

Horsham 10K Horsham 10K
 Overall Finish List
 May 17, 2015
 Results By ChiptimingUK

Place	Name	Team	Bib No	Age Group	Chip Time	Gun Time
1	Toby Lambert		420	1 M 1-39	31:44	31:45
2	Neil Boniface	Horsham Joggers	1	2 M 1-39	32:55	32:56
3	DEAN HENEGHAN	Horsham Joggers	417	3 M 1-39	34:48	34:50
4	Tim Lunnon	Brighton & Hove AC	356	4 M 1-39	35:07	35:09
5	Robbie James	Lewes AC	461	1 M 40-44	36:02	36:04
6	Michael Hobbs	0	413	5 M 1-39	36:20	36:22
7	David Ayling	Hailsham Harriers	368	6 M 1-39	36:29	36:30
8	Simon Fletcher	Seaford Striders RC	35	1 M 50-54	36:33	36:35
9	Dan Vaughan	Arena 80 AC	14	2 M 40-44	36:50	36:51
10	Amy Harris		353	1 F 1-34	37:11	37:14
11	James Clarke	Wadhurst Runners	433	1 M 45-49	37:18	37:20
12	Richard Lee-Wright	0	411	7 M 1-39	37:32	37:37
13	Joe Bardey		181	8 M 1-39	37:47	37:50
14	Allan Jackson	Lewes AC	278	2 M 45-49	37:50	37:50
15	Mark Davies		349	3 M 40-44	37:55	37:55
16	Jack Chivers	Haywards Heath Harriers	16	9 M 1-39	37:57	38:00
17	Steve Wigmore	Horsham Joggers	178	2 M 50-54	37:55	38:02
18	Jonathan Burrell	Lewes AC	378	3 M 50-54	38:10	38:10
19	Daniel Evans		330	10 M 1-39	38:12	38:17
20	Duncan Meadus		6	4 M 40-44	39:06	39:10
21	alan thornnton	Hailsham Harriers	253	1 M 55-59	39:08	39:10
22	Phil Payne	Haywards Heath Harriers	354	11 M 1-39	39:08	39:11
23	Michael Burke	Haywards Heath Harriers	427	12 M 1-39	39:08	39:12
24	Elsbeth Turner	Horsham Blue Star Harriers	458	1 F 50-54	39:10	39:13
25	stuart bellis	Arunners RC	142	5 M 40-44	39:14	39:14
26	Darren Keane	Hercules Wimbledon AC	369	13 M 1-39	39:11	39:15
27	David Woollard	Heathfield RRC	364	14 M 1-39	39:22	39:24
28	Jason Russell	Haywards Heath Harriers	208	6 M 40-44	39:25	39:30
29	Kim Lo	Haywards Heath Harriers	357	1 F 35-39	39:32	39:35
30	Robert Coomber	Haywards Heath Harriers	387	15 M 1-39	39:54	39:57
31	Lance Bellers	Brighton Phoenix	274	4 M 50-54	39:59	40:01
32	Steve Mitchell	Horsham Joggers	352	3 M 45-49	40:04	40:04
33	Rowan Baker	Heathfield RRC	344	16 M 1-39	40:01	40:05
34	Sue Fry	Hailsham Harriers	74	1 F 40-44	40:02	40:06
35	Paul Adams	Horsham Joggers	13	5 M 50-54	40:15	40:19
36	Trevor Barrett		429	17 M 1-39	40:27	40:33
37	Wayne Kinsnorth	Saints & Sinners	135	18 M 1-39	40:32	40:41
38	David Kellond	Eastbourne Rovers AC	367	19 M 1-39	40:43	40:48
39	Russell Gardham		434	4 M 45-49	40:47	40:51
40	david salmons	Wadhurst Runners	154	5 M 45-49	41:07	41:11
41	Matthew Furber		466	20 M 1-39	41:13	41:16
42	John Willcox	Horsham Joggers	315	6 M 45-49	41:15	41:19
43	Joscelin Lowden	Lewes AC	391	2 F 1-34	41:17	41:19
44	Andy Stadden	Arunners RC	365	6 M 50-54	41:22	41:26
45	Phil Robinson	Seaford Striders RC	284	7 M 50-54	41:26	41:31
46	Kim Foo	Heathfield RRC	144	2 M 55-59	41:27	41:33
47	Liz Lumber	Hailsham Harriers	75	1 F 45-49	41:38	41:38
48	Richard Coates		370	7 M 40-44	41:39	41:44
49	Dominic Osman-Allu	Lewes AC	437	8 M 50-54	41:38	41:45
50	Clare Richer		438	2 F 45-49	41:38	41:52
51	Helen Sida	Lewes AC	237	3 F 45-49	41:44	41:52
52	Howard Booth	Haywards Heath Harriers	346	21 M 1-39	41:45	41:52
53	Edwin Graham		109	22 M 1-39	41:49	41:55
54	Scott Hitchcock	Seaford Striders	451	23 M 1-39	41:54	41:58
55	Michael Campbell		116	24 M 1-39	41:57	42:02
56	Georgie Gair		347	3 F 1-34	42:10	42:15

57	Kevin Cockram	Wadhurst Runners	316	7 M 45-49	42:23	42:23
58	Artur Kurczak	Arunners RC	251	25 M 1-39	42:20	42:25
59	David Jones	Portslade Hedgehoppers	183	8 M 45-49	42:31	42:31
60	Giles Bowmer	Hailsham Harriers	268	26 M 1-39	42:37	42:39
61	Andrew Haig	Brighton Phoenix	68	1 M 65-69	42:45	42:49
62	Neil Pirie		383	8 M 40-44	42:49	42:53
63	Per Hjalmarsson		460	27 M 1-39	42:53	43:03
64	Phil Grabsky	Brighton Phoenix	63	9 M 50-54	43:02	43:06
65	John Colletti	Lingfield RC	310	9 M 40-44	42:59	43:07
66	Duncan Briffett		319	10 M 40-44	43:03	43:12
67	Kennagh Marsh	Crawley AC	277	4 F 1-34	43:10	43:12
68	Johanna Terry	0	395	2 F 35-39	43:04	43:13
69	ian davis	Hailsham Harriers	361	11 M 40-44	43:20	43:22
70	mark holmes		7	10 M 50-54	43:33	43:40
71	Steve Light		303	12 M 40-44	43:32	43:42
72	Simon Lenton		227	28 M 1-39	43:50	43:50
73	Pierre-Alain RuffiÃ©		211	29 M 1-39	43:44	43:50
74	David Coulson	Hailsham Harriers	476	11 M 50-54	43:42	43:51
75	Darren Howe	Horsham Joggers	331	9 M 45-49	43:49	43:54
76	Iain Campbell	Horsham Joggers	184	3 M 55-59	43:58	44:04
77	Nick Ashby	Horsham Joggers	8	13 M 40-44	43:59	44:05
78	terry avey	Brighton Phoenix	37	1 M 60-64	44:04	44:07
79	Chris Bainbridge		48	30 M 1-39	43:57	44:08
80	Tracey Wheeler		478	3 F 35-39	44:06	44:09
81	Edward Draper		112	31 M 1-39	43:59	44:10
82	Craig James	0	403	32 M 1-39	44:04	44:11
83	Ralph Bernascone	Henfield Joggers	174	2 M 65-69	44:09	44:17
84	Ian Hilder	Lewes AC	79	4 M 55-59	44:15	44:24
85	Tim Pike		324	10 M 45-49	44:22	44:29
86	Jocelyn McDermid		276	4 F 35-39	44:27	44:31
87	Karen Durkin		327	2 F 50-54	44:27	44:35
88	Stephen Wilson	Horsham Joggers	309	2 M 60-64	44:32	44:37
89	Simon King		89	33 M 1-39	44:31	44:40
90	Jason Cohen	0	400	14 M 40-44	44:35	44:42
91	Sarah Marsh		418	4 F 45-49	44:38	44:43
92	Linda Bacon		219	3 F 50-54	44:37	44:44
93	Ian Turnbull	Hailsham Harriers	163	11 M 45-49	44:36	44:45
94	Carl Bicknell	Haywards Heath Harriers	43	12 M 50-54	44:46	44:50
95	Keith Moss		440	34 M 1-39	44:45	44:51
96	Alex McNicol		441	35 M 1-39	44:41	44:52
97	Brian Frost	Horsham Joggers	110	5 M 55-59	44:47	44:56
98	Katherine Emery	Lewes AC	148	5 F 1-34	44:49	44:56
99	Richard Burge		323	12 M 45-49	44:49	44:57
100	Paul Yokom	Horsham Joggers	294	15 M 40-44	44:48	44:59
101	Tony Lavender	Heathfield Road runners	471	16 M 40-44	44:56	45:02
102	Andrew Wilson		257	17 M 40-44	44:58	45:03
103	Stuart Condie	Burgess Hill Runners	340	6 M 55-59	44:54	45:03
104	James Bell		77	36 M 1-39	44:35	45:04
105	Oscar Vallance	0	406	37 M 1-39	45:03	45:12
106	Bryan Tiller	Haywards Heath Harriers	275	13 M 50-54	45:11	45:16
107	Helena Rooney		308	6 F 1-34	45:07	45:19
108	Laurence Carpenter	Horsham Joggers	382	38 M 1-39	45:13	45:25
109	Karin Divall	Lewes AC	321	1 F 55-59	45:20	45:28
110	Carol-anne Davies-jones	Horsham Joggers	241	5 F 35-39	45:22	45:30
111	Vic Dooley		432	13 M 45-49	45:24	45:30
112	danny mclaughlin	Orpington Road Runners	389	14 M 50-54	45:38	45:38
113	Shelley Cornes	Lewes AC	252	7 F 1-34	45:32	45:40
114	Peter Weeks	Seaford Striders RC	180	3 M 60-64	45:36	45:41
115	Zak Comber	Haywards Heath Harriers	423	39 M 1-39	45:33	45:48
116	Christopher Lee	Horsham Blue Star Harriers	215	7 M 55-59	45:40	45:49
117	Emma Comber	Horsham Joggers	45	6 F 35-39	45:46	45:53
118	Jacqueline Sheppard	Arunners RC	263	4 F 50-54	45:42	45:55
119	beverley chapman	Heathfield RRC	267	5 F 45-49	45:55	46:02

120	Natasha Swan	Seaford Striders RC	157	2 F 40-44	45:59	46:05
121	Karl Banister		355	14 M 45-49	45:41	46:10
122	Mark Gibson	0	408	40 M 1-39	45:58	46:17
123	Sheri Halfacree	Arunners RC	36	3 F 40-44	46:06	46:20
124	Mark Bird		198	18 M 40-44	46:21	46:21
125	Guy Gilder	Horsham Joggers	261	15 M 50-54	46:14	46:23
126	Samantha Ridley	Haywards Heath Harriers	396	5 F 50-54	46:21	46:26
127	Jon Kirkman		41	15 M 45-49	46:06	46:33
128	Mark Aylmore		126	41 M 1-39	46:22	46:33
129	Sarah Harris	Horsham Amphibians Tri	465	8 F 1-34	46:26	46:37
130	Karen Broomer		345	9 F 1-34	46:32	46:42
131	sorcha Cotter	0	412	10 F 1-34	46:38	46:44
132	Duncan Lade		226	19 M 40-44	46:35	46:46
133	Alan Pettitt	Horsham Joggers	254	16 M 50-54	46:42	46:47
134	Matthew Payne	Horsham Joggers	204	20 M 40-44	46:46	46:58
135	graham douglas		11	17 M 50-54	46:47	47:02
136	Abigail Keeling	0	404	4 F 40-44	46:51	47:02
137	Rebecca Gattinesi		164	11 F 1-34	46:50	47:03
138	David Heyes		390	21 M 40-44	46:49	47:04
139	Amanda Soper	Haywards Heath Harriers	115	6 F 45-49	47:04	47:07
140	Gary Smith	Heathfield RRC	337	16 M 45-49	47:02	47:12
141	Sarah Banks	Haywards Heath Harriers	69	7 F 45-49	47:04	47:14
142	Rob Cozens		262	17 M 45-49	47:09	47:16
143	Miranda Huisman		161	8 F 45-49	47:07	47:17
144	Matthew Tandy	Arunner RC	430	22 M 40-44	47:15	47:20
145	James Pringle		98	42 M 1-39	47:01	47:24
146	Lorraine Treadwell		455	6 F 50-54	47:14	47:24
147	Ronald Shannon	Horsham Blue Star Harriers	457	8 M 55-59	47:18	47:26
148	Matthew Quinton	Haywards Heath Harriers	342	43 M 1-39	47:14	47:29
149	Peter Burfoot	Wadhurst Runners	242	4 M 60-64	47:23	47:32
150	James Banner		173	44 M 1-39	47:15	47:33
151	Tracey Sargent		145	12 F 1-34	47:26	47:33
152	James Boniface		65	23 M 40-44	47:35	47:41
153	Stewart Gasson	Uckfield Runners	139	45 M 1-39	47:09	47:42
154	Emma Catlow	Horsham Joggers	235	5 F 40-44	47:38	47:47
155	Nick Bellinger		285	46 M 1-39	47:32	47:48
156	Hannah Bates	Wadhurst Runners	394	13 F 1-34	47:45	47:50
157	Alan Hards	Seaford Striders RC	192	18 M 45-49	47:40	47:51
158	Christian Morton	Seaford Striders	446	19 M 45-49	47:52	47:57
159	Rebecca Chapman		386	6 F 40-44	47:58	48:06
160	Ross McGovern		93	47 M 1-39	47:38	48:11
161	Janice Lockyer	Worthing & District Harriers	265	7 F 40-44	48:04	48:12
162	Richard Harwood		54	20 M 45-49	47:57	48:14
163	Richard Page	Uckfield Runners	307	9 M 55-59	47:44	48:18
164	Stewart Mackman	Horsham Blue Star Harriers	322	10 M 55-59	48:07	48:18
165	Sue Harris	Horsham Amphibians Triathlon Club	317	2 F 55-59	48:16	48:27
166	Seb Pearce	0	407	18 M 50-54	48:13	48:27
167	Brian Grigg		172	24 M 40-44	48:07	48:28
168	Sam Bowden		280	48 M 1-39	47:57	48:28
169	David Nottidge	Lingfield RC	358	11 M 55-59	48:20	48:29
170	Katherine Buckeridge	Haywards Heath Harriers	426	9 F 45-49	48:23	48:33
171	Nick Jenkins		300	49 M 1-39	48:09	48:34
172	Tess Davison		299	14 F 1-34	48:08	48:34
173	richard guest	Portslade Hedgehoppers	333	21 M 45-49	48:30	48:41
174	Gary Curran		196	25 M 40-44	48:33	48:42
175	Matthew Gordon		151	26 M 40-44	48:22	48:43
176	Eddie Winter	Arena RC	450	22 M 45-49	48:36	48:45
177	Mike Branfield		9	19 M 50-54	48:54	48:54
178	Andrew Beales		166	50 M 1-39	48:29	49:01
179	Robert Chandler		111	51 M 1-39	48:53	49:05
180	Claire Keith	Seaford Striders RC	283	15 F 1-34	48:59	49:06
181	Faye Noble-Evans		380	7 F 35-39	48:37	49:11
182	Richard Cherriman		302	20 M 50-54	48:53	49:14

183	Niamh Donnelly		33	16 F 1-34	49:05	49:18
184	Sam Patterson		363	12 M 55-59	49:07	49:21
185	Ilidia Campbell	Henfield Joggers	318	3 F 55-59	49:09	49:31
186	Lisa Jackson	Lewes AC	279	10 F 45-49	49:20	49:33
187	Paul Burgess	Horsham Joggers	421	23 M 45-49	49:34	49:34
188	Wendy Fettner		444	4 F 55-59	49:19	49:35
189	Peter Hamilton	Lingfield RC	179	21 M 50-54	49:06	49:36
190	John Tighe	Crowborough Runners	272	22 M 50-54	49:26	49:37
191	Stephen Webb		372	52 M 1-39	49:27	49:39
192	Pete Robinson		292	53 M 1-39	49:24	49:40
193	Ray Aylmore		58	5 M 60-64	49:19	49:42
194	Paulette Smith	Heathfield RRC	238	8 F 40-44	49:38	49:46
195	Mark Coates		442	54 M 1-39	49:50	49:50
196	Neil Burchett	Lingfield RC	399	13 M 55-59	49:40	49:53
197	Sue Newman	Crowborough Runners	341	11 F 45-49	49:42	49:54
198	James White	0	415	55 M 1-39	49:42	50:00
199	Tom Gaule		245	14 M 55-59	49:34	50:02
200	Robert White		121	23 M 50-54	49:49	50:04
201	Daniel Price	Horsham Joggers	25	24 M 50-54	50:02	50:10
202	Lisa Maurice		291	12 F 45-49	49:50	50:17
203	Wendy Mason	Horsham Joggers	129	7 F 50-54	50:06	50:22
204	Helen O'Sullivan	Hailsham Harriers	304	8 F 35-39	50:08	50:22
205	Helen Neary	Wadhurst Runners	448	1 F 60-64	50:26	50:26
206	Karen Wigmore	Horsham Amphibians Triathlon Club	177	5 F 55-59	50:25	50:37
207	Justin Marsden		85	27 M 40-44	50:08	50:39
208	Stuart Bailey		281	56 M 1-39	50:08	50:39
209	John Crayford		186	28 M 40-44	50:31	50:40
210	Geoff Fisher	Horsham Joggers	392	6 M 60-64	50:31	50:42
211	Robert webber	Seaford Striders	428	15 M 55-59	50:36	50:44
212	Craig James	Comets Road Running Club	217	25 M 50-54	50:39	50:45
213	Bill Darbyshire		282	16 M 55-59	50:31	50:49
214	rebecca falzon		222	9 F 40-44	50:30	50:49
215	Mark Chopin	Mel's Milers Jogging Club	269	17 M 55-59	50:36	50:51
216	Colin Shaw	Mel's Milers Jogging Club	165	1 M 70-99	50:40	50:51
217	Paul Green		288	57 M 1-39	50:40	50:53
218	Mark Mcpate		220	58 M 1-39	50:49	51:03
219	Chris Lees		468	24 M 45-49	50:57	51:16
220	Marion Hemsworth	Haywards Heath Harriers	86	2 F 60-64	51:04	51:19
221	Ian Nicholson	Horsham Joggers	106	3 M 65-69	51:10	51:25
222	Sally Kennedy		463	9 F 35-39	51:13	51:34
223	Conor Lutton		459	59 M 1-39	51:22	51:40
224	steve Evans		350	29 M 40-44	51:20	51:43
225	Tomm Brooker	Crawley AC	59	18 M 55-59	51:28	51:44
226	Robert Trice		194	19 M 55-59	51:24	51:50
227	Owen Pigott		425	30 M 40-44	51:26	51:52
228	Guy Wates	Lingfield RC	449	25 M 45-49	51:42	51:52
229	Frances Morris		175	10 F 35-39	51:33	51:54
230	Rachael Donnelly		32	10 F 40-44	51:42	51:56
231	Derek Buckman		314	20 M 55-59	51:37	51:59
232	Kelly Thompson		240	17 F 1-34	51:48	52:05
233	IAN READER	Arunners RC	224	21 M 55-59	52:09	52:26
234	Wendy Shepherd		87	11 F 35-39	52:12	52:30
235	Michael Tucker		286	4 M 65-69	52:12	52:35
236	Manny Pinon-Martinez		305	26 M 45-49	52:12	52:36
237	Steven Fairbrother		17	31 M 40-44	52:27	52:42
238	Philip Hedges	Horsham Joggers	379	22 M 55-59	52:22	52:44
239	Nikki Dow		76	11 F 40-44	52:24	52:48
240	Mark Dewdney		39	26 M 50-54	52:33	52:52
241	Amanda Hall	0	397	12 F 40-44	52:35	52:53
242	tony woollard		132	23 M 55-59	52:39	52:56
243	Lisa Compton	Lingfield RC	190	6 F 55-59	52:29	52:57
244	Tim Jordan		70	32 M 40-44	52:47	53:00
245	Katharine Wickington		82	18 F 1-34	52:48	53:07

246	Adam Whitlock		26	60 M 1-39	52:46	53:08
247	Paul Allerton		297	27 M 45-49	52:46	53:09
248	Mark Constantine		97	61 M 1-39	52:48	53:11
249	Chris Glanfield	Haywards Heath Harriers	287	62 M 1-39	52:56	53:12
250	David Feintuck	Lewes AC	230	7 M 60-64	53:00	53:19
251	Amanda Sullivan	Horsham Joggers	335	8 F 50-54	53:11	53:24
252	Paul Spicer		293	28 M 45-49	53:05	53:33
253	Ravi Cautick	Larkfield Athletics Club	332	63 M 1-39	53:14	53:34
254	HELEN VAN YPEREN		84	13 F 45-49	53:14	53:39
255	David Lloyd	0	410	64 M 1-39	53:09	53:40
256	Kerry Kipling	Brighton & Hove AC	376	14 F 45-49	53:10	53:41
257	Nicola Rooney		138	12 F 35-39	53:16	53:46
258	Shelagh Robinson	Haywards Heath Harriers	424	13 F 40-44	53:30	53:48
259	Nicholas Salmon		18	29 M 45-49	53:55	54:02
260	Graeme Wallace		202	24 M 55-59	53:48	54:05
261	Mark Piper	Lingfield RC	328	27 M 50-54	53:52	54:07
262	Stuart Andrews		19	65 M 1-39	53:32	54:10
263	Angela Moore		117	19 F 1-34	53:47	54:13
264	Jeremy Ramsden		436	66 M 1-39	53:37	54:14
265	Richard Shipton		264	67 M 1-39	53:47	54:19
266	Francesca Smallridge		120	13 F 35-39	53:48	54:19
267	Rob Burnard		422	25 M 55-59	54:08	54:20
268	Paul Crate		445	8 M 60-64	54:04	54:23
269	timothy knaves		384	33 M 40-44	54:17	54:24
270	rachel Wilson	Heathfield Road runners	453	14 F 40-44	54:15	54:28
271	Abbey Filsell	Haywards Heath Harriers	405	14 F 35-39	54:13	54:31
272	Holly Wanless		312	20 F 1-34	54:10	54:33
273	Victoria Reddington		60	15 F 35-39	54:12	54:36
274	Alice Wanless		313	21 F 1-34	54:15	54:38
275	wendy whelan	Arunners RC	152	1 F 65-69	54:30	54:42
276	Klara Boarder	Haywards Heath Harriers	452	16 F 35-39	54:25	54:44
277	Daniel Ransom		443	68 M 1-39	54:10	54:46
278	Peter Clements		479	69 M 1-39	54:39	54:51
279	Marie MacNeill		232	15 F 40-44	54:39	54:52
280	John O'Toole	Petts Wood Runners	105	34 M 40-44	54:40	54:54
281	Roger Johnson		188	28 M 50-54	54:24	54:55
282	Richard Clarke		362	70 M 1-39	54:19	54:55
283	Rosie MacLean		289	22 F 1-34	54:29	54:56
284	Sarah Bearham		223	17 F 35-39	54:31	54:56
285	Sarah Moore		170	23 F 1-34	54:32	54:57
286	Matthew Turner		290	35 M 40-44	54:31	54:58
287	Ian Clarke		462	29 M 50-54	54:39	55:13
288	Jean Cockerill		72	15 F 45-49	54:54	55:18
289	PETER COBBETT	Haywards Heath Harriers	200	2 M 70-99	55:02	55:20
290	HELEN EVERITT		137	16 F 40-44	55:05	55:22
291	Ian Northeast		127	30 M 45-49	55:06	55:24
292	Janine Northeast		128	18 F 35-39	55:05	55:25
293	Michelle HOLDSTOCK	Haywards Heath Harriers	311	19 F 35-39	54:58	55:28
294	James Cornford		2	71 M 1-39	55:05	55:32
295	Jim Durkin		464	26 M 55-59	55:08	55:36
296	Robert Marshall		52	72 M 1-39	55:19	55:42
297	Sue Valentine	Horsham Joggers	271	16 F 45-49	55:20	55:47
298	Jo Banner		162	17 F 40-44	55:22	55:49
299	Edward Pullin		185	73 M 1-39	55:51	55:51
300	Helin Salman		259	24 F 1-34	55:19	55:57
301	Louise Julian		103	25 F 1-34	55:25	55:58
302	David Johnson		221	30 M 50-54	55:38	56:03
303	Melanie Bullen		108	20 F 35-39	55:45	56:04
304	Nikki Bache		83	18 F 40-44	55:34	56:06
305	Hannah Webb		371	26 F 1-34	55:53	56:09
306	Rebecca Howard		61	27 F 1-34	55:56	56:15
307	Emily Fraser		182	28 F 1-34	56:00	56:22
308	Lindsay Worger		30	29 F 1-34	56:05	56:26

309	Lee Saunders		167	74 M 1-39	55:55	56:27
310	Tania Carter	Arunners RC	334	19 F 40-44	56:17	56:30
311	Gail Van Der Leeden	Horsham Amphibians Triathlon Club	201	17 F 45-49	56:14	56:30
312	jason cook		73	75 M 1-39	56:06	56:35
313	Dave wilkes		439	5 M 65-69	56:28	56:56
314	Hilary Humphries	Seaford Striders RC	306	2 F 65-69	56:46	56:58
315	Wendy Smith	Lingfield RC	366	18 F 45-49	56:29	56:58
316	Anne Morrey	Worthing & District Harriers	296	9 F 50-54	56:46	57:01
317	Hannah Wiltshire	0	414	30 F 1-34	56:45	57:02
318	Caroline Lawrence		250	20 F 40-44	56:53	57:08
319	Roger Ockenden	Arena 80 AC	236	6 M 65-69	56:43	57:10
320	Claire allen	Wadhurst Runners	447	7 F 55-59	57:03	57:11
321	kate eales		326	31 F 1-34	56:53	57:13
322	Olivia Beeney-Bennett	Heathfield Road runners	475	32 F 1-34	57:03	57:16
323	Margaret Wadman	Horsham Joggers	15	10 F 50-54	56:50	57:16
324	Ann Williams	Mel's Milers Jogging Club	270	8 F 55-59	57:01	57:17
325	Kenneth Moon	0	409	31 M 45-49	56:47	57:22
326	Lauren Heney	Hercules Wimbledon AC	398	33 F 1-34	57:10	57:24
327	Sarah Ballinger	Uckfield Runners	336	21 F 40-44	57:07	57:26
328	Neil Clarke		247	32 M 45-49	57:03	57:28
329	David Evans		193	31 M 50-54	57:19	57:46
330	Lavina Bennett		225	22 F 40-44	57:27	57:47
331	Naomi Guckenheim		431	34 F 1-34	57:34	57:51
332	Rebecca TANDY	Arunners RC	133	21 F 35-39	57:40	57:55
333	Zoe Munday		78	35 F 1-34	57:36	57:56
334	ROB PONSFORD		351	36 M 40-44	57:34	57:57
335	Bianca Crayford		187	23 F 40-44	57:55	58:03
336	Paul William Arnold	Horsham Joggers	28	76 M 1-39	58:11	58:13
337	Mike Worger		29	33 M 45-49	57:52	58:14
338	Heather Brice		147	22 F 35-39	58:14	58:21
339	Sarah Lancaster		155	36 F 1-34	57:56	58:24
340	Karon Smith	Horsham Joggers	456	11 F 50-54	58:13	58:40
341	Gary Viles	Crawley AC	23	77 M 1-39	58:29	58:41
342	Gemma Berrill		388	37 F 1-34	58:18	58:43
343	Graham Morrey	Worthing & District Harriers	295	27 M 55-59	58:37	58:53
344	Paul Martin		343	32 M 50-54	58:31	58:54
345	Diane Graham		266	19 F 45-49	58:37	58:55
346	Jane Parish		113	23 F 35-39	58:56	58:56
347	Elisabeth Scott	Horsham Joggers	298	12 F 50-54	58:31	58:56
348	Grace Hancock		255	38 F 1-34	58:39	58:59
349	Charlie Evans		273	78 M 1-39	58:26	58:59
350	Peter Evans		381	33 M 50-54	58:27	59:01
351	Katherine Bellenie		189	39 F 1-34	58:36	59:01
352	Catherine Pearce		64	24 F 35-39	58:34	59:02
353	Alice Dore		44	40 F 1-34	58:51	59:16
354	Mark Raven		195	34 M 45-49	58:53	59:19
355	Flaminia Martin		101	41 F 1-34	59:11	59:32
356	Natalie Chivers	Haywards Heath Harriers	27	42 F 1-34	59:15	59:45
357	Peter Reeves		210	35 M 45-49	59:26	59:52
358	Emma Flint	Uckfield Runners	104	24 F 40-44	59:19	59:56
359	Sandra Burgess	Arunners RC	338	13 F 50-54	59:39	59:56
360	Alan Viles		22	28 M 55-59	59:43	59:57
361	Mike Gutteridge		62	29 M 55-59	59:40	59:58
362	Stefan Maynard		470	37 M 40-44	59:59	59:59
363	Paul Gresham		474	34 M 50-54	59:25	1:00:00
364	Mari Salo-oja		119	25 F 35-39	59:49	1:00:19
365	Alison Turner		359	9 F 55-59	1:00:23	1:00:23
366	Caroline Bransden	Horsham Joggers	244	3 F 60-64	1:00:00	1:00:25
367	Tracey Pithers		246	20 F 45-49	1:00:07	1:00:36
368	Christopher Rebbelu	Lingfield RC	454	38 M 40-44	1:00:06	1:00:37
369	Caroline Berry		131	26 F 35-39	1:00:38	1:00:59
370	Matthew Horne		197	39 M 40-44	1:00:47	1:01:11
371	Vicky Clover	Horsham Joggers	231	43 F 1-34	1:00:53	1:01:20

372	Adam Kipling		377	36 M 45-49	1:00:54	1:01:28
373	Maxine Furber	0	393	27 F 35-39	1:01:18	1:01:36
374	Ana Rosa Isla Rodriguez		168	44 F 1-34	1:01:07	1:01:38
375	Marion Underdown	Hailsham Harriers	477	10 F 55-59	1:01:31	1:01:44
376	Maureen Rea	Haywards Heath Harriers	258	3 F 65-69	1:01:37	1:01:52
377	Nikki Humphrey		51	25 F 40-44	1:01:35	1:01:56
378	amanda bond	Mel's Milers Jogging Club	329	21 F 45-49	1:01:37	1:01:58
379	Roger Elliott		102	40 M 40-44	1:01:48	1:02:12
380	karen bellis	Arunners RC	143	26 F 40-44	1:01:56	1:02:15
381	Sally ARNOLD	Horsham Joggers	40	22 F 45-49	1:01:53	1:02:18
382	David Guckenheim		160	9 M 60-64	1:01:46	1:02:21
383	Paul Davis		248	37 M 45-49	1:01:50	1:02:28
384	Steve Dunning		206	38 M 45-49	1:02:13	1:02:37
385	helen baverstock		80	11 F 55-59	1:02:32	1:02:45
386	Toby Read		239	41 M 40-44	1:02:18	1:02:49
387	Linda Taylor		214	12 F 55-59	1:02:23	1:02:57
388	Timon Mutter		473	42 M 40-44	1:02:39	1:03:14
389	Tony Murray		325	35 M 50-54	1:02:57	1:03:22
390	Alistair Jackson	Veterans AC	42	3 M 70-99	1:02:49	1:03:25
391	Sarah Denscombe	Worthing & District Harriers	229	27 F 40-44	1:03:08	1:03:38
392	Dave Green		228	79 M 1-39	1:03:08	1:03:38
393	Roger Locke	Lancing Eagles RC	360	4 M 70-99	1:03:12	1:03:45
394	Fiona Viles		21	14 F 50-54	1:03:39	1:03:51
395	David King		153	30 M 55-59	1:03:26	1:03:56
396	CALEY PEARCE	Uckfield Runners	124	15 F 50-54	1:03:27	1:04:04
397	Peter Lamb		209	80 M 1-39	1:03:38	1:04:04
398	Abigail Scott		118	45 F 1-34	1:04:11	1:04:34
399	Vicky Storer		218	46 F 1-34	1:04:31	1:04:53
400	Cliff Marlow	Mel's Milers Jogging Club	260	7 M 65-69	1:04:33	1:04:54
401	Daniel Van Duyne	Horsham Joggers	469	43 M 40-44	1:04:45	1:04:58
402	Alexis Baillie	Mel's Milers Jogging Club	339	23 F 45-49	1:04:39	1:05:00
403	Steve Flook		385	8 M 65-69	1:04:40	1:05:00
404	Karen Spencer		146	13 F 55-59	1:04:37	1:05:04
405	Caroline Lloyd		46	24 F 45-49	1:04:41	1:05:09
406	Christopher Lambkin		480	31 M 55-59	1:05:34	1:06:04
407	Kiran Gibbons		348	28 F 35-39	1:05:47	1:06:20
408	Helen Lumley		375	29 F 35-39	1:05:47	1:06:20
409	Laura Bourke		122	47 F 1-34	1:06:33	1:07:01
410	Julie Paine		123	30 F 35-39	1:06:34	1:07:02
411	Rebecca Watson		373	48 F 1-34	1:06:46	1:07:06
412	Julia Sharifzadeh		249	16 F 50-54	1:06:41	1:07:13
413	Louise Anscombe	0	401	49 F 1-34	1:06:37	1:07:15
414	Luke Dunning		207	81 M 1-39	1:07:34	1:07:58
415	Martyna Kazmierowska		92	50 F 1-34	1:08:28	1:09:01
416	Mark Ramey		20	36 M 50-54	1:08:51	1:09:21
417	Barry Gilbert	Wadhurst Runners	419	9 M 65-69	1:09:04	1:09:33
418	Michael Dee	Henfield Joggers	55	5 M 70-99	1:09:19	1:09:55
419	Ruth Clarke		50	25 F 45-49	1:10:02	1:10:22
420	Kirk Bradley		49	44 M 40-44	1:10:02	1:10:23
421	Nicola Marden	0	402	51 F 1-34	1:10:01	1:10:38
422	Dionne Robins		67	28 F 40-44	1:10:52	1:11:18
423	Paul Robins		66	39 M 45-49	1:10:51	1:11:18
424	Claire Burrows		4	31 F 35-39	1:11:22	1:11:47
425	Kerry Hampson	Horsham Joggers	205	32 F 35-39	1:11:36	1:12:09
426	Jennifer Denyer	Haywards Heath Harriers	134	4 F 60-64	1:12:30	1:13:01
427	Jill Wakeman		81	14 F 55-59	1:13:31	1:13:48
428	Rebecca Finch-Parsons		38	26 F 45-49	1:14:09	1:14:19
429	Shaun Putland		472	82 M 1-39	1:19:40	1:19:40
430	Margaret Brice		256	15 F 55-59	1:22:43	1:23:07
431	Michael Middleton	Wadhurst Runners	24	6 M 70-99	1:22:57	1:23:30
432	Lizzie Harris		140	52 F 1-34	1:23:36	1:24:13
433	Graham Clarke	Horsham Joggers	141	83 M 1-39	1:23:36	1:24:13
434	Cynthia Dee	Henfield Joggers	56	4 F 65-69	1:29:24	1:29:55