

## **RESULTS ROUND UP**

The West Sussex Fun Run League continued on Sunday 30<sup>th</sup> July with the Henfield Seven Stiles. James Boniface was first home in 31 minutes and 24 seconds followed by Miranda Huisman in 31.24 and Penny

Baron in 32.56. Other times, David Dawson 33.51, Stephen Entecott 34.20, Rob Jochimsen 34.25, Paul Yokom 36.00, John Booker 36.06, Derek Buckman 36.49, Ian Wilcox 37.35, Richard Barron 38.07, Viv Underhill 40.19, Finbarr Cotter 41.43, Margaret Wadman 42.25, Vikki Stevens 42.37, Laura Sowton 43.00, Caroline Bransden 44.14, John Berry 46.09, Lorraine Hunter 50.57, Stephanie Charman 50.58, Rita Cotter 51.18, Edna Clark 52.55, Christine Velarde 55.00, Anna Scott 57.30, Elisabeth Scott 57.30, Jane Adams 56.59, Victoria Saunders 59.59 and Jenny Boyd 60.22



On Wednesday 2<sup>nd</sup> Aug 18 brave joggers completed the WSFRL Highdown Hike in torrential rain and driving



winds. As you can see, some were in high spirits in the comfort of the clubhouse before the race! Matt Mason finished 13th in 25.09 followed by David Jones 26.37, Mike Hartland 27.48, Mike O'Grady 28.48, Rob Jochimsen 33.17, Derek Buckman 33.59, Dave Dawson 35.44, Walter Edgar 35.56, Viv Underhill 37.02, Alan Pettitt 37.56, Jo Hartland 41.45, Caroline Bransden 42.47, Steph Charman 45.37, Fiona Lear 48.15, Edna Clark 53.38, Lorraine Hunter 53.41, Christine Verlarde 53.41, Jenny Boyd 54.12, Jane Adams 55.28 and Victoria Saunders 59.47

With a short mid-summer break in the SGP and WSFRL race schedule, team hj found other ways to entertain themselves! On Sunday 6<sup>th</sup> Aug at the Harting 10 mile trail race - David Jones was first home in 1.13.12 then Paul Chantler 1.18.47, Mike O'Grady 1.21.00, Alan Pettitt 1.22.24, Rob Jochimsen 1.32.30, Derek Buckman 1.32.31, Finbarr Cotter 1.39.09, Richard Cherriman 1.40.42, Michelle Garratt 1.41.03, Caroline Bransden 1.47.16, and Elizabeth Scott 1.55.40

On Sunday 13<sup>th</sup> Aug Henfield half, in a field of 199, first Horsham Jogger across the line was Matt Whyman 1.38.08 followed by Ryan Stokes 1.39.49, Paul Chantler 1.44.55, Keith Valentine 1.45.33, John Dyckes 1.46.45, Alan Pettitt 1.47.19, Stephen Maskens 1.48.15, Emma Walters 1.55.19, Geri Smith 1.55.19, Paul Aylett 1.55.19, Mark Aylmore 2.00.00, Holy Wanless 2.03.16, John Booker 2.10.47, David Dawson 2.13.38,

Emma Whyman 2.13.56, Margaret Wadman 2.18.48 and Viv Underhill 2.30.30

On Sunday 20<sup>th</sup> Aug, 16 Horsham Joggers took part in the Hove Hornets Stinger (WSFRL). An extremely undulating course with spectacular scenery from the top of The Downs in bright sunny conditions. Ryan,



Rylee and Libby represented the club in the Junior race with Ryan coming 3rd out of a field of 43, with a brilliant time of 6 minutes for the mile race! Senior results were; Alan Pettitt 53:21, Miranda Huisman 54.46, Penny Barron 59.45, Rob Jochimsen 59.57, Derek Buckman 60.23, Dave Dawson 1.02.15, Richard Barron 1.03.25, Finbarr Cotter 1.05.31, John Berry 1.05.59, Viv Underhill 1.07.30, Margaret Wadman 1.11.03, Steph Charman 1.18.37, Lorraine Hunter 1.18.36, Rita Cotter 1.18.37, Fiona Lear 1.21.54 and Jenny Boyd 1.32.57

On Saturday 26<sup>th</sup> Aug Mal Thornton and Paul Burgess decided to do 13-The Hard Way (a Sussex Trail Event). Both ran strongly finishing in 2.06.20 and 2.35.25 respectively.



Then on Sunday 27<sup>th</sup> at the SGP Will Page 10K, Raff Vitale lead them home in 42.46 followed by Paul Chantler 46.26, Alan Pettitt 49.55, Paul Yokom 51.00, Penny Barron 53.26, Richard Barron 58.52, Margaret Wadman 59.50, Paul Arnold 63.48, Crispin Scott 71.37, Mick Duplock 71.37, Sally Arnold 71.57 and Claire Burrows 72.19

And on the same day at the Arundel Castle 10K - Paul Oakley finishing a fantastic 5th in 39.46 other finishers were Kate Short 52.57, Lorraine Treadwell 56.32, John Booker 56.58, Lou Johnson 60.32, Tabitha Atkinson 62.11, Colette Landellis 62.18, Vikki Stevens 62.38, Lorraine Hunter 66.47, Steph Charman 67.59, Deb Weller 69.45, Fiona Lear 75.08, Heidi Chaney 76.30 and Christine Verlarde 77.25 with Lorraine Hunter finishing first in her age category!

Then the late summer bank holiday arrived with glorious sunshine (a novelty!) and at the Kings Head Canter 5K in Chiddingly, Neil Boniface took an excellent 3rd in 15.52 while, at the same time, 11 teams set out on the gruelling 29 mile annual Horsham Round, a "just for fun" relay event

broken down into 7 stages starting in Horsham Park and taking in the villages and hamlets of Mannings Heath, Colgate, Old Holbrook, Warnham, Rowhook, Slinfold, Itchingfield and Denne Park. Horsham Joggers put in 6 teams and were joined by teams from Saints and Sinners, Run Horsham, Crawley Run Crew, Horley Harriers and Mels Milers. All teams finished with a wonderful family BBQ in the park and well earned hydration!

On Saturday 2<sup>nd</sup> Sept Horsham Parkrun celebrated its third birthday with a record attendance of an incredible 548 runners. Horsham Jogger Neil

Boniface was the first to get to the cake finishing in 15 minutes and 43 seconds.



Then on Sunday 3<sup>rd</sup> Sept, 23 members of the club tackled the Fittleworth 5-mile race as part of the West Sussex Fun Run League. Mal Thornton was first clubman home in 34 minutes and 40 seconds followed by David Jones in 35.26. Other times: Mike O'Grady 35.55, Derek Buckman 43.09, Penny Barron 44.16, Nigel Blackbee 45.18, David Dawson 46.34, Richard Barron 46.57, Viv Underhill 48.35, Danielle Dickinson 48.43, John Berry 49.38, David Evans

49.57, Jo Hopkins 50.47, Michael Saunders 50.55, Dean Angell 53.45, Stephanie Charman 55.34, Nici Eyre 55.45, Lorraine Hunter 55.46, Sue Newman 56.26, Edna Clark 58.01, Carol Brown 58.53, Fiona Lear 59.46 and Jenny Boyd 1.07.06

Also on the same day, father and son Horsham Joggers Dan and Alan Pettitt competed in very different events; Young Dan competed at the Sussex Championships at the K2 in Crawley and completed 3k on the track finishing 2nd in a marvellous 9 minutes 25 seconds while dad, Alan, attempted the slightly more challenging London to Brighton Ultra Marathon. He started in Blackheath at 6:15 am finishing exhausted wet and cold in Brighton some 13 hours 20 minutes later. Further afield, Helen Woods went for a trot around Mont Blanc completing 55 miles of the Ultra Trail race with over 6000m of ascent!

Autumn racing continued on 10<sup>th</sup> September with the Littlehampton 10K. A strong wind for the final 2 kilometres proved testing and Mark Greet was first clubman home in 37 minutes 46 seconds. Rebecca Rankin was the second Horsham Jogger to finish in 41 mins 27 seconds with John Dyckes finishing strong in the age 61+ category with 44.11. Other times: Guy Gilder 44.29, Saul Brignell 45.32, James Boniface 46.21,

Matthew Senior 48.02, Mark Aylmore 48.44, Will Green 49.46, John Booker 53.12, Tabitha Atkinson 54.20, Jo Hopkins 53.48, Victoria Fionda 56.19, Julie Glassford 56.40, Keith Chaney 59.14, Claire Butler 1.04.36, Hayley Blaskett 1.08.37, Kirstie Greenwell 1.09.33, Jo Newton Smith 1.09.10, Heidi Chaney 1.11.02, Ashley Wilkinson 1.12.49, Sharon Burchett 1.21.58, Clare Brown 1.29.26. A small contingent of Joggers competed in another 10K around the undulating lanes of Hellingly. Brian Frost completed the race in 46 minutes 31 seconds with Margaret Wadman at 59.12. Other times: Paul Aylett 1.07.30, Mick Duplock 1.07.30, Paul Arnold 1.07.38.





Also on the same day, Crispin Scott completed the stunning New Forest marathon in creditable 3 hours and 44 minutes and further afield in the north-east, 9 hj members took part in the Great North Run (half marathon) with Dan Pettitt first jogger home in 1.18.34 closely followed by Gary Wilkinson 1.32.53, Geri Smith 1.49.56 (new PB!), Paul Yokom 1.51.23, Penny Barron 1.51.52, Richard Barron 2.06.37, Grace Newton 2.29.32, Claire Burrows 2.32.31 and Fiona Lear 2.33.02.

Congratulations to all those who represented the club in the past six weeks and apologies if we missed anyone.