

RESULTS ROUND UP

The Brighton Half Marathon on Sunday 25th February was an even greater challenge than usual because of the extreme cold and biting wind. Starting and finishing at Madeira Drive most of the uphill section of the course was just after the start as over 30 Horsham Joggers made their way out towards Ovingdean. They then returned through Brighton out to Hove Lagoon in the west, with a short detour past the Royal Pavillion, before returning east along the promenade. Despite the freezing conditions some fantastic times were recorded; Matthew Anstee-Brown 01:18:38, Paul Oakley 01:24:33, Stuart Carruthers 01:33:00, Mike O'Grady 01:33:17, Dominic Wakefield 01:33:23, Michael Saunders 01:33:42, Duncan Meadus 01:33:46, Stuart Adesilu 01:34:22, Michael Catlow 01:41:45, Laurence Carpenter 01:43:07, Rebecca Gattinesi 01:44:31, Guy Gilder 01:46:01, Beck Elder 01:51:47, Alan Jones 02:00:54, Kirsty Anstee-Brown 02:01:00, James Munden 02:01:12, Lisa Bowler 02:02:04, Arun Cooke 02:02:25, Margaret Wadman 02:07:37, Adam Grogan 02:07:39, Claudine Van Der Merwe 02:08:13, Richard Cornell 02:13:14, Caroline Bransden 02:20:36, Hollie Spiers 02:22:51, Jennifer Boniface 02:23:07, Grace Newton 02:26:29, Pip Mortimer 02:26:53, Victoria Saunders 02:44:31, Jane Adams 02:46:52, Jenny Boyd 03:06:14.



Meanwhile on the country roads of Surrey around Thorpe Park Raff Vitale 1:26:19 and Jo Willison 2:11:15 were also tackling the 13.1 miles of the Half Marathon, with Raff improving his PB by a very impressive 4 minutes 29 seconds!

A bit further afield and timing things well to escape the onset of wintry weather, 6 Horsham Joggers flew to warmer climes to take part in the Malta half marathon and Seville marathon. Well done to Richard & Penny Barron and Ian & Harry Wilcox in Malta, and in Seville Alan Pettitt 3:37:19 and Finbarr Cotter 5:27:57 who completed the full 26.2 miles.

And a bit further afield still, Ian and Leigh Moore took part in the 11th annual Seychelles marathon completing together in 5:15:00 (see story in the main newsletter).





Sunday 4th March was one of contrasting venues from the splendour of the London half marathon won by Sir Mo Farah which also included quite a few Horsham Joggers to the mud and hills of the infamous Steyning Stinger half and full marathons. It was a good day on the South Downs for HJ as Matthew Anstee-Brown stormed to a well deserved victory in 1:35:32, nearly 2 minutes ahead of the rest of the field in only a vest and shorts! Other notable finishes were Steve Wigmore 1:45:27 Stephen Entecott 2:23:57 Kate Short 2:32:06 Walter Edgar (3rd in age group) 2:37:58 Collette Landells 2:40:43 Tabitha Atkinson 2:40:59 Natasha Heasman 2:53:19 Will Green 2:53:22 Sharon Burchett 2:53:23 and Laura Sowton 3:04:38. In the full marathon first Jogger was Louise Clarke 4:14:57 followed by Alan Pettitt 4:31:11 Cathryn Moss 5:08:33 Peter Reeves 5:50:01 Saul Brignall 6:26:35 and Lisa Bowler 6:26:36

Woking was the venue for the Surrey Half Marathon on Sunday 11th March where a number of Horsham Joggers took to the roads between Woking and Guildford. The course followed a circular route with a detour for an out and back section from Jacob's Well to the half-way point. In a very popular race Zoe Tetlow came a notable 3rd in her category, but well done to all the participants. Horsham Joggers times were as follows:- Gary Tomlinson 01:19:31, Trevor Barrett 01:25:59, Zoe Tetlow 01:39:18, Phyl Weston 01:52:14, Robert Willison 01:53:35, Jo Tomlinson 01:57:44, Aimee Fenwick 02:09:08, Clare Dutfield 02:17:52.

Meanwhile at a very cold Southend-on-Sea, three Horsham Joggers were participating in the inaugural Southend pier marathon. That is 26.2 miles running back and forth along the 1.34 miles of the longest pier in the world. Alan Pettitt 3:42:58, Maldwyn Thornton 4:03:24, and Chris Yeomans 4:21:25, completed the endurance event and appear to have enjoyed finishing it.



On the same day at the British Masters Indoor Track events there were incredible bronze medals in the 3000 metres from Dean Angell in the M55 category in 10:04 and from Val Purnell in the W55 category in 13:37. Pete O'Connell came 5th in M55 in 10:48. Altogether a varied and very successful day for the local club!



It was cold again on Sunday 18th March but it didn't stop 18 Horsham Joggers turning out for the Hastings Half Marathon. The 2nd Challenge Trophy race of 2018 delivered some impressive performances, particularly from Joshua Dennison as first jogger home. The times were as follows:- Joshua Dennison 01:18:25, Jason Walker 01:33:23, Stuart Adesilu 01:34:28, Paul Chantler 01:34:47, Brian Frost 01:39:44, Paul Aylett 01:39:57, Alan Pettitt 01:44:34, Geri Smith 01:45:35, Emma Catlow 01:45:56, Keith Valentine 01:48:18, Janine Littler 01:51:43, Natasha Heasman 01:53:52, Penny Barron 01:56:12, Richard Barron 02:09:22, Mick Duplock 02:28:56, Michael Saunders 02:28:56, Lorraine Hunter 02:38:42, Jane Adams 02:50:17, Victoria Saunders 02:59:04, Jenny Boyd 03:11:06.



As a more regal alternative, the Palace half marathon starting in the front courtyard of Hampton Court and finishing in the Palace gardens was the choice of Helen Varcoe 2:00:21, Angi Knight 2:35:30 and Caroline Brandsen 2:44:46.

Sunday 25th March included two distances at Cranleigh (15 or 21 miles) or two 10K races at either Christ's Hospital or Lancing College. Losing one hour of sleep as the clocks went forward made it seem a very early start! The somewhat overcast weather across the South-East was not encouraging, but not too bad for running. At Christ's Hospital the event was very well organised by Mel's Milers. The race started with a lap of the school grounds before heading off to Southwater along the Downs Link, through Southwater Country Park, and back along the Downs Link.



Almost 30 Horsham Joggers took this 10K and there were some very good times among the results. Simon Perkins 38:13, Matt Mason 38:23, Dean Angell 38:32, Harry Wilcox 39:27, Hadley O'Dwyer 39:28, Raff Vitale 39:46, Tom Robertson 41:01, Mark Hawthorne 42:49, Euan Ramage 44:42, Paul Aylett 45:33, Philip Liberman 46:02, Lin Whiting 46:20, Emma Walters 46:55, James Boniface 47:37, Rachel Hamson 47:47, Mark Aylmore 47:54, Guy Gilder 48:02, Clive Walker 48:32, Jim Hawthorne 49:04, Tom Gaule 49:31, Walter Edgar 51:10, Peter Helliwell 55:27, Andrew Robins 56:17, Richard Barron 56:52, John McSkimming 59:30, Clare Dutfield 1:01:35, Joanne Hartland 1:02:16, Claire Miller 1:03:15 and Christine Velarde 1:10:47.



Meanwhile at Lancing College another academic setting saw the start and finish of another 10K. This was two loops around the grounds of the college which, quoting the course guide, "included some inclines". Representing Horsham Joggers here were Neil Clarke 56:27, Lorraine Hunter 01:13:15, Stephanie Charman 01:13:17, Fiona Lear 01:16:19, Edna Clark 01:18:59 and Amanda Avery 01:22:05.

At Cranleigh the combined 15/21 mile event is billed as a training run for Spring Marathons, though some entrants treat it as an event in its own right. It is very popular, and 34 Horsham Joggers completed their choice of the two options. It is a two lap course, with laps of 9 miles and then 6 miles. Those completing the 21 mile event go round the second lap twice, so have the joy of passing the finish with 6 miles still to complete. On the 21 mile event were Gary Tomlinson 02:16:28, Stuart Carruthers 02:45:20, David Jones 02:46:41, Brian Frost 02:46:46, Matt Whyman 02:49:33, Zoe Tetlow 02:51:37, Tim Hampson 02:54:13, Paul Langley 02:56:02, Richard Cornell 02:58:28, Lorraine Treadwell 03:01:26, Emma Comber 03:02:58, Stephen Maskens 03:03:05, Peter Tyrrell 03:12:44, Phyl Weston 03:16:46, Jo Tomlinson 03:29:51, Louise Johnson 03:38:33, Alan Pettitt 03:38:19, Arun Cooke 03:45:13, Ali Shears 03:49:03, Margaret Wadman 03:49:15, Fiona Christer 03:52:04, Emma Whyman 03:54:48, Laura Sowton 03:55:11, Deborah Weller 03:57:10, Meg Burnal 04:06:15, Philippa Mortimer 04:06:21 and Sue Hensman 04:13:27. Completing the 15 mile event were Geri Smith 02:09:08, Mike Dean 02:11:20, Martyn Newton 02:13:59, Russell Kemp 02:17:14, Sharon Burchett 02:19:47, Kirsty Anstee-Brown 02:19:49 and Chantelle Shekyls 02:46:08.



And finally, if ever an event was about the taking part, rather than how fast you could run, the Lewes Easter Monday 10K run on 2nd April was that event! Early rumours of the extreme conditions which the 28 intrepid Horsham Joggers had to overcome have now been verified as accurate. The course, which had been a difficult combination of heavy mud and deep puddles at the time of course inspection on the previous day, deteriorated overnight with heavy rain and a very cold morning. All of the competitors had to climb through mountains of mud, and wade through water-logged fields at the West Sussex Fun Run League event. It probably doesn't match everyone's definition of fun. Everyone deserved a medal. Special mention goes to Mick Duplock and Mike Saunders who showed what team work is all about in what must have been very challenging circumstances!



Congratulations to all those who represented the club in the past six weeks and apologies if we missed anyone.