



# Horsham 10K Horsham 10K

## Overall Finish List

### May 20, 2018

Results By Race Management Systems, Inc.

### Approved Results (25/05/18)

Place	Name	Team	Bib No	Age Group Place	Chip Time	Gun Time	Age Group Description
<b>1</b>	<b>Andrew McCaskill</b>		<b>407</b>	<b>1 M 1-39</b>	<b>34:08</b>	<b>34:09</b>	<b>M Senior</b>
2	Aled Anderson	Arena 80 AC	355	2 M 1-39	35:36	35:38	M Senior
3	Alex Cruttenden	Brighton Phoenix	402	3 M 1-39	36:07	36:09	M Senior
4	Richard Lee-Wright	Horsham Joggers	373	4 M 1-39	36:15	36:16	M Senior
5	Ash Dorrington	Brighton Phoenix	112	5 M 1-39	36:30	36:31	M Senior
6	Paul Weir	Brighton Phoenix	178	6 M 1-39	36:49	36:50	M Senior
7	James Miles	Brighton Phoenix	272	7 M 1-39	37:09	37:10	M Senior
8	Jonny McCormack	Brighton Phoenix	203	8 M 1-39	37:28	37:29	M Senior
9	Tom Hooper	Brighton Phoenix	289	9 M 1-39	37:43	37:44	M Senior
10	George Stewart	Wadhurst Runners	457	10 M 1-39	37:51	37:52	M Senior
11	Matthew Greenall	Brighton Phoenix	205	<b>1 M 40-44</b>	37:58	38:00	<b>M 40 to 44</b>
12	Mark Halls	Brighton & Hove AC	287	<b>1 M 50-54</b>	38:22	38:23	<b>M 50 to 54</b>
13	Jack Chivers	Haywards Heath Harriers	74	11 M 1-39	38:56	38:58	M Senior
14	Nick Street		300	2 M 50-54	38:57	38:59	M 50 to 54
15	Oliver Welch	Crowborough runners	422	12 M 1-39	39:09	39:10	M Senior
16	Paul Whelpton	Brighton Phoenix	125	<b>1 M 65-69</b>	39:18	39:19	<b>M 65 to 69</b>
17	Joshua Nisbett		167	13 M 1-39	39:44	39:46	M Senior
18	David Woollard	Heathfield RRC	252	14 M 1-39	39:50	39:52	M Senior
19	Paul Wishart	Brighton Phoenix	387	3 M 50-54	39:51	39:53	M 50 to 54
<b>20</b>	<b>Katie Morgan</b>	<b>Haywards Heath Harriers</b>	<b>298</b>	<b>1 F 1-34</b>	<b>39:57</b>	<b>39:59</b>	<b>F Senior</b>
21	Alan Buckle		366	<b>1 M 55-59</b>	40:28	40:30	<b>M 55 to 59</b>
22	Bobby Searle	Brighton Phoenix	119	2 F 1-34	40:34	40:36	F Senior
23	steve selby	Brighton Phoenix	132	4 M 50-54	40:34	40:39	M 50 to 54
24	Kat Owens		335	<b>1 F 35-39</b>	40:34	40:42	<b>F 35 to 39</b>
25	Amelia Brown		168	2 F 35-39	40:43	40:45	F 35 to 39
26	MICHAEL DARGUE	Horsham Tri Club	30	<b>1 M 45-49</b>	40:57	40:59	<b>M 45 to 49</b>
27	Hadley O'Dwyer	Horsham Joggers	486	15 M 1-39	41:15	41:17	M Senior
28	Wayne Kingsnorth		309	2 M 40-44	41:20	41:28	M 40 to 44
29	David Prince-Iles	Lewes AC	115	<b>1 M 60-64</b>	41:31	41:35	<b>M 60 to 64</b>
30	Lee Adams	Uckfield Runners	77	16 M 1-39	41:34	41:37	M Senior
31	Timothy Boone	Arunners RC	90	2 M 60-64	41:52	41:55	M 60 to 64
32	Thomas Robertson	Horsham Joggers	57	17 M 1-39	41:41	41:56	M Senior
33	David Crowhurst	Uckfield Runners	271	18 M 1-39	41:56	41:58	M Senior
34	Adam Wicks		239	3 M 40-44	42:00	42:02	M 40 to 44
35	Stuart Sandell		428	19 M 1-39	41:59	42:04	M Senior
36	will russell	Brighton Phoenix	274	20 M 1-39	42:08	42:12	M Senior
37	Richard Coates	Uckfield Runners	282	2 M 45-49	42:21	42:24	M 45 to 49
38	Stephen Goldsmith	Crawley Run Crew	5	21 M 1-39	42:22	42:28	M Senior
39	Pete Goodman	Brighton Phoenix	162	22 M 1-39	42:24	42:30	M Senior
40	Mark Hawthorne	Horsham Joggers	326	4 M 40-44	42:32	42:35	M 40 to 44
41	Mike Hibberd		359	5 M 40-44	42:33	42:39	M 40 to 44
42	Graham Purdye	Hailsham Harriers	461	3 M 60-64	42:37	42:40	M 60 to 64
43	Ian Cox	Wadhurst Runners	193	5 M 50-54	42:40	42:42	M 50 to 54
44	Andy Stadden	Arunners RC	285	2 M 55-59	42:41	42:45	M 55 to 59
45	John Rawling		334	23 M 1-39	42:40	42:46	M Senior
46	Sean Heard		319	6 M 40-44	42:43	42:54	M 40 to 44
47	Gareth Sear		384	3 M 45-49	42:58	43:02	M 45 to 49
48	Paul Chantler	Horsham Joggers	431	6 M 50-54	43:04	43:07	M 50 to 54
49	Badrinath Mohandas	Uckfield Runners	429	7 M 40-44	43:09	43:12	M 40 to 44
50	Darren Hunt	Crawley Saints and Sinners	464	8 M 40-44	43:11	43:17	M 40 to 44
51	Claire Page	Crawley Saints and Sinners	465	3 F 1-34	43:11	43:18	F Senior
52	Mike Crocker		121	9 M 40-44	43:18	43:21	M 40 to 44
53	Andrew Farley	Seaford Striders RC	386	24 M 1-39	43:20	43:22	M Senior
54	Phil Grabsky	Brighton Phoenix	100	7 M 50-54	43:21	43:23	M 50 to 54
55	Matt Quinton	Haywards Heath Harriers	344	25 M 1-39	43:18	43:23	M Senior
56	Andrew Clark	Arena 80 AC	455	4 M 45-49	43:20	43:24	M 45 to 49
57	Andrew Haslam	Brighton Phoenix	279	26 M 1-39	43:17	43:27	M Senior
58	Ed Duke	Crawley Saints and Sinners	161	10 M 40-44	43:17	43:29	M 40 to 44
59	Gary Mason		339	27 M 1-39	43:34	43:40	M Senior
60	James Atkinson		458	11 M 40-44	43:40	43:45	M 40 to 44
61	Ian Jones		63	28 M 1-39	43:40	43:49	M Senior
62	Linda Bacon		149	<b>1 F 50-54</b>	44:04	44:06	<b>F 50 to 54</b>
63	Brian Frost	Horsham Joggers	408	3 M 55-59	44:07	44:09	M 55 to 59
64	TONY LAVENDER	Crowborough runners	266	5 M 45-49	44:05	44:11	M 45 to 49
65	Jason Carsberg	Uckfield Runners	64	12 M 40-44	44:16	44:18	M 40 to 44
66	Amelia Culshaw	Brighton Phoenix	293	<b>1 F 45-49</b>	44:14	44:19	<b>F 45 to 49</b>

67	Myles Baker		439	6 M 45-49	44:24	44:26	M 45 to 49
68	Jessica Lee-Wright	Horsham Joggers	374	4 F 1-34	44:26	44:29	F Senior
69	Stuart McNulty		477	29 M 1-39	44:17	44:33	M Senior
70	Stephen Baker	Crawley Saints and Sinners	62	4 M 55-59	44:32	44:38	M 55 to 59
71	Richard SPELLER	Horsham Joggers	348	8 M 50-54	44:36	44:40	M 50 to 54
72	Paul Aylett	Horsham Joggers	1	7 M 45-49	44:42	44:43	M 45 to 49
73	Dave Jones	Horsham Joggers	492	8 M 45-49	44:41	44:49	M 45 to 49
74	Laura Vowles		448	5 F 1-34	44:54	44:58	F Senior
75	Joanne Purnell		390	6 F 1-34	44:55	45:01	F Senior
76	Matt Howells	Haywards Heath Harriers	295	30 M 1-39	45:00	45:05	M Senior
77	Mike Robbins	Billingham Marsh Hse H & AC	35	13 M 40-44	45:03	45:11	M 40 to 44
78	Neil Barnes		188	9 M 50-54	45:05	45:14	M 50 to 54
79	Ian Hilder		208	5 M 55-59	45:11	45:15	M 55 to 59
80	Nick Bellinger		53	31 M 1-39	45:12	45:15	M Senior
81	Philip Scott	Haywards Heath Harriers	153	6 M 55-59	45:07	45:15	M 55 to 59
82	Andrew Haig	Brighton Phoenix	196	<b>1 M 70-99</b>	45:16	45:20	<b>M 70+</b>
83	Graham West	Uckfield Runners	263	7 M 55-59	45:18	45:24	M 55 to 59
84	Ben Shorer	Seaford Striders RC	204	32 M 1-39	45:21	45:25	M Senior
85	Jim Stocker		184	2 M 65-69	45:24	45:28	M 65 to 69
86	Laurence Carpenter		235	14 M 40-44	45:26	45:29	M 40 to 44
87	Ian Dumbrell	Haywards Heath Harriers	297	10 M 50-54	45:24	45:30	M 50 to 54
88	Rob Cozens		417	11 M 50-54	45:27	45:31	M 50 to 54
89	Malcolm Kemp	Brighton Phoenix	189	2 M 70-99	45:35	45:38	M 70+
90	Samantha Ridley	Haywards Heath Harriers	426	2 F 50-54	45:30	45:39	F 50 to 54
91	Neil Maskell	Eastbourne Rovers AC	23	12 M 50-54	45:35	45:41	M 50 to 54
92	Chris Lucas	Horsham Joggers	6	33 M 1-39	45:43	45:43	M Senior
93	Adam Tweed		443	15 M 40-44	45:44	45:53	M 40 to 44
94	Caroline Garrett	Brighton Phoenix	328	3 F 35-39	45:50	46:00	F 35 to 39
95	Ed Barnes		109	34 M 1-39	45:46	46:02	M Senior
96	Nicola Smith		333	<b>1 F 40-44</b>	46:02	46:10	<b>F 40 to 44</b>
97	Stephen O'Rourke		449	35 M 1-39	46:06	46:10	M Senior
98	Jenny Hughes	Arena 80 AC	146	<b>1 F 55-59</b>	46:05	46:10	<b>F 55 to 59</b>
99	Matthew Franks	Seaford Striders RC	474	16 M 40-44	46:06	46:15	M 40 to 44
100	Emma Walters	Horsham Joggers	234	4 F 35-39	46:08	46:17	F 35 to 39
101	Audrey Haddon		151	7 F 1-34	46:10	46:19	F Senior
102	Paul Yokom		255	17 M 40-44	46:22	46:28	M 40 to 44
103	Ross Barry	Brighton Marsh Hse H & AC	345	36 M 1-39	46:44	46:48	M Senior
104	Steven Rowe		350	37 M 1-39	46:45	46:57	M Senior
105	Emma Holder	Eastbourne Rovers AC	2	2 F 45-49	46:57	47:02	F 45 to 49
106	Peter Weeks	Seaford Striders RC	389	3 M 65-69	47:00	47:05	M 65 to 69
107	Alan Pettitt	Horsham Joggers	331	8 M 55-59	47:05	47:08	M 55 to 59
108	Derek Mansell	Wadhurst Runners	114	4 M 60-64	47:13	47:15	M 60 to 64
109	Guy Gilder	Horsham Joggers	416	13 M 50-54	47:19	47:23	M 50 to 54
110	Mark Aylmore	Horsham Joggers	13	38 M 1-39	47:16	47:26	M Senior
111	Jack Rowlands		471	39 M 1-39	47:10	47:31	M Senior
112	Ellie Dunn	Crawley Saints and Sinners	165	8 F 1-34	47:05	47:39	F Senior
113	Andrew Vine	Crawley Saints and Sinners	183	18 M 40-44	47:07	47:42	M 40 to 44
114	Kevin Cockram		185	9 M 45-49	47:40	47:47	M 45 to 49
115	Duncan Meadus	Horsham Joggers	491	19 M 40-44	47:42	47:51	M 40 to 44
116	Stephen Smith	Eastbourne Rovers AC	42	20 M 40-44	47:51	47:58	M 40 to 44
117	Tim Pike		401	14 M 50-54	47:58	48:04	M 50 to 54
118	Cristina Lawrence	Brighton Phoenix	415	5 F 35-39	48:01	48:11	F 35 to 39
119	Miranda Huisman	Horsham Joggers	127	3 F 50-54	48:17	48:23	F 50 to 54
120	Mike Clark	Mel's Milers	467	4 M 65-69	48:06	48:31	M 65 to 69
121	Stephen Hopkins		78	21 M 40-44	48:17	48:36	M 40 to 44
122	Anneka Redley	Seaford Striders	31	9 F 1-34	48:29	48:38	F Senior
123	Nick Evans		243	40 M 1-39	48:31	48:41	M Senior
124	Andrew Beales		69	41 M 1-39	48:10	48:46	M Senior
125	Stewart Mackman		399	5 M 60-64	48:36	48:48	M 60 to 64
126	Paul Freeman		19	42 M 1-39	48:38	48:48	M Senior
127	Mark Gibson	Horsham Joggers	371	22 M 40-44	48:23	48:49	M 40 to 44
128	Martin Lee		481	43 M 1-39	48:39	48:50	M Senior
129	NUALA SMYTH	Arunners RC	317	4 F 50-54	48:46	48:52	F 50 to 54
130	Jon Eames	Horsham Joggers	107	44 M 1-39	48:49	48:54	M Senior
131	Chris Rance	Lingfield RC	215	10 M 45-49	48:48	49:00	M 45 to 49
132	Carl Bicknell	Haywards Heath Harriers	14	9 M 55-59	48:58	49:07	M 55 to 59
133	BRIAN STONE		182	11 M 45-49	48:54	49:09	M 45 to 49
134	Eileen Welch	Crowborough runners	423	2 F 40-44	49:04	49:10	F 40 to 44
135	Cara Law		141	3 F 40-44	49:00	49:12	F 40 to 44
136	Owen Davies		241	12 M 45-49	49:02	49:21	M 45 to 49
137	Helen O'Sullivan	Hailsham Harriers	475	4 F 40-44	49:34	49:36	F 40 to 44
138	Mike Branfield	Collyer's	126	10 M 55-59	49:23	49:37	M 55 to 59
139	STUART ANDREWS		88	45 M 1-39	49:21	49:38	M Senior
140	Mike Reeve		214	23 M 40-44	49:20	49:40	M 40 to 44
141	Ben Hollis		173	46 M 1-39	49:34	49:40	M Senior
142	Richard Page	Uckfield Runners	202	6 M 60-64	49:35	49:40	M 60 to 64
143	Matthew Prescott	Crawley Saints and Sinners	166	47 M 1-39	49:06	49:41	M Senior
144	Chris Glanfield	Haywards Heath Harriers	314	48 M 1-39	49:29	49:41	M Senior
145	Anna Norman	Seaford Striders RC	308	10 F 1-34	49:35	49:43	F Senior
146	trevor webb		447	15 M 50-54	49:37	49:50	M 50 to 54
147	gary smith	Hailsham Harriers	261	13 M 45-49	49:49	49:52	M 45 to 49
148	Karen Thompson	Haywards Heath Harriers	28	5 F 50-54	49:42	49:52	F 50 to 54
149	Kristiane Sherry	Seaford Striders RC	367	11 F 1-34	49:44	49:52	F Senior
150	Emma Comber	Horsham Joggers	493	5 F 40-44	49:43	49:56	F 40 to 44

151	Emily Marsden		380	6 F 40-44	49:35	49:56	F 40 to 44
152	Richard Bryant	Crawley Saints and Sinners	43	16 M 50-54	49:47	49:59	M 50 to 54
153	Henry Harris	Crawley Run Crew	24	49 M 1-39	49:29	50:02	M Senior
154	Craig Carey		156	24 M 40-44	49:47	50:07	M 40 to 44
155	Tracey Sargent	Crawley Saints and Sinners	150	6 F 35-39	50:13	50:27	F 35 to 39
156	Martin Smith		181	11 M 55-59	50:17	50:35	M 55 to 59
157	Colin Harris	Wadhurst Runners	199	17 M 50-54	50:38	50:43	M 50 to 54
158	Jim Scott	Crawley Saints and Sinners	139	14 M 45-49	50:24	50:45	M 45 to 49
159	Lois Vallely		191	12 F 1-34	50:25	50:48	F Senior
160	Sarah Duff-Cole	Crawley Saints and Sinners	323	3 F 45-49	50:35	50:50	F 45 to 49
161	Frances Delves		3	<b>1 F 65-69</b>	50:59	51:01	<b>F 65 to 69</b>
162	Mary Freestone	Crawley Saints and Sinners	17	2 F 55-59	50:51	51:03	F 55 to 59
163	Penny Gorringe		71	7 F 35-39	50:56	51:06	F 35 to 39
164	Barbara Lofts		424	7 F 40-44	51:06	51:19	F 40 to 44
165	ROBIN BROGAN		213	15 M 45-49	51:07	51:28	M 45 to 49
166	Greg Slater		347	25 M 40-44	51:21	51:35	M 40 to 44
167	Hannah Paton		352	13 F 1-34	51:27	51:36	F Senior
168	Christopher Lugg	Uckfield Runners	270	50 M 1-39	51:23	51:37	M Senior
169	James Castell	Uckfield Runners	276	51 M 1-39	51:33	51:41	M Senior
170	James Ericson		113	26 M 40-44	51:29	51:41	M 40 to 44
171	grant mikelas		487	52 M 1-39	51:25	51:43	M Senior
172	Alicia Smith		18	14 F 1-34	51:31	51:43	F Senior
173	Mark Piper		157	18 M 50-54	51:33	51:43	M 50 to 54
174	Mike Balfour		230	12 M 55-59	51:30	51:46	M 55 to 59
175	Joanne Banner		383	8 F 40-44	51:33	51:48	F 40 to 44
176	Theresa Ward	Horsham Joggers	494	15 F 1-34	51:36	51:51	F Senior
177	Amanda Soper		68	6 F 50-54	51:43	51:52	F 50 to 54
178	Richard Burge		403	19 M 50-54	51:46	51:52	M 50 to 54
179	Cinzia Pickett	Wadhurst Runners	242	9 F 40-44	51:50	51:54	F 40 to 44
180	Anne Miners	Arena 80 AC	306	3 F 55-59	51:48	51:57	F 55 to 59
181	Paul Kelly		61	16 M 45-49	51:39	52:02	M 45 to 49
182	richard addy		396	53 M 1-39	52:09	52:09	M Senior
183	Tony Baldwin		342	17 M 45-49	51:52	52:12	M 45 to 49
184	Matt Bachelor		412	27 M 40-44	51:45	52:14	M 40 to 44
185	Peter Burfoot		97	5 M 65-69	52:17	52:22	M 65 to 69
186	george gosden		433	54 M 1-39	52:12	52:23	M Senior
187	Timon Mutter		152	28 M 40-44	52:09	52:24	M 40 to 44
188	Alan Stranks		440	55 M 1-39	52:21	52:29	M Senior
189	Dominik Short		436	18 M 45-49	52:25	52:31	M 45 to 49
190	Graham Jackson		59	20 M 50-54	52:11	52:40	M 50 to 54
191	Tim Jordan		340	29 M 40-44	52:43	52:52	M 40 to 44
192	trevor mikelas		488	7 M 60-64	52:37	52:52	M 60 to 64
193	Diane Edwards		232	7 F 50-54	52:37	52:54	F 50 to 54
194	Dawn Davis		459	8 F 50-54	52:34	52:54	F 50 to 54
195	Nikki Dow		368	10 F 40-44	52:46	52:54	F 40 to 44
196	Claire Millar		41	11 F 40-44	52:47	52:55	F 40 to 44
197	Sarah Sanger		278	12 F 40-44	52:39	52:55	F 40 to 44
198	Justin Roccliffe		123	56 M 1-39	52:36	52:56	M Senior
199	ella Grabsky	Brighton Phoenix	101	16 F 1-34	52:40	52:57	F Senior
200	Kate Batchelor	Mel's Milers	411	13 F 40-44	52:30	53:00	F 40 to 44
201	Natasha Alderton		20	17 F 1-34	52:42	53:02	F Senior
202	Karl Murphy		106	57 M 1-39	52:49	53:07	M Senior
203	SIMON NIXON	Seaford Striders RC	437	30 M 40-44	52:53	53:08	M 40 to 44
204	Marion O'Connor	Crawley Saints and Sinners	160	4 F 55-59	52:37	53:10	F 55 to 59
205	Iain Willatt	Wadhurst Runners	195	8 M 60-64	53:10	53:14	M 60 to 64
206	Jason Cook		427	58 M 1-39	53:05	53:17	M Senior
207	Colin Shaw		391	3 M 70-99	53:02	53:24	M 70+
208	Tom Cockram		186	59 M 1-39	53:21	53:28	M Senior
209	James Cornford	Bosh run	220	31 M 40-44	53:13	53:32	M 40 to 44
210	Andrea Ingram	Lewes AC	489	5 F 55-59	53:20	53:34	F 55 to 59
211	Tomm Brooker	Crawley AC	145	13 M 55-59	53:14	53:35	M 55 to 59
212	Juliet Fine	Arena 80 AC	454	4 F 45-49	53:26	53:38	F 45 to 49
213	HELEN VAN YPEREN	Horsham Joggers	133	5 F 45-49	53:27	53:42	F 45 to 49
214	Jack Clayton		469	60 M 1-39	53:13	53:45	M Senior
215	Richard Shipton		70	61 M 1-39	53:11	53:48	M Senior
216	Carole Mills		332	14 F 40-44	53:47	54:02	F 40 to 44
217	Gary Bull	Horsham Tri Club	29	62 M 1-39	53:48	54:06	M Senior
218	Samantha Kedwards	Uckfield Runners	269	15 F 40-44	54:04	54:18	F 40 to 44
219	Christopher Wood		116	21 M 50-54	53:53	54:27	M 50 to 54
220	Albert Kemp	Wadhurst Runners	111	4 M 70-99	54:23	54:29	M 70+
221	Andy Mitchelson	Brighton & Hove AC	435	22 M 50-54	54:32	54:35	M 50 to 54
222	Sarah Thomas		128	16 F 40-44	54:26	54:38	F 40 to 44
223	Angela Moore	Outdoor Military Fitness	118	18 F 1-34	54:20	54:41	F Senior
224	James Winspear		430	63 M 1-39	54:31	54:46	M Senior
225	Helen Neary	Wadhurst Runners	206	2 F 65-69	54:49	54:54	F 65 to 69
226	Harry Noyes	Cranleigh Runners	354	9 M 60-64	54:19	54:57	M 60 to 64
227	Jack Groves		351	64 M 1-39	54:46	54:59	M Senior
228	Lesley Kilner		304	<b>1 F 60-64</b>	54:37	55:00	<b>F 60 to 64</b>
229	Joseph Spokes		360	65 M 1-39	54:40	55:02	M Senior
230	Elizabeth Garabedian		418	8 F 35-39	54:41	55:04	F 35 to 39
231	James Mitchell		67	66 M 1-39	54:56	55:09	M Senior
232	Lawrence Roy	Horsham Joggers	8	23 M 50-54	54:52	55:12	M 50 to 54
233	James Boniface	Horsham Joggers	495	32 M 40-44	54:53	55:15	M 40 to 44
234	Paul Wilson		410	19 M 45-49	55:03	55:16	M 45 to 49



235	Simon Leadbeatter		25	67 M 1-39	55:00	55:20	M Senior
236	Jodie Rowe		349	19 F 1-34	55:15	55:26	F Senior
237	Warren Marks		229	14 M 55-59	55:19	55:28	M 55 to 59
238	Dave Piper		484	68 M 1-39	54:58	55:29	M Senior
239	Vicky Holliday		292	20 F 1-34	54:59	55:31	F Senior
240	Hannah White	Crawley Run Crew	247	21 F 1-34	55:49	55:56	F Senior
241	Victoria Janman		362	22 F 1-34	55:42	56:03	F Senior
242	Gina LEADBEATTER		26	9 F 35-39	55:44	56:04	F 35 to 39
243	Robert Cottrell		50	69 M 1-39	55:41	56:04	M Senior
244	Claire Allan	Wadhurst Runners	236	2 F 60-64	55:52	56:04	F 60 to 64
245	Peter Helliwell		357	5 M 70-99	55:47	56:06	M 70+
246	sue endacott	Mel's Milers	110	9 F 50-54	55:55	56:23	F 50 to 54
247	Sarah Mitchell		219	10 F 35-39	56:13	56:25	F 35 to 39
248	Gary Viles	Crawley AC	52	70 M 1-39	56:16	56:26	M Senior
249	Helen Truman	Eastbourne Rovers AC	16	10 F 50-54	55:59	56:27	F 50 to 54
250	Chris Page	Burgess Hill Runners	478	15 M 55-59	56:13	56:27	M 55 to 59
251	Robert Price		456	24 M 50-54	56:06	56:32	M 50 to 54
252	Alan Jones		356	33 M 40-44	56:23	56:35	M 40 to 44
253	Mike Worger		72	20 M 45-49	56:26	56:41	M 45 to 49
254	Simon Homer		329	34 M 40-44	56:27	56:43	M 40 to 44
255	Neal Costen		32	21 M 45-49	56:34	56:47	M 45 to 49
256	Russell Weir		131	22 M 45-49	56:22	56:48	M 45 to 49
257	Judith Matthews	Brighton Phoenix	382	6 F 55-59	56:32	56:49	F 55 to 59
258	Kim Emson	Horsham Wellbeing	148	7 F 55-59	56:27	56:51	F 55 to 59
259	Mark Newman		381	71 M 1-39	56:36	56:53	M Senior
260	Katie Manley	Hailsham Harriers	96	23 F 1-34	56:50	56:55	F Senior
261	Robert Hunt		233	25 M 50-54	56:30	57:03	M 50 to 54
262	Hilary Humphreys	Seaford Striders RC	294	3 F 65-69	56:53	57:08	F 65 to 69
263	Paul William Arnold	Horsham Joggers	94	72 M 1-39	57:09	57:12	M Senior
264	Amanda Phipps		394	6 F 45-49	56:43	57:13	F 45 to 49
265	shirley slough	Mel's Milers	254	8 F 55-59	56:50	57:16	F 55 to 59
266	Katie Cahill-Smith	Lingfield RC	452	11 F 50-54	57:09	57:23	F 50 to 54
267	Michael Perry		33	26 M 50-54	57:09	57:26	M 50 to 54
268	Nigel Field	Crawley Saints and Sinners	84	10 M 60-64	56:55	57:29	M 60 to 64
269	Stefan Maynard		92	23 M 45-49	57:11	57:32	M 45 to 49
270	Nigel Phillips	Mel's Milers	307	6 M 65-69	57:02	57:39	M 65 to 69
271	Chris Andrews		251	73 M 1-39	57:26	57:44	M Senior
272	Michelle Holdstock		246	17 F 40-44	57:29	57:48	F 40 to 44
273	Ben Diab		54	35 M 40-44	57:20	57:49	M 40 to 44
274	Linda Beattie		172	11 F 35-39	57:45	57:53	F 35 to 39
275	Nina Trevarthen	Crawley Saints and Sinners	260	12 F 50-54	57:36	57:59	F 50 to 54
276	Isabel Anderson	Brighton Phoenix	179	24 F 1-34	57:50	58:01	F Senior
277	Heather McDonald		322	25 F 1-34	57:44	58:01	F Senior
278	Carolyn Arlett		337	18 F 40-44	57:47	58:08	F 40 to 44
279	julia d'Albiac		262	3 F 60-64	57:38	58:10	F 60 to 64
280	Lisa Gilbert		476	12 F 35-39	58:03	58:11	F 35 to 39
281	Sarah Maclean		376	7 F 45-49	57:59	58:13	F 45 to 49
282	David Maclean		377	27 M 50-54	57:59	58:13	M 50 to 54
283	Charles Tadhunter		154	74 M 1-39	58:01	58:17	M Senior
284	Helen wood	Horsham Joggers	305	8 F 45-49	57:55	58:20	F 45 to 49
285	Matt Ide	Horsham Joggers	212	36 M 40-44	57:55	58:20	M 40 to 44
286	Alex Sanders		336	13 F 35-39	58:00	58:21	F 35 to 39
287	Alison Slater	Lingfield RC	318	9 F 55-59	57:46	58:22	F 55 to 59
288	Sue Kemp	Crawley Run Crew	302	10 F 55-59	58:05	58:23	F 55 to 59
289	Julie Reeves	Eastbourne Rovers AC	434	14 F 35-39	57:59	58:25	F 35 to 39
290	Alison Maclean		39	19 F 40-44	58:15	58:32	F 40 to 44
291	ROB PONSFORD		291	24 M 45-49	58:05	58:34	M 45 to 49
292	Keith Haynes	Horsham Joggers	330	6 M 70-99	58:10	58:40	M 70+
293	helen baverstock	Horley Harriers	46	11 F 55-59	58:33	58:44	F 55 to 59
294	Ryan Cox		321	75 M 1-39	58:22	58:45	M Senior
295	Neil Pittam		85	25 M 45-49	58:37	58:57	M 45 to 49
296	Eleanor Wells	Crawley Run Crew	438	26 F 1-34	58:25	58:58	F Senior
297	Lisa Sim	Eastbourne Rovers AC	15	13 F 50-54	58:32	59:01	F 50 to 54
298	stella daff	Crawley Saints and Sinners	324	9 F 45-49	58:39	59:03	F 45 to 49
299	Kev Summers		66	28 M 50-54	58:43	59:06	M 50 to 54
300	SARAH MARZAIOLI	Hastings runners	277	4 F 65-69	58:41	59:07	F 65 to 69
301	Sarah Jackson		138	15 F 35-39	58:40	59:07	F 35 to 39
302	Chris Reeves	Horley Harriers	27	26 M 45-49	58:51	59:08	M 45 to 49
303	Janine Haynes		135	12 F 55-59	58:52	59:10	F 55 to 59
304	Sue Cockley		9	20 F 40-44	58:47	59:10	F 40 to 44
305	Nicholas Scott		10	37 M 40-44	58:47	59:11	M 40 to 44
306	Catherine Howe	Crawley Saints and Sinners	245	4 F 60-64	58:41	59:15	F 60 to 64
307	Mary Morgan	Crawley Saints and Sinners	180	16 F 35-39	59:04	59:22	F 35 to 39
308	Janine Murnane	Mel's Milers	194	10 F 45-49	58:55	59:23	F 45 to 49
309	Garry Sheppard	Hailsham Harriers	98	27 M 45-49	58:58	59:26	M 45 to 49
310	Hannah Felton		379	27 F 1-34	59:12	59:30	F Senior
311	Gail Lelliott	Haywards Heath Harriers	296	28 F 1-34	59:10	59:34	F Senior
312	Alan Robbins		207	38 M 40-44	59:24	59:48	M 40 to 44
313	Julie Maunder		325	13 F 55-59	59:19	59:51	F 55 to 59
314	Jo Clark		281	14 F 50-54	59:20	59:51	F 50 to 54
315	Liam Bartlett		385	76 M 1-39	59:44	1:00:00	M Senior
316	Rob Shapland	Horsham Joggers	498	77 M 1-39	59:38	1:00:06	M Senior
317	Sophie Bramley		170	17 F 35-39	1:00:13	1:00:20	F 35 to 39
318	Jacqueline Potter		187	18 F 35-39	1:00:04	1:00:29	F 35 to 39

319	Sharon Carman		134	19 F 35-39	1:00:10	1:00:38	F 35 to 39
320	claire Bird		453	21 F 40-44	1:00:37	1:00:52	F 40 to 44
321	Sok Wah Lee		81	14 F 55-59	1:00:17	1:00:54	F 55 to 59
322	Lisa Phillips	Hailsham Harriers	210	11 F 45-49	1:00:36	1:01:00	F 45 to 49
323	Graham Clayton		470	16 M 55-59	1:00:25	1:01:03	M 55 to 59
324	Laura Holmes		11	20 F 35-39	1:00:41	1:01:07	F 35 to 39
325	Philip Hatcher		211	78 M 1-39	1:00:51	1:01:10	M Senior
326	sarah russell	Brighton Phoenix	273	15 F 50-54	1:01:05	1:01:13	F 50 to 54
327	Jennifer Smith		80	12 F 45-49	1:00:45	1:01:13	F 45 to 49
328	Andrew Stannard	Crawley Saints and Sinners	258	29 M 50-54	1:00:42	1:01:16	M 50 to 54
329	victoria wood		288	15 F 55-59	1:00:49	1:01:21	F 55 to 59
330	Rhoda Hatton		76	16 F 55-59	1:01:05	1:01:24	F 55 to 59
331	Megan Rowland		420	29 F 1-34	1:00:50	1:01:28	F Senior
332	Susan Mann	Hastings runners	265	17 F 55-59	1:01:15	1:01:32	F 55 to 59
333	Matthew Horne		364	39 M 40-44	1:01:23	1:01:53	M 40 to 44
334	Joanne Dallman		171	30 F 1-34	1:01:48	1:01:57	F Senior
335	Martin Nicholls	Run Horsham	89	17 M 55-59	1:01:26	1:02:00	M 55 to 59
336	Jean Cockerill		369	16 F 50-54	1:01:39	1:02:04	F 50 to 54
337	PETER COBBETT	Haywards Heath Harriers	327	7 M 70-99	1:02:13	1:02:25	M 70+
338	Kay Murphy		105	21 F 35-39	1:02:17	1:02:28	F 35 to 39
339	Helena Wicks		240	22 F 35-39	1:02:00	1:02:30	F 35 to 39
340	Geoff Noble		159	30 M 50-54	1:02:05	1:02:31	M 50 to 54
341	Saul Lorente		136	79 M 1-39	1:02:22	1:02:31	M Senior
342	Dawn Rhodes	Crawley Saints and Sinners	249	22 F 40-44	1:02:15	1:02:51	F 40 to 44
343	Debbie Plant	Seaford Striders RC	441	13 F 45-49	1:02:26	1:02:56	F 45 to 49
344	stacey East		120	14 F 45-49	1:02:27	1:02:57	F 45 to 49
345	Alison Mitchell		444	17 F 50-54	1:02:40	1:03:02	F 50 to 54
346	Amy Mitchell		445	31 F 1-34	1:02:41	1:03:02	F Senior
347	Holly Heinrich		310	32 F 1-34	1:02:33	1:03:02	F Senior
348	Stacie Pook		38	33 F 1-34	1:02:35	1:03:05	F Senior
349	Caroline Brown		231	23 F 35-39	1:03:00	1:03:12	F 35 to 39
350	Terry Kitson	Hastings runners	267	7 M 65-69	1:02:44	1:03:14	M 65 to 69
351	Lindsay Worger		73	24 F 35-39	1:03:08	1:03:22	F 35 to 39
352	Hayley Dumbrell		163	34 F 1-34	1:03:02	1:03:26	F Senior
353	Nikki McLaughlin	Crawley Saints and Sinners	250	15 F 45-49	1:02:55	1:03:32	F 45 to 49
354	Amanda Partridge	Mel's Milers	104	16 F 45-49	1:03:01	1:03:33	F 45 to 49
355	Caroline Hill	Lancing Eagles	313	18 F 55-59	1:02:58	1:03:35	F 55 to 59
356	joanne hartland	Horsham Joggers	388	5 F 60-64	1:03:10	1:03:42	F 60 to 64
357	Joanne Honey		223	25 F 35-39	1:03:34	1:03:44	F 35 to 39
358	jayne webb		446	18 F 50-54	1:03:22	1:03:58	F 50 to 54
359	Fiona Viles	Horley Harriers	51	19 F 55-59	1:04:00	1:04:11	F 55 to 59
360	wendy stanbridge		256	19 F 50-54	1:04:19	1:04:45	F 50 to 54
361	Gemma Richards		192	23 F 40-44	1:04:20	1:04:45	F 40 to 44
362	Sheena Stannard	Crawley Saints and Sinners	259	17 F 45-49	1:04:23	1:04:59	F 45 to 49
363	Lorraine Duffy	Hailsham Harriers	425	20 F 55-59	1:04:32	1:04:59	F 55 to 59
364	Bryan Bayfield		174	28 M 45-49	1:04:29	1:05:02	M 45 to 49
365	Peter Madum		142	29 M 45-49	1:04:41	1:05:03	M 45 to 49
366	Ian Moore	Horsham Joggers	496	18 M 55-59	1:04:45	1:05:13	M 55 to 59
367	Julie Blythe	Lingfield RC	413	21 F 55-59	1:05:27	1:05:52	F 55 to 59
368	Donna Maskell	Eastbourne Rovers AC	4	20 F 50-54	1:05:37	1:06:06	F 50 to 54
369	Maq Beg		129	31 M 50-54	1:05:53	1:06:15	M 50 to 54
370	Stephanie Hancock	Horsham Joggers	102	35 F 1-34	1:06:02	1:06:35	F Senior
371	Margreet Potter		462	18 F 45-49	1:06:16	1:06:46	F 45 to 49
372	Stuart MacDonald		472	30 M 45-49	1:06:41	1:07:08	M 45 to 49
373	Emma MacDonald		473	26 F 35-39	1:06:41	1:07:08	F 35 to 39
374	Jeannie Goulding	Horsham Joggers	409	27 F 35-39	1:07:02	1:07:14	F 35 to 39
375	Kimberley Edwards	Brighton Marsh Hse H & AC	346	36 F 1-34	1:07:00	1:07:21	F Senior
376	Christopher Lambkin		414	11 M 60-64	1:07:07	1:07:34	M 60 to 64
377	Michael Dee		222	8 M 70-99	1:07:21	1:07:44	M 70+
378	Becky Souissi	Seaford Striders RC	218	37 F 1-34	1:07:19	1:07:49	F Senior
379	Suzanne Harwood		144	24 F 40-44	1:07:12	1:07:50	F 40 to 44
380	Claire Mittendorfer		201	19 F 45-49	1:07:12	1:07:50	F 45 to 49
381	sally bourn		358	22 F 55-59	1:07:23	1:07:53	F 55 to 59
382	Karen Spencer		400	23 F 55-59	1:07:58	1:08:24	F 55 to 59
383	Marjorie Long		22	21 F 50-54	1:08:24	1:08:40	F 50 to 54
384	Gary Long		21	19 M 55-59	1:08:24	1:08:40	M 55 to 59
385	Ian Butcher		370	40 M 40-44	1:08:30	1:08:57	M 40 to 44
386	Dawn Jackson		60	20 F 45-49	1:08:29	1:08:59	F 45 to 49
387	Fiona Lear	Horsham Joggers	226	6 F 60-64	1:08:48	1:09:06	F 60 to 64
388	Maria Weatherstone		87	28 F 35-39	1:08:41	1:09:14	F 35 to 39
389	David Davies		450	8 M 65-69	1:09:05	1:09:15	M 65 to 69
390	bridget davies	Horsham Tri Club	442	21 F 45-49	1:09:09	1:09:41	F 45 to 49
391	Victoria Maleski	Seaford Striders RC	224	24 F 55-59	1:10:03	1:10:34	F 55 to 59
392	Julie Stadden	Arunners RC	286	22 F 45-49	1:10:19	1:10:42	F 45 to 49
393	Mick Duplock	Horsham Joggers	315	9 M 70-99	1:10:12	1:10:48	M 70+
394	Helen Mallows	Horsham Joggers	316	7 F 60-64	1:10:13	1:10:48	F 60 to 64
395	Leigh Moore	Horsham Joggers	497	23 F 45-49	1:10:19	1:10:49	F 45 to 49
396	lauren scordilis	Uckfield Runners	404	29 F 35-39	1:11:32	1:12:02	F 35 to 39
397	Karen Ellis		406	38 F 1-34	1:11:42	1:12:12	F Senior
398	Kiki Moss		228	30 F 35-39	1:12:08	1:12:39	F 35 to 39
399	Stephen Wilson	Horsham Joggers	190	9 M 65-69	1:12:15	1:12:43	M 65 to 69
400	Penelope Sanders		397	8 F 60-64	1:12:16	1:12:43	F 60 to 64
401	Alexis Baillie	Mel's Milers	419	22 F 50-54	1:12:35	1:12:56	F 50 to 54
402	Helene O'Brien		237	24 F 45-49	1:12:26	1:12:57	F 45 to 49

403	Steve Flook	Mel's Milers	372	10 M 65-69	1:12:36	1:12:57	M 65 to 69
404	Christina Scutt	Arunners RC	320	25 F 55-59	1:12:56	1:13:18	F 55 to 59
405	Kirsty Huddart	Outdoor Military Fitness	91	39 F 1-34	1:14:03	1:14:14	F Senior
406	Nina Berry		353	<b>1 F 70-99</b>	1:13:52	1:14:22	<b>F 70+</b>
407	Roger Locke		451	10 M 70-99	1:15:17	1:15:46	M 70+
408	Kylie Vodden		47	40 F 1-34	1:15:43	1:16:14	F Senior
409	martyn greaves		143	12 M 60-64	1:16:21	1:16:45	M 60 to 64
410	Melanie Dudley		257	25 F 45-49	1:16:53	1:16:53	F 45 to 49
411	Allan Connolly		216	31 M 45-49	1:19:42	1:20:14	M 45 to 49
412	Deborah Shurvell		312	23 F 50-54	1:20:07	1:20:44	F 50 to 54
413	Julie Smith	Horsham Wellbeing	483	26 F 45-49	1:23:33	1:24:12	F 45 to 49
414	Helen Skinner	Horsham Wellbeing	482	24 F 50-54	1:23:43	1:24:23	F 50 to 54
415	Debby Scott	Crawley Saints and Sinners	140	27 F 45-49	1:27:22	1:27:56	F 45 to 49
416	Pamela Field	Crawley Saints and Sinners	83	25 F 50-54	1:27:23	1:27:56	F 50 to 54