Arena 80 AC
88	33:06	43	Adam	Stephens	M	77	Worthing Harriers
89	33:07	456	Connie	Jankowski	F	12	Hove Hornets
90	33:12	296	Ian	Greenaway	M	78	Saints and Sinners
91	33:12	362	Nigel	Price	M	79	Arunners
92	33:13	224	Mel	English	F	13	Hove Hornets
93	33:16	395	Marcus	McConnell	M	80	Lewes AC
94	33:19	223	Martha	Matthews	F	14	Hove Hornets

95	33:19	203	Nick	Jackson-Smith	M	81	Hove Hornets
96	33:23	393	Ellen	Brookes	F	15	Lewes AC
97	33:24	78	Andrew	Bishop	M	82	Burgess Hill Runners
98	33:25	339	Mike	Moorcroft	M	83	Chichester Runners
99	33:26	420	Rob	Shapland	M	84	Horsham Joggers
100	33:26	396	Rob	Stanway	M	85	Lewes AC
101	33:27	341	Marcus	Hammerton	M	86	Chichester Runners
102	33:29	10	Jim	Jennings	M	87	Unattached
103	33:30	385	Andrew	Chitty	M	88	Lewes AC
104	33:32	190	Tracey	O'Brien	F	16	Steyning AC
105	33:34	165	Henry	Harris	M	89	Crawley Run Crew
106	33:40	268	Phil	Scott	M	90	Haywards Heath Harriers
107	33:41	132	Brian	Frost	M	91	Horsham Joggers
108	33:42	327	Sarah	Morris	F	17	Chichester Runners
109	33:42	2	Neil	Barnes	M	92	Unattached
110	33:48	155	George	Evans	M	93	Portslade Hedgehoppers
111	33:51	189	Dominic	O'Brien	M	94	Steyning AC
112	33:53	235	Richard	Speller	M	95	Horsham Joggers
113	33:56	86	David-James	Marker	M	96	Burgess Hill Runners
114	33:59	304	Michele	Nixon	F	18	Saints and Sinners
115	34:03	160	Dave	Maskell	M	97	Portslade Hedgehoppers
116	34:06	130	Ed	Warner	M	98	Fittleworth Flyers
117	34:09	13	John	Rawling	M	99	Horley Harries
118	34:11	230	Robert	Turner	M	100	Hove Hornets
119	34:11	89	Jack	Maynard	M	101	Burgess Hill Runners
120	34:15	348	Joe	Davies	M	102	Worthing Striders
121	34:16	99	Leigh	Smith	M	103	Burgess Hill Runners
122	34:17	318	Matt	Prescott	M	104	Saints and Sinners
123	34:18	135	Christian	Fortin	M	105	Unattached
124	34:20	338	Jon	McElhill	M	106	Chichester Runners
125	34:23	310	Sarah	Stanbridge	F	19	Saints and Sinners
126	34:35	82	Brian	Kilkelly	M	107	Burgess Hill Runners
127	34:37	8	Nicola	Smith	F	20	Horsham Joggers
128	34:37	185	Steve	Jones	M	108	Steyning AC
129	34:40	183	Ross	Cheney	M	109	Crawley Run Crew
130	34:43	234	Christopher	Lee	M	110	Horsham Joggers
131	34:49	77	Stuart	Condie	M	111	Burgess Hill Runners
132	34:52	455	Uros	Marolt	M	112	Hove Hornets
133	34:54	349	Paul	Hurley	M	113	Worthing Striders
134	34:54	5	Mike	Clarke	M	114	Mel's Milers
135	34:55	145	Jo	Mabbitt	F	21	Portslade Hedgehoppers
136	34:56	391	Hugh	St John	M	115	Lewes AC
137	34:57	319	Nadia	Anderson	F	22	Chichester Runners
138	35:04	381	Toria	Lyle	F	23	Arunners
139	35:08	24	Liam	Banham-Raywood	M	116	Lancing Eagles
140	35:09	452	Dean	George	M	117	Horsham Joggers
141	35:11	21	Richard	Harwood	M	118	Horsham Joggers
142	35:12	439	John	Thompson	M	119	Unattached
143	35:13	397	Sarah	Godley	F	24	Lewes AC
144	35:15	136	John	Poustie	M	120	Unattached

145	35:21	49	Nathan	Pryor	M	121	Worthing Harriers
146	35:25	358	Peter	Jones	M	122	Arunners
147	35:25	128	Linda	Tombs	F	25	Fittleworth Flyers
148	35:35	273	Gemma	Morgan	F	26	Haywards Heath Harriers
149	35:36	216	Graeme	Poulton	M	123	Hove Hornets
150	35:37	215	Dave	Eaton	M	124	Hove Hornets
151	35:39	335	Tony	Cooley	M	125	Chichester Runners
152	35:40	371	Juliette	Reader	F	27	Arunners
153	35:41	198	Jon	Maxfield	M	126	Hove Hornets
154	35:45	164	Dom	Leppard	M	127	Crawley Run Crew
155	35:46	54	Lorna	Hackett	F	28	Worthing Harriers
156	35:47	187	Joan	Lennon	F	29	Steyning AC
157	35:47	360	Peter	Davey	M	128	Arunners
158	35:51	440	Nick	Haarn	M	129	Unattached
159	35:54	332	Tom	Blaylock	M	130	Chichester Runners
160	35:56	232	David	Dawson	M	131	Horsham Joggers
161	36:07	329	Elizabeth	Robinson	F	30	Chichester Runners
162	36:10	438	Angelina	Smy	F	31	Arena 80 AC
163	36:14	209	Zsuzsa	Javorka	F	32	Hove Hornets
164	36:17	418	Julian	Priuks	M	132	Fittleworth Flyers
165	36:20	451	Liam	Collingham	M	133	Lewes AC
166	36:21	73	Annette	Maynard	F	33	Burgess Hill Runners
167	36:22	357	Damon	Block	M	134	Arunners
168	36:26	337	Kevin	Lockyear	M	135	Chichester Runners
169	36:31	57	Claire	McCann	F	34	Worthing Harriers
170	36:33	390	Geoff	Watson	M	136	Lewes AC
171	36:41	445	James	Chapman	M	137	Hove Hornets
172	36:42	260	Lorraine	Hale	F	35	Arena 80 AC
173	36:47	262	Sue	Brumwell	F	36	Arena 80 AC
174	36:49	298	Rob	Kernaghan	M	138	Saints and Sinners
175	36:52	152	Neal	Cass	M	139	Portslade Hedgehoppers
176	36:55	404	Martin	Owens	M	140	Unattached
177	37:01	134	Simon	Watts	M	141	Unattached
178	37:01	16	Stewart	Mackman	M	142	Horsham Blue Stars
179	37:02	154	Nick	Ellis	M	143	Portslade Hedgehoppers
180	37:04	316	Joe	Williams	M	144	Saints and Sinners
181	37:05	433	Mark	Betts	M	145	Hove Hornets
182	37:05	58	Lesley	Tugwell	F	37	Worthing Harriers
183	37:11	168	Paul	Brown	M	146	Crawley Run Crew
184	37:14	406	Karl	Ayling	M	147	Fittleworth Flyers
185	37:14	191	Simonetta	D'ariento	F	38	Steyning AC
186	37:15	369	Steve	Caplin	M	148	Arunners
187	37:15	322	Amanda	Godfrey	F	39	Chichester Runners
188	37:15	323	Julia	Hammond	F	40	Chichester Runners
189	37:16	382	Sheri	Halfacree	F	41	Arunners
190	37:17	225	Sophie	Palmer	F	42	Hove Hornets
191	37:19	448	Steve	Eke	M	149	Portslade Hedgehoppers
192	37:23	12	Adam	Bennett	M	150	Unattached
193	37:24	426	James	Maclea	M	151	Horsham Blue Stars
194	37:24	354	Neil	Rabone	M	152	Worthing Striders

195	37:25	248	Eddie	Winter	M	153	Arena 80 AC
196	37:26	28	Ian	Hughes	M	154	Lancing Eagles
197	37:38	270	Sarah	Banks	F	43	Haywards Heath Harriers
198	37:41	111	Dawn	Davis	F	44	Fittleworth Flyers
199	37:44	368	David	Guiel	M	155	Arunners
200	37:46	288	Nick	Baker	M	156	Saints and Sinners
201	37:49	413	Tim	Jordan	M	157	Horsham Joggers
202	37:52	115	Matthew	Davis	M	158	Fittleworth Flyers
203	37:54	364	Alex	Blows	M	159	Arunners
204	37:58	83	Phil	Latham	M	160	Burgess Hill Runners
205	38:02	64	Martin	Loose	M	161	Goring Road Runners
206	38:03	201	Karen	Weller	F	45	Hove Hornets
207	38:03	257	Anne	Miners	F	46	Arena 80 AC
208	38:04	222	Marlon	Webb	M	162	Hove Hornets
209	38:06	421	Mike	Branfield	M	163	Unattached
210	38:09	156	Colin	Hannant	M	164	Portslade Hedgehoppers
211	38:12	405	Kate	Ayling	F	47	Fittleworth Flyers
212	38:19	302	James	Mason	M	165	Saints and Sinners
213	38:28	194	Daniel	Pimblett	M	166	Hove Hornets
214	38:28	450	Dominic	Philpot	M	167	Hove Hornets
215	38:29	31	Mark	Stimpson	M	168	Lancing Eagles
216	38:30	361	Paul	Day	M	169	Arunners
217	38:31	311	Kevin	Stephenson	M	170	Saints and Sinners
218	38:35	63	Paula	Wallace	F	48	Goring Road Runners
219	38:36	30	Stephen	Divers	M	171	Lancing Eagles
220	38:38	88	Tshepo	Mati	M	172	Burgess Hill Runners
221	38:38	61	Victoria	Cousins	F	49	Worthing Harriers
222	38:43	365	Bruno	Groussin	M	173	Arunners
223	38:44	211	Andrew	Newby	M	174	Hove Hornets
224	38:44	91	John	Palmer	M	175	Burgess Hill Runners
225	38:50	11	Shelley	Baker	F	50	Trifits-U Team
226	38:52	59	Alison	Bickers	F	51	Worthing Harriers
227	38:53	55	Judi	Maledy	F	52	Worthing Harriers
228	38:57	321	Sue	Barty	F	53	Chichester Runners
229	39:01	85	Simon	Lock	M	176	Burgess Hill Runners
230	39:03	373	Kim	Davies	F	54	Arunners
231	39:03	208	Tania	Tinsley	F	55	Hove Hornets
232	39:04	290	Richard	Bryant	M	177	Saints and Sinners
233	39:07	199	Judy	Poulton	F	56	Hove Hornets
234	39:08	353	Tony	Pearce	M	178	Worthing Striders
235	39:14	255	Isobel	Muir	F	57	Arena 80 AC
236	39:16	148	Bernadette	Pelling	F	58	Portslade Hedgehoppers
237	39:20	101	George	Wotton	M	179	Burgess Hill Runners
238	39:21	313	Luke	Taylor	M	180	Saints and Sinners
239	39:24	330	Peter	Anderson	M	181	Chichester Runners
240	39:28	251	Michael	Gibbons	M	182	Arena 80 AC
241	39:30	325	Nicola	Jolly	F	59	Chichester Runners
242	39:35	137	Sarah	Message	F	60	Unattached
243	39:38	431	Catherine	Bradley	F	61	Hove Hornets
244	39:41	428	Michael	Miller	M	183	Hove Hornets

245	39:43	15	Martine	Burke	F	62	Horsham Amphibians Triathlon
246	39:47	144	Kerry	Kipling	F	63	Portslade Hedgehoppers
247	39:49	401	Maggie	Clark	F	64	Unattached
248	39:51	437	Mel	Flores	F	65	Unattached
249	39:53	96	John	Schofield	M	184	Burgess Hill Runners
250	39:56	169	Ian	Cooper	M	185	Crawley Run Crew
251	40:03	326	Tracey	Lockyear	F	66	Chichester Runners
252	40:05	217	Guy	Tipton	M	186	Hove Hornets
253	40:11	9	Rob	Coskin	M	187	Unattached
254	40:13	161	John	Welsh	M	188	Portslade Hedgehoppers
255	40:15	447	Tom	Balfour	M	189	Unattached
256	40:17	443	Mike	Balfour	M	190	Unattached
257	40:18	444	George	Balfour	M	191	Unattached
258	40:20	289	Faz	Bibi	F	67	Saints and Sinners
259	40:25	277	Alan	Barwick	M	192	Henfield Joggers
260	40:32	410	Michelle	Hughes	F	68	Worthing Harriers
261	40:34	239	Vicky	Holliday	F	69	Horsham Joggers
262	40:38	109	Julie	Cresswell	F	70	Fittleworth Flyers
263	40:40	336	Jeremy	Harrison	M	193	Chichester Runners
264	40:46	301	Lucy	Marriott	F	71	Saints and Sinners
265	40:48	350	Sean	Carver	M	194	Worthing Striders
266	40:48	245	Fiona	Jamie	F	72	Arena 80 AC
267	40:54	98	Jane	Owen	F	73	Burgess Hill Runners
268	40:54	241	Samantha	Marshall	F	74	Horsham Joggers
269	40:56	276	Paul	Crowe	M	195	Henfield Joggers
270	40:58	129	Mandy	Turner	F	75	Fittleworth Flyers
271	41:06	228	Grant	Ritchie	M	196	Hove Hornets
272	41:12	356	Ian	Reader	M	197	Arunners
273	41:14	320	Sue	Baker	F	76	Chichester Runners
274	41:19	227	Steven	Taylor	M	198	Hove Hornets
275	41:22	70	Jayne	Leaney	F	77	Burgess Hill Runners
276	41:25	430	Ross	Markham	M	199	Hove Hornets
277	41:26	72	Tlou	Mati	F	78	Burgess Hill Runners
278	41:35	309	Jim	Scott	M	200	Saints and Sinners
279	41:36	81	Rainer	Hirt	M	201	Burgess Hill Runners
280	41:37	151	Tim	Carder	M	202	Portslade Hedgehoppers
281	41:40	38	Simon	Lewis	M	203	Worthing Harriers
282	41:48	305	Sara	Phillips	F	79	Saints and Sinners
283	41:54	340	Peter	Shaw	M	204	Chichester Runners
284	41:57	219	Jerry	Dalton	M	205	Hove Hornets
285	42:02	200	Karen	Hall	F	80	Hove Hornets
286	42:03	100	Hugh	Stevenage	M	206	Burgess Hill Runners
287	42:07	207	Sarli	Van Zyl	F	81	Hove Hornets
288	42:10	453	Llloyd	Ritchie	M	207	Hove Hornets
289	42:12	158	Peter	Hedgethorpe	M	208	Portslade Hedgehoppers
290	42:22	90	Chris	Page	M	209	Burgess Hill Runners
291	42:37	422	Kelvin	Macdonald	M	210	Hove Hornets
292	42:40	116	Louise	Jarman	F	82	Fittleworth Flyers
293	42:42	213	Cathy	Fall	F	83	Hove Hornets
294	42:51	133	Peter	Madum	M	211	Unattached

295	42:53	92	Thomas	Peel-Yates	M	212	Burgess Hill Runners
296	42:57	315	Andrew	Dunn	M	213	Saints and Sinners
297	43:08	193	Alli	Willmore	F	84	Hove Hornets
298	43:10	141	Sonia	Edwards	F	85	Portslade Hedgehoppers
299	43:11	242	Karen	England	F	86	Horsham Joggers
300	43:12	60	Sandie	Bushby	F	87	Worthing Harriers
301	43:14	459	Gary	Mason	M	214	Unattached
302	43:21	419	Tony	Joel	M	215	Hove Hornets
303	43:27	331	Trevor	Baker	M	216	Chichester Runners
304	43:33	233	Kev	Summers	M	217	Horsham Joggers
305	43:42	460	Trevor	Symes	M	218	Burgess Hill Runners
306	43:43	113	Sarah	Hare	F	88	Fittleworth Flyers
307	43:44	403	Victoria	Bingham	F	89	Unattached
308	43:45	249	Brigitte	Groves	F	90	Arena 80 AC
309	43:45	402	John	Sergent	M	219	Unattached
310	43:46	284	Paula	Tomlinson	F	91	Henfield Joggers
311	43:49	126	Nigel	Porter	M	220	Fittleworth Flyers
312	43:55	20	Sok Wah	Lee	F	92	Unattached
313	43:59	179	Anna	Barnes	F	93	Crawley Run Crew
314	44:02	124	Wendy	Peterson	F	94	Fittleworth Flyers
315	44:03	106	John	Bearman	M	221	Fittleworth Flyers
316	44:04	95	Andy	Rowe	M	222	Burgess Hill Runners
317	44:06	67	Natalie	Banbury	F	95	Burgess Hill Runners
318	44:10	75	Sally	Symes	F	96	Burgess Hill Runners
319	44:18	3	Kath	Barnes	F	97	Unattached
320	44:22	84	David	Leen	M	223	Burgess Hill Runners
321	44:28	392	Jane	Holford	F	98	Lewes AC
322	44:30	236	Stephen	Wilson	M	224	Horsham Joggers
323	44:30	22	Jon	Bladen	M	225	Lancing Eagles
324	44:32	221	John	Carroll	M	226	Hove Hornets
325	44:34	269	Michael	Parish	M	227	Haywards Heath Harriers
326	44:36	411	Benjamin	Lewis	M	228	Worthing Harriers
327	44:37	274	Andy	James	M	229	Henfield Joggers
328	44:52	293	Richard	Daniells	M	230	Saints and Sinners
329	44:55	295	Pam	Field	F	99	Saints and Sinners
330	44:56	294	Theresa	Donohue	F	100	Saints and Sinners
331	45:01	425	Sharla	Elder	F	101	Worthing Harriers
332	45:04	34	Wendy	Kane	F	102	Lancing Eagles
333	45:05	454	David	Harvey	M	231	Hove Hornets
334	45:08	264	Richard	Bates	M	232	Haywards Heath Harriers
335	45:12	114	Patsy	Howard	F	103	Fittleworth Flyers
336	45:15	123	Kevin	Patten	M	233	Fittleworth Flyers
337	45:18	197	Jane	Pidgeon	F	104	Hove Hornets
338	45:22	272	Kirstie	Hedger	F	105	Unattached
339	45:23	292	Stella	Daff	F	106	Saints and Sinners
340	45:24	147	Jan	Morgan	F	107	Portslade Hedgehoppers
341	45:27	220	Jo	Cooper	F	108	Hove Hornets
342	45:28	53	Anne	Morrey	F	109	Worthing Harriers
343	45:29	4	Shivaun	Hayes-Coles	F	110	Horsham Ladies Joggers
344	45:30	374	Elizabeth	Lee	F	111	Arunners

345	45:33	417	Martin	Fryer	M	234	Chichester Runners
346	45:37	307	Dawn	Rhodes	F	112	Saints and Sinners
347	45:38	317	Theresa	Wright	F	113	Saints and Sinners
348	45:39	205	Rebecca	Miller	F	114	Hove Hornets
349	45:42	76	Wendy	White	F	115	Burgess Hill Runners
350	45:47	36	Lizzy	Metters	F	116	Lancing Eagles
351	45:49	282	Joyce	Blundell	F	117	Henfield Joggers
352	46:07	6	Trevor	Scott	M	235	Unattached
353	46:16	252	Alice	Burton Bradford	F	118	Arena 80 AC
354	46:19	250	Christine	Gibbons	F	119	Arena 80 AC
355	46:40	32	Sharon	McHale	F	120	Lancing Eagles
356	46:41	35	Kim	Tierney	F	121	Lancing Eagles
357	46:48	37	Yian	Solomon	F	122	Lancing Eagles
358	46:54	94	Karl	Richards	M	236	Burgess Hill Runners
359	47:07	48	Sue	Teague-Smith	M	237	Worthing Harriers
360	47:12	259	Michelle	Saunders	F	123	Arena 80 AC
361	47:19	27	David	Mutters	M	238	Lancing Eagles
362	47:33	71	Genie	Lowson	F	124	Burgess Hill Runners
363	47:34	26	David	Clubb	M	239	Lancing Eagles
364	47:35	1	Roger	Ockenden	M	240	Arena 80 AC
365	47:40	44	Charlotte	Leng	F	125	Worthing Harriers
366	47:42	74	Pauline	Sutherland	F	126	Burgess Hill Runners
367	47:46	182	Paula	Stanger	F	127	Crawley Run Crew
368	47:48	79	Mark	Davies	M	241	Burgess Hill Runners
369	47:51	140	Jenny	Cass	F	128	Portslade Hedgehoppers
370	48:16	68	Jocelyn	Coppard	F	129	Burgess Hill Runners
371	48:19	412	Caroline	Collier	F	130	Arunners
372	48:20	442	Lucy	Bushell	F	131	Unattached
373	48:23	108	Ray	Chick	M	242	Fittleworth Flyers
374	48:29	138	Jasmine	Bennett	F	132	Portslade Hedgehoppers
375	48:30	377	Jenny	Smith	F	133	Arunners
376	48:45	176	Louise	Clawson	F	134	Crawley Run Crew
377	48:51	166	Carolyn	Hartfield	F	135	Crawley Run Crew
378	48:53	297	Clare	Hall	F	136	Saints and Sinners
379	48:58	180	Sue	Childs	F	137	Crawley Run Crew
380	48:58	184	Jenny	Cooper	F	138	Crawley Run Crew
381	49:23	167	Alison	Mitchell	F	139	Crawley Run Crew
382	49:28	186	Lee	Oxley	M	243	Steyning AC
383	49:44	103	Matthew	Anderson	M	244	Fittleworth Flyers
384	49:47	378	Maria	Beckett	F	140	Arunners
385	49:49	283	Fiona	De Caux	F	141	Henfield Joggers
386	49:52	423	Vicky	Wilson	F	142	Unattached
387	49:54	102	Mark	Anderson	M	245	Fittleworth Flyers
388	49:58	150	Mike	Airey	M	246	Portslade Hedgehoppers
389	49:59	122	Peter	Oakley	M	247	Fittleworth Flyers
390	50:03	308	Jacqui	Robinson	F	143	Saints and Sinners
391	50:05	414	Tessa	Nash	F	144	Unattached
392	50:09	328	Jill	Renson	F	145	Chichester Runners
393	50:10	303	Nikki	McLaughlin	F	146	Saints and Sinners
394	50:15	143	Marilyn	Gray	F	147	Portslade Hedgehoppers



395	50:20	69	Marianne	Kilkelly	F	148	Burgess Hill Runners
396	50:29	367	Phil	McErlain	M	248	Arunners
397	50:34	380	Judi	Bond	F	149	Arunners
398	50:44	435	Collette	Betts	F	150	Hove Hornets
399	50:44	436	Wendy	Newman	F	151	Hove Hornets
400	50:45	446	Amber	Hunt	F	152	Hove Hornets
401	50:46	434	Amanda	Swann	F	153	Hove Hornets
402	50:48	280	Emma	Budd	F	154	Henfield Joggers
403	50:54	375	Tiki	Hills	F	155	Arunners
404	50:58	345	Paula	Pask	F	156	Worthing Striders
405	51:00	231	Kerry	Moran	F	157	Hove Hornets
406	51:02	355	Kevin	Valentine	M	249	Worthing Striders
407	51:06	105	Jill	Bearman	F	158	Fittleworth Flyers
408	52:09	346	Benita	Fryer	F	159	Worthing Striders
409	52:19	376	Michele	Smith	F	160	Arunners
410	53:04	7	Penelope	Saunders	F	161	Unattached
411	53:05	306	Brian	Purnell	M	250	Saints and Sinners
412	53:11	287	Helen	Harrington	F	162	Henfield Joggers
413	53:50	372	Anita	Watkins	F	163	Arunners
414	53:54	240	Paul	Morley	M	251	Horsham Joggers
415	54:11	214	Cheryl	Costello	F	164	Hove Hornets
416	54:33	370	Sally	Reader	F	165	Arunners
417	54:58	112	Robin	Evenden	M	252	Fittleworth Flyers
418	55:06	343	Karen	Thomas	F	166	Worthing Striders
419	55:26	104	Sandra	Ayscough	F	167	Fittleworth Flyers
420	55:30	56	Jenny	O Callaghan	F	168	Worthing Harriers
421	55:32	119	Jane	Klückers	F	169	Fittleworth Flyers
422	55:48	65	Eileen	Adlam	F	170	Burgess Hill Runners
423	55:52	142	Ann	Eke	F	171	Portslade Hedgehoppers
424	56:03	177	Shereen	Hazman	F	172	Crawley Run Crew
425	56:08	127	Erik	Shopland	M	253	Fittleworth Flyers
426	56:13	344	Myra	Jasper	F	173	Worthing Striders
427	56:21	139	Val	Brockwell	F	174	Portslade Hedgehoppers
428	57:19	383	Elissa	Edwards	F	175	Fittleworth Flyers
429	57:55	125	Gloria	Porter	F	176	Fittleworth Flyers
430	57:56	33	Elaine	Rousseau	F	177	Lancing Eagles
431	59:14	244	John	Mason	M	254	Arena 80 AC
432	59:14	243	Julie	Mason	F	178	Arena 80 AC
433	1:00:11	121	Breda	Oakley	F	179	Fittleworth Flyers
434	1:00:57	174	Linda	Healy	F	180	Crawley Run Crew
435	1:01:00	175	Judy	Carbone	F	181	Crawley Run Crew
436	1:01:59	173	Mya	Khine	F	182	Crawley Run Crew
437	1:02:05	379	Debbie	Roberts	F	183	Arunners
438	1:02:21	170	Janet	Trigwell	F	184	Crawley Run Crew
439	1:05:01	131	Lesley	Wood	F	185	Fittleworth Flyers
440	1:05:02	120	John	Nicel	M	255	Fittleworth Flyers
441	1:05:07	238	Caroline	Bransden	F	186	Horsham Joggers