

LOCATION:	The event takes place on footpaths across open land on the Denne Park and Chesworth Farm estates, close to Horsham town centre. Race HQ is at Horsham Cricket Club in Cricket Field Road. Use postcode RH12 1NU for Race car park (The Forum, Blackhorse Way). The car park, Race HQ and start/ finish are all located in different places, so please follow directional signage. A detailed location map will be available soon.
SENIOR COURSE:	Approximately 4.5 miles, undulating, majority off-road course, on bridleways and footpaths. One short section of the course is on a tarmacked driveway, although you can run on the grass verge beside this if you prefer. Water station at finish line. Not suitable for U16s or wheelchair athletes. Disabled runners, please contact Race Director at info@horshamjoggers.co.uk to discuss the course before entering.
JUNIOR COURSE:	Approximately 1 mile, undulating cross-country course. U16s.
COURSE MAP:	Available on our website http://www.horshamjoggers.co.uk
POSTAL ENTRIES:	Entry form for postal entries is available on our website: http://www.horshamjoggers.co.uk Entry fees: WSFRL members: £3.00 Non- members: £5.00 Entry limit: 450 runners/closing date postal and online Monday 29th October 2018 Postal entries received before Monday 29th October will receive race numbers by post (please include A5 SAE). Send entries to Race Secretary, The Dower House, 11 Carylls Meadow, West Grinstead RH13 8HW. For entries received after Monday 29th October, numbers will be for collection on the day at race HQ.
E-MAIL ENTRIES:	Pay by online bank transfer: 20-23-97, 20523984. Use GT and your surname as the reference. E-mail entry form to info@horshamjoggers.co.uk . Collect your race number by 9.15am on the day. Closing date for e-mail entries Monday 29th October.
CLUB ENTRIES:	Runners from Clubs affiliated to the West Sussex Fun Run League should enter via their Club. Club reps should submit entries to info@horshamjoggers.co.uk by Wednesday 31 st October latest.
ON-THE-DAY ENTRIES:	There MAY be entries available on the day. Please check our Horsham Joggers Facebook page the week before the race to check whether any on-the-day places are available. On-the-day entries will be priced at £5 for WSFRL affiliated Seniors, and £7 for non-League Seniors; £1 for all Juniors.
FOOTWEAR:	Depending on weather conditions, the course can get muddy, so trail shoes are strongly advised.
TOILETS:	Located at Race HQ. No showers or changing facilities.

FACILITIES	Bar with snacks/hot and cold drinks including alcohol
CLOTHING:	Because of the likelihood of cold, mud and rain, we suggest you bring a change of footwear and clothing for the journey home . Remember to bring a plastic bag or newspaper for your shoes, to protect the boot of your car!
BAG DROP:	Runners are welcome to leave bags at Race HQ, but it's a 5 minute walk to the start, so you might get cold on the way. You can leave clothing (at own risk) at the start/finish area.
CAR PARKING:	<p>THERE IS NO PARKING AT RACE HQ.</p> <p>Parking is in the public multi-storey car parks in Horsham Town Centre (charge payable). The closest carpark is at the Forum, Blackhorse Way, RH12 1NU. Allow 10 mins walk to race HQ and a further 5 mins walk to the start.</p> <p>We rely on the goodwill of local residents so please do NOT attempt to park near Race HQ.</p>
CAKE:	A fantastic selection of homemade cakes, hot and cold drinks are available at Race HQ. All proceeds go to charity.
ENQUIRIES:	info@horshamjoggers.co.uk or at Race HQ on the day
INCLEMENT WEATHER:	This event is susceptible to cancellation because of bad weather. Please check the Horsham Joggers' Facebook page before travelling, even if the weather is OK where you are!