



“Learn to Run” Booking Form

Name: _____

Address: _____

Postcode: _____

Tel.: _____

Email: _____

Date of birth: _____

Emergency contact: _____

Emergency contact tel. no.: _____

Medical conditions - _____

Signature: _____

Date: _____

To secure your place on the course, please return this form and cheque for £55 (made payable to “Horsham Joggers”) to: James Munden, 103 Corsletts Avenue, Broadbridge Heath, West Sussex, RH12 3NY. Payments can also be made by Bank Transfer to the Joggers Account 20-23-97 20523984. Please mark the payment with your name and ‘L2R’ as the reference and note on the Form that payment has been made by Bank Transfer.

Participation in this course and in Horsham Joggers’ running activities is at the participant’s own risk. In the event of any injury or medical condition that could affect your running you must notify the group leader. If you have any reason to believe that you should not participate in this activity, please see your doctor before the course starts.