

HORSHAM 10K ROAD RACE





SUNDAY 20th MAY 2018 DISTRICT POST START 11.00am







START / FINISH: HORSHAM RUGBY CLUB, HAMMERPOND ROAD, HORSHAM, RH13 6PJ
This race is chip timed and part of the 2018 Sussex Grand Prix Series
Course record – 31m 45s – Toby Lambert (Winchester AC) 2015
RACE MEMENTO FOR ALL FINISHERS
5YR AGE GROUP TROPHIES/PRIZES FOR SM, SW, WV35 to 70, MV40 to 70

Closing date for all postal/on-line entries is midnight **13th May 2018** or the race limit of 500 entries. No requests for transfers will be accepted after this date and no refunds will be issued. Athletes who can no longer run are responsible for e-mailing transfer details to the Race Secretary, prior to 13th May, to:

hjracesecretary@gmail.com. Run to abide by UKA rules.

The course is classified as "multi-terrain" and is 2 laps, mainly on open roads with a section on bridleway.

Junior Fun Run (U16) of approx 1.2k - START 10.15am Entry £4.00 - Chip timed with memento for all finishers & age group winner trophies for U8, U10, U12, U14, U16

PROFITS FROM THIS RACE WILL BE DONATED TO HORSHAM JOGGERS NOMINATED CHARITIES

FOR ONLINE ENTRY VISIT: www.horshamjoggers.co.uk/horsham-10k Surname.......Address First Name..... Male / Female Gender Date of Birth/......(dd/mm/yy) Postcode..... Tel..... Club/team name..... Email..... *To pay the affiliated fee we must have your unique UKA race number Entry fee - cheques payable to Horsham Joggers Please tick as appropriate: Junior (U16 on race day) Unaffiliated runner £14 £4 П Affiliated runner* £12* All entries on race day £17 **TOTAL** =£ **DECLARATION:** I am medically fit to run and understand that I enter at my own risk. The race organisers and the officials appointed by them will in no way be held responsible for any injury or illness incurred to my person during or as a result of the event including any property lost or damaged while at the event. I agree to abide by UKA Rules for competition. Please

note that this is a competitive road race therefore we recommend a time limit of 90mins after which we cannot guarantee that the course will be fully marshalled. By signing this declaration you are agreeing that your information may be

Send entry form to: Race Secretary, 8 Nyes Lane, Southwater, West Sussex, RH13 9GP

shared with UKA and our partners