

## RESULTS ROUND UP



Firstly, an apology to team OG who won 1<sup>st</sup> male team in the recent inaugural Bedgbury Forest Trail Half but didn't get a mention last month! Well they have now!



Horsham Joggers M50 team managed 6th place in the Sussex Masters Cross Country championship on Saturday 20<sup>th</sup> January at Lancing Manor. Dean Angell led the team home in 6th place in 34:38. Not far behind was Steve Wigmore in 10th, with Richard Speller completing in 42:43, the essential third finisher to qualify as a team. In the ladies race Viv Underhill came 14th in the W55 category in a time of 42.56. Elisabeth Scott and Fiona Clifton followed in the W45 category with times of 44:13 and 45:19 respectively.

Horsham Joggers also took part in the Farnborough Half marathon on Sunday 21<sup>st</sup> Jan. Raff Vitale was first jogger home in 1:36:19, followed by Matthew Payne in 1:42:37. Other runners were Penny Barron 1:52:29, Lou Johnson 2:05:21, Sue Hensman 2:29:40 and Elisabeth Scott 2:31:40. Deborah Weller, Lorraine Hunter and Ashley Wilkinson completed a sociable run finishing together in 2:41:45



On Sunday 28th Jan, three Horsham Joggers made the trip to the warmer climes of Morocco for the Marrakech Marathon. Paul Burgess completed in 4:16, Pete Thirkettle in 4:31 and Chris Yeomans completed the 26.2-mile course in 4:45.

Closer to home, Horsham Joggers were also represented in the extremely muddy run that was the Dark Star River marathon. This is a 28-mile out and back course from Shoreham-by-sea, up to Partridge Green and back down along the banks of the River Adur. Completing it this year were Matt Whyman and Helen Woods. The pictures are courtesy of Jon Lavis.





On Sunday 4th Feb the club Challenge Trophy race season kicked off in glorious winter sunshine with the Chichester 10k at Goodwood. 39 Horsham Joggers in attendance and the first Jogger home was Richard Lee-Wright in 35:26 closely followed by Matthew Anstee-Brown 35:46 and Gary Tomlinson 36:11. Emma Comber was first HJ female with an impressive 44:22 PB! Other notable performance included PBs from Jo Tomlinson 51:03 and Samantha-Jane Scales 62:56. The Men's team achieved a creditable 9th place overall, while Emma Comber was joined by Nicola Rooney 51:32 and Julie Gallagher 53:22 in achieving a



result of 13th in the Female team rankings. Other times were: Dean Angell 37:04, Bryan Camfield 37:42, Simon Perkins 37:40, Steve Wigmore 38:45, Raff Vitale 39:03, David Jones 40:49, Paul Chantler 41:26, John Willcox 41:58, Stuart Adesilu 41:57, Will Green 42:52, Brian Frost 43:53, Guy Gilder 46:04, Lin Whiting 46:04, Keith Valentine 46:28, Alan Pettitt 47:18, Steven Entecott 47:09, Steve Wilson 48:46, Kevin Crocker 50:25, Neil Clarke 53:01, Karen Wigmore 53:54, Aimee Fenwick 54:20, John McSkimming 57:24, Paul Arnold 58:17, David Evans 58:22, Clare Dutfield 59:57, Laura Sowton 61:10, Steph Charman 61:47, Mick Duplock 62:26, Julia Johnson 62:27, Sally Arnold 66:29, Lorraine Hunter 67:11.



Also on the same day, 3 hj's took on the tough, hilly and muddy Bedgebury Trail 10 mile. Richard Cherriman was first in his age cat in 1:24:22 and Penny Barron was 2<sup>nd</sup> in her age cat in 1:28:46 closely followed by husband, Richard in 1:36:30. Rob Jochimsen joined the party by completing the 5 mile option in 49:07.

Again on the same day and not content with a club championship on the beautiful south downs and an iconic motor racing circuit, Margaret Wadman and Caroline Bransden competed in Portofino, Italy! Margaret in the half marathon and Caroline in the 10k, finishing in 2:09:35 and 1:01:37 respectively.

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On Sunday 11th Feb, the local race for the Horsham Joggers was the Worthing Half Marathon. This consisted of 8 miles on two different laps of the centre of Worthing, before running 2 miles out west to start the final 3 miles due east along Marine Crescent and Marine Parade, finishing at the Lido. Almost 50 Horsham Joggers took part, with a number of very creditable performances. Two which stood out were substantial



improvements to PBs for Emma Walters 1:42:30 and Geri Smith 1:45:27 demonstrating the benefits of putting effort into track training! Richard Lee-Wright 1:22:12, Matt Mason 1:26:26 and Harry Wilcox 1:26:50 were the first three HJ runners home, while Zoe Tetlow 1:38:31 was the first HJ female, claiming 4th place in her category. Penny Barron 1:52:21 celebrated her Birthday by achieving 3rd place in her category! Other times were: Paul Chantler 1:32:56, Matt Whyman 1:33:10, Stuart Adesilu 1:33:27, Mike Hibberd 1:33:46, Duncan Meadus 1:34:24, Mike O'Grady 1:34:28, Stuart Carruthers 1:35:41, Paul Aylett 1:37:34, Emma Comber 1:39:34, Jason Walker 1:40:40, Zak Comber 1:40:12, Jess Lee-Wright 1:41:21, Alan Pettitt 1:41:28, Keith Valentine 1:41:49, Theresa Ward 1:44:33, Richard Cornell 1:45:13, Peter Tyrrell 1:45:48, Steve Entecott 1:48:01, Mark Aylmore 1:50:02, Natasha Heasman 1:50:12, Nigel Blackbee 1:53.00, Phyl Weston 1:54:04, Clive Walker 1:54:08, Matt Senior 1:54:34, Hels Varcoe 1:58:29, Alan Jones 1:58:30, Lou Johnson 2:02:00, Neil Clarke 2:03:53,

Emma Whyman 2:05:12, Laura Sowton 2:07:56, Amanda Sullivan 2:10:09, Helen Mallows 2:10:48, Viv Underhill 2:12:20, Elisabeth Scott 2:12:29, James Munden 2:17:07, Fiona Clifton 2:19:53, Caroline Bransden 2:25:35, Dawn Whamond 2:26:26, Nicky Batchelor 2:27:00, Deborah Weller 2:27:39, Fiona Lear 2:27:47, Sue Hensman 2:30:29 and Carol Brown 2:39:51.



While most of the Horsham Joggers were at Worthing a select few made the trip to Harrow on the Hill for an undulating two-lap 10K race. Three good performances included Maldwyn Thornton 45:25, Saul Brignell 48:35 and Nici Eyre 1:03:45.

On Sunday 18<sup>th</sup> Feb, a select number of Horsham Joggers made the trip to Hampton Court on a bright Sunday morning for a scenic half marathon. Starting and finishing with loops around Thames Ditton, the middle portion of the race followed the Thames towpath to Kingston and back via Hampton Court Palace. First Horsham Jogger home was Peter Cutler in 1:44:36, followed by Richard Cornell in 1:47:07. Other finishers were Ali Shears 2:09:39, Emma Whyman 2:21:24, Sue Newman 2:22:35, Claire Tilson 2:26:39, Mick Duplock 2:42:05 and Crispin Scott 2:42:06.

Congratulations to all those who represented the club in the past six weeks and apologies if we missed anyone.