

RESULTS ROUND UP

Sunday 4th June saw a large team of Joggers at the Worthing 10K. Paul Oakley was the first jogger home in 37.25 swiftly followed by Pete O'Connell in 38.01 with Rebecca Gatinessi the first female in 48.39. Other results from Worthing included Paul Adams 40.03, Mike O'Grady 41.25, Colin Ashby 42.24, Keith Valentine 45.33, Lorraine Treadwell 49.25. Four joggers also raced the Dorking 10 mile with Matt Mason first home in 1.06.57 followed by Stuart Carruthers in 1.08.18. Wendy and Tony Mason followed in 1.24.41 and 1.41.10 respectively.

On Sunday 11th June a large contingent of Horsham Joggers in action at Hove Park to race in a 5km event as part of the very popular West Sussex Fun Run League. Harry Wilcox and Paul Adams were the first club members home in 19.02 and 19.03 respectively. Other club members finishing times were 19.37 Raff Vitale, 22:21 Miranda Huisman, 22:33 Alan Pettitt, 23:29 Ian Wilcox, 23:37 Michelle Garrett, 23:42 David



Dawson, 23:55 Penny Barron, 24:48 Derek Buckman, 24:55 Rob Jochimsen, 25:36 Richard Barron, 25:38 Viv Underhill 26:17 Finbar Cotter 27:47 Elisabeth Scott, 28:02 Fiona Clifton, 28:21 Caroline Bransden, 28:25 Amanda Riley, 29:09 John Berry, 29:14 Lorraine Hunter 30:08 Stephanie Charman, 30:52 Rita Cotter, 32:54 Edna Clark, 33:44 Fiona Lear, 34:44 Christine Verlander, 36:20 Jane Adams, 39:43 Jenny Boyd. Special mention to our four young joggers who took part in the junior race. Further afield Mike O'Grady travelled to the Channel Islands to race in the Jersey Half Marathon finishing in a very commendable 1.32.33.



Saturday 17th June was a blisteringly hot day and only mad dogs and twelve Horsham Joggers went out into the midday sun to compete in the South Downs Marathon Relay. The hardy runners formed three teams with the team of Richard Cherriman, Rob Jochimsen, Ian Wilcox and Derek Buckman finishing in 30th place with a combined time of 3 hours 57 mins and 8 seconds. Sheryl Garratt, Penny Barron, Paul Thornton and Phil Liberman coming in 37th place in 4.03 59 and Liz Scott, Fiona Clifton, Viv Underhill and Caroline Bransden finishing in 86th place with a time of 5.06.00.

In complete contrast Finbarr Cotter raced the cooler Midnight Sun Half Marathon in Tromso, Norway. Experiencing 24 hour daylight and incredible scenery Finbarr finished in 1 hour 58 mins and 43 seconds.

On Sunday 24th June a group of 11 hj's took to the beautiful lanes around Heathfield for the annual SGP 10k race. The challenging course proved to be just as daunting as usual but some fine performances were still delivered with Paul Aylett 47.11 bringing it home as first hj male and Penny Barron 53.54 first hj female. Other club member finishing times were 49.28 Alan Pettitt, 51.07 Paul Yokom, 57.02 Neil Clarke, 1.02.35 Caroline Bransden, 1.02.43 Margaret Wadman, 1.03.34 Paul Arnold, 1.08.27 Mick Duplock, 1.08.27 Julia Johnson and 1.13.39 Claire Burrows.



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Sunday 2nd July was another hot day for the annual Bewl 15 miler with team hj mixing it up with athletics royalty! Tiarnan Cotter was first hj and an incredible 19th overall in 1.36.34 with Emma Comber first hj lady in 2.16.56. Other team results were 2.05.44 Alan Pettitt, 2.06.36 Brian Frost, 2.17.49 Richard Cherriman, 2.21.22 Phyl Weston, 2.21.43 Paul Yokom, 2.27.52 Derek Buckman, 2.35.36 Rob Jochimsen, 2.38.01 Lou Johnson, 2.45.20 Finbar Cotter, 2.45.54 Margaret Wadman, 3.04.14 Sue Hensman and 3.22.11 Claire Burrows.



On a hot Wednesday evening on the 5th July, the Round Hill Romp in Steyning attracted 25 eager Horsham Joggers. First clubman to finish was Trevor Barrett in 41 mins 26 secs followed by Pierre Ribul-Conte in 41.51 and David Jones was third jogger home in 43.14. Other finishers, Mal Thornton 44.34, Paul Adams 44.57, Alan Pettitt 50.38, Emma Walters 51.21, Alan Maclachlan 52.30, Richard Cherriman 53.15, Lin Whiting 54.13, Richard Cornell 55.33,

Mike O'Grady 55.40, Miranda Huisman 55.40, Dave Buckman 55.42, John Booker 58.47, David Dawson, 58.56, Holly Wanless 59.01, Richard Barron 1.02.26, Viv Underhill 1.03.24, Rebecca Walsh 1.12.09, Stephanie Charman 1.15.14, Lorraine Hunter 1.15.26, Jane Adams 1.31.00, Jenny Boyd 1.31.09 and Victoria Saunders 1.31.53.

The club was also present at the Cranleigh 10K with Dan Pettitt taking second place in 37 minutes 34 seconds followed by Paul Oakley in 38.33. Other club members: Alan Pettitt 48.21, Simon Rhodes 57.39, Stephanie Charman 1.06.33, Lisa Bowler 1.08.45 and Karen Rhodes 1.10.28.



Wednesday 12th July saw a large proportion of the Horsham Joggers head to the coast with 22 club members in action at the Phoenix 10K in Brighton. Neil Boniface was the first Horsham man home in 33 minutes 40 seconds followed by Richard Lee-Wright in 35-41. Geri Smith was the first club woman crossing the line in 49.44.

Meanwhile further along the coast in Littlehampton over 35 of the club were competing in the Arunners Beach Run with Matt Mason finishing in 31-25 followed by David Jones in 32-13 and Paul Aylett in 34-52. Emma Comber was the first female Horsham Jogger home in 36.05. As tradition dictated the summer evening finished with the club members enjoying a well earned fish and chip supper on the seafront!



Sunday 16th July saw five of the club competing in the Harry Hawkes 10 miler at Thames Ditton with David Jones finishing in 1 hour 11 mins and 5 seconds. Other results, Mike O'Grady 1.13.30, Emma Coomber 1.17.53, Rob Jochimsen 1.26.31 and Finbarr Cotter 1.47.13.



Summer evening racing continued on Wednesday 19th July with the Wakehurst Willow 8K in the beautiful surroundings of Wakehurst Place. On a tough, hilly course Maldwyn Thornton was the first Horsham Jogger home in 34 minutes 14 seconds followed by Matt Whyman in 36.12 and Emma Walters in 37.32. Other results: Paul Aylett 37.33, Alan Maclachlan 38.18, Emma Coomber 39.13, Mark Gibson 39.28, Simon

Gledhill 42.01, Neil Stanley 42.01, Geri Smith 42.57, Victoria Robins 43.54, Penny Barron 45.13, Matt Senior 47.10, Simon Rhodes 47.15, Andy Robins 48.02, Melanie Bullen 48.45, Paul Arnold 50.14, Louise Johnson 50.31, Kirstie Greenwell 50.56, Julie Glassford 50.57, Caroline Daykin 52.37, Jenny Stannard 54.30, Emma Whyman 54.30, Richard Cornell 55.16, Stephanie Charman 56.43, Lorraine Hunter 57.19, Christine Velarde 59.26, Jeannie Burton 59.59, Fiona Lear 59.59, Heidi Chaney 66.59, Deborah Weller 67.00.

Three Horsham Joggers braved the unseasonably wet and cold weather on Saturday 22nd July. Running through the twilight to compete in the LUNAR-TIC trail marathon night race with Alan Pettit the first clubman home in 3 hours 58 minutes followed by Chris Yeomans and Peter Thirkettle both in 5 hours 22 minutes.

Finally, a small but finely tuned group of hj's trekked to East Sussex on Wednesday 26th July to take on the latest SGP race in challenging conditions. Mikey O'Grady 20:26 took the 1st V3 age category trophy and was closely followed by Penny Barron 24:00, Paul Arnold 26:50, Margaret Wadman 27:24 and Sally Arnold 32:17.



Well done to all who represented the club this month and apologies if we missed anyone!