

Place	Name	Team	Bib No	Age Group	Place	Chip Time	Gun Time	Gender
1	Neil Boniface	Horsham Joggers	1	1 M 1-39		34:04	34:05	M
2	Ben Gibson	Haywards Heath Harriers	454	2 M 1-39		35:29	35:29	M
3	Gary Judges	Hailsham Harriers	38	1 M 45-49		35:50	35:50	M
4	Alan Silvester	Arena 80 AC	452	3 M 1-39		35:55	35:57	M
5	Mark Furth	Henfield Joggers	212	1 M 40-44		35:59	36:00	M
6	Joshua Rudd	Seaford Striders	148	4 M 1-39		36:07	36:08	M
7	Jamie Gibson	Haywards Heath Harriers	352	5 M 1-39		36:15	36:16	M
8	Richard Lee-Wright	Horsham Joggers	235	6 M 1-39		36:37	36:39	M
9	Paul Weir	Brighton Phoenix	449	7 M 1-39		36:43	36:44	M
10	Tobias Bremer	Brighton Phoenix	198	8 M 1-39		36:44	36:45	M
11	Michael Hobbs	Crawley AC	429	9 M 1-39		36:43	36:46	M
12	Simon Fletcher	Seaford Striders RC	367	1 M 50-54		36:48	36:50	M
13	Alex Smith	Horsham Tri Club	190	10 M 1-39		36:55	36:56	M
14	Simon Perkins		6	2 M 40-44		36:57	37:00	M
15	Del Wallace	Arena 80 AC	377	11 M 1-39		37:04	37:06	M
16	Jonathan Arnold	Horsham Blue Star Harriers	119	2 M 45-49		37:04	37:08	M
17	Pete O'Connell	Horsham Joggers	275	1 M 55-59		37:12	37:12	M
18	Dan Vaughan	Arena 80 AC	4	3 M 40-44		37:22	37:24	M
19	John Lowden	Brighton & Hove AC	166	2 M 55-59		37:32	37:33	M
20	Matthew Brass	Lewes AC	403	12 M 1-39		37:53	37:57	M
21	Stephen Wigmore	Horsham Joggers	321	2 M 50-54		37:55	37:58	M
22	Matthew Anstee-Brown	Horsham Joggers	405	13 M 1-39		38:21	38:23	M
23	Jame Clarke	Wadhurst Runners	418	3 M 45-49		38:22	38:26	M
24	Richard Coates	Uckfield Runners	14	4 M 40-44		38:42	38:45	M
25	James Dear	Horsham Joggers	453	5 M 40-44		38:45	38:47	M
26	Sue Fry	Hailsham Harriers	427	1 F 40-44		38:50	38:51	F
27	Jack Chivers	Haywards Heath Harriers	111	14 M 1-39		38:56	38:57	M
28	Alan Buckle	Wadhurst Runners	386	3 M 55-59		39:01	39:05	M
29	Scott Hitchcock	Seaford Striders RC	172	15 M 1-39		39:24	39:26	M
30	Chris Stevenson	Brighton & Hove AC	229	6 M 40-44		39:29	39:32	M
31	James Hookway	Eastbourne Rovers AC	9	4 M 45-49		39:32	39:35	M
32	Duncan Meadus	Horsham Joggers	167	7 M 40-44		39:37	39:44	M
33	David Woollard	Heathfield RRC	336	16 M 1-39		39:59	40:01	M
34	Paul Whelpton	Brighton Phoenix	121	1 M 60-64		39:59	40:03	M
35	Paul Eccles	Hailsham Harriers	194	4 M 55-59		40:05	40:07	M
36	Jason Russell	Haywards Heath Harriers	175	8 M 40-44		40:30	40:34	M
37	Mark Southern		31	9 M 40-44		40:38	40:44	M
38	Simon Whalley		141	17 M 1-39		40:45	40:48	M
39	David Salmons	Wadhurst Runners	146	5 M 45-49		40:49	40:54	M
40	Giles Bowmer	Hailsham Harriers	460	18 M 1-39		40:55	40:59	M
41	Paul Foster		293	19 M 1-39		41:08	41:11	M
42	Wayne Kingsnorth	Crawley Saints & Sinners Running Club	174	10 M 40-44		41:12	41:18	M
43	Ian Fines	Lewes AC	308	3 M 50-54		41:20	41:27	M
44	Michael Burke		91	20 M 1-39		41:29	41:33	M
45	David Jones	Portslade Hedgehoppers	124	6 M 45-49		41:30	41:34	M
46	Andy Stadden	Arunners RC	445	4 M 50-54		41:31	41:36	M
47	Rowan Baker	Heathfield RRC	438	21 M 1-39		41:23	41:49	M
48	Kim Foo	Heathfield RRC	168	5 M 55-59		41:27	41:52	M
49	Paul Gasson	Arena 80 AC	433	2 M 60-64		41:54	41:57	M
50	Daniel Hurley		482	22 M 1-39		41:54	42:09	M
51	Ollie Carter	Arunners RC	140	11 M 40-44		42:09	42:14	M
52	Camilla Bishop	Brighton & Hove AC	317	2 F 40-44		42:19	42:24	F
53	Anne Matthews	Crawley AC	226	3 F 40-44		42:22	42:26	F
54	Allistair Bond		184	23 M 1-39		42:21	42:29	M
55	Neil Pirie		245	12 M 40-44		42:27	42:31	M
56	Phil Robinson	Seaford Striders RC	239	5 M 50-54		42:30	42:33	M
57	Trevor Barrett	Horsham Joggers	481	24 M 1-39		42:33	42:37	M
58	Brian Frost	Horsham Joggers	53	6 M 55-59		42:30	42:39	M
59	Kevin Cockram	Wadhurst Runners	328	7 M 45-49		42:36	42:42	M
60	Kennagh Marsh	Crawley AC	493	1 F 1-34		42:40	42:42	F
61	Phil Grabsky	Brighton Phoenix	106	6 M 50-54		42:41	42:43	M
62	Mike Robbins	Billingham Marsh Hse H & AC	26	13 M 40-44		42:48	42:52	M
63	Michaela Furlong	Hailsham Harriers	387	4 F 40-44		42:53	42:56	F
64	Richard Pring		431	25 M 1-39		43:04	43:04	M
65	Paul Addie	Horsham Joggers	422	14 M 40-44		43:08	43:12	M
66	Dave Arnold	Vegan Runners	463	7 M 50-54		43:16	43:20	M
67	Jocelyn McDermid		193	1 F 35-39		43:27	43:31	F
68	Pierre-Alain Ruffie		260	26 M 1-39		43:23	43:34	M
69	Jo Hesketh	Steyning AC	415	1 F 45-49		43:33	43:38	F
70	Kevin Nelson		135	27 M 1-39		43:32	43:39	M
71	Conor Lutton		181	28 M 1-39		43:03	43:39	M
72	Scott Gosling	Eastbourne Rovers	466	29 M 1-39		43:37	43:39	M

Place	Name	Team	Bib No	Age Group	Place	Chip Time	Gun Time	Gender
73	Malcolm Footer		95	8 M 50-54		43:25	43:41	M
74	Badrinath Mohandas	Uckfield Runners	461	30 M 1-39		43:29	43:43	M
75	Harry Wilcox	Horsham Joggers	357	31 M 1-39		43:49	43:52	M
76	Paul Adams	Horsham Joggers	238	9 M 50-54		44:00	44:02	M
77	Andrew Vine	Crawley Saints & Sinners Running Club	442	32 M 1-39		44:00	44:06	M
78	Nick Bellinger		398	33 M 1-39		44:01	44:07	M
79	Ralph Bernascone	Henfield Joggers	109	1 M 65-69		44:03	44:09	M
80	Ed Duke		425	34 M 1-39		44:05	44:12	M
81	Sean Heard		474	35 M 1-39		44:12	44:17	M
82	Malcolm Kemp	Brighton Phoenix	393	2 M 65-69		44:16	44:19	M
83	Linda Bacon		251	1 F 50-54		44:08	44:19	F
84	Nick Jenkins		55	8 M 45-49		44:11	44:23	M
85	Roger Kennedy		7	15 M 40-44		44:27	44:30	M
86	Danie Ransom		447	36 M 1-39		44:32	44:36	M
87	Jenny Hughes	Arena 80 AC	315	1 F 55-59		44:32	44:36	F
88	Mark Slaughter		278	37 M 1-39		44:25	44:42	M
89	Michael Grundel	Horsham Joggers	402	38 M 1-39		44:32	44:47	M
90	Anthony Neal	Crawley Saints & Sinners Running Club	443	39 M 1-39		44:45	44:51	M
91	Andrew Haig	Brighton Phoenix	171	1 M 70-99		44:50	44:53	M
92	Michael Keen		419	16 M 40-44		44:48	44:54	M
93	Raff Vitale	Horsham Joggers	404	40 M 1-39		44:49	44:54	M
94	Laurence Carpenter	Horsham Joggers	225	17 M 40-44		44:51	44:56	M
95	Samantha Lloyd-Smith	Horsham Joggers	133	2 F 35-39		44:49	44:59	F
96	Stephen Threwall		496	41 M 1-39		44:29	45:00	M
97	James Bell		164	42 M 1-39		44:57	45:05	M
98	Steven Evans		72	18 M 40-44		45:04	45:12	M
99	Paul Yokom	Horsham Joggers	343	19 M 40-44		45:05	45:14	M
100	Paul Freeman		25	43 M 1-39		45:15	45:15	M
101	Christopher Keeler	Team THE	381	44 M 1-39		44:54	45:17	M
102	David Green	Horsham Joggers	185	20 M 40-44		45:15	45:22	M
103	Saul Brignell	Horsham Joggers	467	21 M 40-44		45:17	45:24	M
104	Chris Ticehurst	Team THE	216	9 M 45-49		45:25	45:25	M
105	Naomi Cikalo	Haywards Heath Harriers	421	5 F 40-44		45:19	45:27	F
106	Oliver Cavell		464	45 M 1-39		45:15	45:29	M
107	Joanne Geraghty	Crawley AC	60	3 F 35-39		45:29	45:34	F
108	Nick Apps	Crowborough Runners	369	3 M 60-64		45:24	45:34	M
109	Stephen Wilson	Horsham Joggers	283	3 M 65-69		45:31	45:36	M
110	Stuart Carruthers	Horsham Joggers	233	46 M 1-39		45:30	45:36	M
111	Janine Littler	Horsham Joggers	424	2 F 45-49		45:34	45:39	F
112	Toby Brosnan		183	22 M 40-44		45:33	45:41	M
113	Mark Hawthorne		32	23 M 40-44		45:34	45:44	M
114	Gary Curran		323	10 M 45-49		45:40	45:44	M
115	Rob Cozens		329	11 M 45-49		45:40	45:46	M
116	David Youngman	Horsham Tri Club	92	47 M 1-39		45:28	45:52	M
117	David Heyes		79	24 M 40-44		45:53	46:00	M
118	Taryn May	Heathfield Road Runners	486	3 F 45-49		45:38	46:06	F
119	Frances Johnston		10	4 F 35-39		45:54	46:07	F
120	Terry Avey	Brighton Phoenix	20	4 M 65-69		46:05	46:08	M
121	Allison Ticehurst		217	4 F 45-49		45:50	46:13	F
122	Richard Capewell		241	25 M 40-44		45:59	46:15	M
123	Jon Cotton	Horsham Joggers	337	48 M 1-39		46:03	46:19	M
124	Gavin Thompson		24	49 M 1-39		46:15	46:20	M
125	Mark Gibson	Horsham Joggers	426	50 M 1-39		45:52	46:22	M
126	Guy Gilder	Horsham Joggers	332	10 M 50-54		46:19	46:26	M
127	Graham Jenner	Haywards Heath Harriers	368	12 M 45-49		46:20	46:29	M
128	Graham Beesley		340	26 M 40-44		46:26	46:37	M
129	Cara Law	Crawley Saints & Sinners Running Club	230	6 F 40-44		46:24	46:37	F
130	Chris Bushell		353	51 M 1-39		46:32	46:38	M
131	Gary Smith	Heathfield	484	13 M 45-49		46:11	46:39	M
132	Craig James		266	52 M 1-39		46:20	46:41	M
133	William Blawford	Heathfield	497	11 M 50-54		46:16	46:44	M
134	Isabel Anderson	Brighton Phoenix	450	2 F 1-34		46:36	46:44	F
135	Lee Dunstall	Eastbourne Rovers AC	430	53 M 1-39		46:37	46:44	M
136	Claire Keith	Horsham Joggers	255	3 F 1-34		46:40	46:45	F
137	Ray Aylmore		196	5 M 65-69		46:42	46:51	M
138	Raphael Maillard		263	54 M 1-39		46:47	46:58	M
139	Christopher Lee	Horsham Blue Star Harriers	316	7 M 55-59		46:55	46:59	M
140	Ian Hilder	Lewes AC	325	8 M 55-59		47:02	47:02	M
141	Neil Stanley	Horsham Joggers	477	55 M 1-39		47:01	47:06	M
142	Val Pirmell	Horsham Joggers	276	2 F 55-59		47:05	47:09	F
143	Michael Campbell	Horsham Hockey Club	189	56 M 1-39		46:58	47:12	M
144	David Clarke		272	14 M 45-49		47:03	47:13	M

Place	Name	Team	Bib No	Age Group	Place	Chip Time	Gun Time	Gender
145	Mike Branston	Horsham Tri Club	468	57 M 1-39		47:03	47:17	M
146	Tracey Sargent		115	4 F 1-34		47:08	47:19	F
147	Mark Smee	Crawley Saints & Sinners Running Club	437	9 M 55-59		47:08	47:19	M
148	Natasha Swan	Seaford Striders	187	7 F 40-44		47:15	47:21	F
149	Stewart Mackman	Horsham Blue Star Harriers	253	3 F 55-59		47:21	47:28	F
150	Richard Jones		326	27 M 40-44		47:15	47:32	M
151	Martin Owens		42	10 M 55-59		47:28	47:35	M
152	Robin Fillion		89	28 M 40-44		47:25	47:37	M
153	Keith Valentine	Horsham Joggers	473	4 M 60-64		47:35	47:40	M
154	Roy Aiton		491	58 M 1-39		47:33	47:41	M
155	Reg Levivier-Magar	Wadhurst Runners	331	29 M 40-44		47:42	47:43	M
156	Mark Dewdney	Arena 80 AC	383	12 M 50-54		47:22	47:47	M
157	Rebecca Chapman		382	8 F 40-44		47:43	47:48	F
158	Richard Cherriman	Horsham Joggers	242	13 M 50-54		47:29	47:50	M
159	Ian Dumbrell		324	14 M 50-54		47:38	47:52	M
160	Richard Harwood		23	15 M 50-54		47:42	47:53	M
161	Emily Hoggins		130	5 F 1-34		47:51	48:00	F
162	Amanda Soper	Haywards Heath Harriers	30	2 F 50-54		47:54	48:03	F
163	Dave Razzell	Henfield Joggers	451	16 M 50-54		47:48	48:08	M
164	Sarah Banks	Haywards Heath Harriers	277	5 F 45-49		48:00	48:10	F
165	Peter Longworth	Horley Harriers	420	30 M 40-44		47:57	48:12	M
166	Clive Walker	Horsham Joggers	142	11 M 55-59		48:06	48:15	M
167	Miranda Huisman	Horsham Joggers	204	3 F 50-54		48:10	48:15	F
168	Mick Staines		132	6 M 65-69		48:03	48:16	M
169	Jon Eames		480	59 M 1-39		48:14	48:18	M
170	Christian Morton	Seaford Striders	19	15 M 45-49		48:21	48:26	M
171	Luke Harding		396	60 M 1-39		48:00	48:28	M
172	Sue Newman	Crowborough Runners	177	6 F 45-49		48:22	48:29	F
173	Liz McLennan	Lingfield RC	413	5 F 35-39		48:28	48:35	F
174	Peter Cutler	Horsham Tri Club	33	61 M 1-39		48:26	48:44	M
175	Katherine Buckeridge	Haywards Heath Harriers	80	7 F 45-49		48:29	48:45	F
176	Richard Page	Uckfield Runners	389	5 M 60-64		48:32	48:45	M
177	Geoffrey Fisher	Horsham Joggers	436	6 M 60-64		48:40	48:49	M
178	Michael Coombes	Horsham Joggers	126	16 M 45-49		48:50	48:50	M
179	Nick Baker	Crawley Saints & Sinners Running Club	152	17 M 50-54		48:38	48:51	M
180	Claire Millward	Horsham Joggers	197	6 F 1-34		48:41	48:55	F
181	Chris Smith		360	62 M 1-39		48:51	48:58	M
182	Christopher Wood		97	17 M 45-49		48:43	49:00	M
183	Penny Gorringer		407	6 F 35-39		48:45	49:02	F
184	Emma Comber	Horsham Joggers	285	7 F 35-39		49:03	49:10	F
185	Colin Burgess	Hailsham Harriers	288	7 M 65-69		49:05	49:12	M
186	Duncan Austin		178	18 M 45-49		48:56	49:18	M
187	Simon Holmes		27	63 M 1-39		49:13	49:25	M
188	Paul Richards		487	31 M 40-44		49:16	49:27	M
189	Trevor Webb	Lingfield RC	305	18 M 50-54		49:12	49:30	M
190	Mark Meagher		96	32 M 40-44		49:16	49:32	M
191	Mike Branfield		37	19 M 50-54		49:19	49:42	M
192	Frances Delves	Hailsham Harriers	434	1 F 60-64		49:40	49:46	F
193	George Breacker		258	64 M 1-39		49:34	49:47	M
194	Wayne Morgan		244	20 M 50-54		49:47	50:02	M
195	Lindsay worger		58	7 F 1-34		49:57	50:10	F
196	Jane Petrie		192	9 F 40-44		50:08	50:12	F
197	Matthew Payne	Horsham Joggers	17	33 M 40-44		50:08	50:19	M
198	Louise Taylor		488	10 F 40-44		50:16	50:28	F
199	Leeland Pavey	Hailsham Harriers	432	19 M 45-49		49:58	50:28	M
200	Gordon Harrower		144	12 M 55-59		50:13	50:32	M
201	Colin Shaw	Mel's Milers Jogging Club	342	8 M 65-69		50:15	50:34	M
202	Neil Clarke	Bosh Run	279	20 M 45-49		50:26	50:35	M
203	Daniel Nicoll		478	65 M 1-39		50:17	50:37	M
204	Anne Mimsis	Arena 80	500	4 F 55-59		50:27	50:37	F
205	Robert Marshall	Horsham Joggers	13	66 M 1-39		50:32	50:38	M
206	John Tighe	Crowborough Runners	301	21 M 50-54		50:25	50:40	M
207	Daniel Miller		128	34 M 40-44		50:35	50:43	M
208	Michelle Pearce	Haywards Heath Harriers	220	8 F 35-39		50:26	50:44	F
209	Jemma Saget	Vegan Runners	462	8 F 1-34		50:38	50:49	F
210	Liam Kelly		378	21 M 45-49		50:30	50:54	M
211	Emily White		195	9 F 1-34		50:42	50:57	F
212	Sue Garner	Lingfield RC	163	1 F 65-99		50:50	50:58	F
213	James Chapman		118	67 M 1-39		51:00	51:00	M
214	Gareth Bowen		435	68 M 1-39		50:55	51:06	M
215	Lawrence Roy	Horsham Joggers	147	22 M 50-54		50:51	51:10	M
216	Jenna Wiles		376	10 F 1-34		50:42	51:10	F

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217	Allison Haynes		333	11 F 40-44		50:59	51:11	F
218	Derek Buckman	Horsham Joggers	287	7 M 60-64		50:54	51:15	M
219	Adam Drage		302	69 M 1-39		51:01	51:28	M
220	Simon Lygo-Baker		341	22 M 45-49		50:58	51:28	M
221	Emma Walters	Horsham Joggers	234	9 F 35-39		51:25	51:30	F
222	Thaddaios Yianni		257	70 M 1-39		51:07	51:35	M
223	Michelle Garratt		292	4 F 50-54		51:27	51:40	F
224	Richard Honeyman	Seaford Striders RC	458	23 M 50-54		51:31	51:40	M
225	Hephzibau Ioby		485	5 F 50-54		51:26	51:42	F
226	Mark Piper	Lingfield RC	350	24 M 50-54		51:22	51:42	M
227	Stuart Andrews		15	71 M 1-39		51:10	51:44	M
228	Natasha Skerrett		289	10 F 35-39		51:16	51:48	F
229	Nicholas Salmon		267	25 M 50-54		51:43	51:50	M
230	Norman Harris	Hailsham Harriers	349	9 M 65-69		51:40	51:51	M
231	Andrew Beales		18	72 M 1-39		51:17	51:51	M
232	Richard Bryant	Crawley Saints & Sinners Running Club	388	26 M 50-54		51:26	51:58	M
233	Louise Acher	Epsom Allsorts	322	11 F 35-39		51:43	52:00	F
234	Simon Keeler		335	35 M 40-44		51:49	52:12	M
235	Ben Barden		129	10 M 65-69		51:58	52:16	M
236	Owen Piggot		243	23 M 45-49		52:02	52:16	M
237	Martin Hesketh	Steyning AC	416	24 M 45-49		52:05	52:18	M
238	Mark Wheeler		469	25 M 45-49		51:57	52:21	M
239	Debbie Sarson-Lowe	Horley Harriers	472	12 F 40-44		52:13	52:22	F
240	Martin Smith		191	13 M 55-59		52:14	52:23	M
241	James Oram	Worthing Striders	476	73 M 1-39		52:11	52:26	M
242	Victoria Clover		254	11 F 1-34		52:10	52:30	F
243	Alex Land		64	13 F 40-44		52:15	52:31	F
244	Raymond Warren	Horsham Fitness	71	74 M 1-39		52:17	52:35	M
245	Samuel Ledger		116	75 M 1-39		52:37	52:37	M
246	Debbie Wilkes	Lingfield RC	298	2 F 60-64		52:32	52:40	F
247	Chris Le Beau	Lingfield RC	311	11 M 65-69		52:24	52:43	M
248	Rob Wright		392	76 M 1-39		52:14	52:44	M
249	Tim Jordan		319	36 M 40-44		52:29	52:45	M
250	nicholas butler		131	37 M 40-44		52:37	52:48	M
251	Paul Taylor		87	14 M 55-59		52:32	52:50	M
252	Marion Hemsworth	Haywards Heath Harriers	231	2 F 65-99		52:40	52:58	F
253	Albert Kemp	Wadhurst Runners	330	12 M 65-69		53:07	53:13	M
254	Nikki Dow		499	14 F 40-44		53:13	53:21	F
255	Jeremy Ridley		48	27 M 50-54		53:06	53:24	M
256	Lisa Welch		98	15 F 40-44		53:18	53:27	F
257	Nikki Gatland		355	12 F 1-34		52:56	53:29	F
258	Hayley Rotherham		101	13 F 1-34		53:22	53:30	F
259	Ian Nicholson	Horsham Joggers	35	13 M 65-69		53:10	53:35	M
260	Claire Millar		138	12 F 35-39		53:04	53:35	F
261	Mike Balfour		246	28 M 50-54		53:20	53:36	M
262	James Hurrell		112	77 M 1-39		53:21	53:50	M
263	Verity Coombes	Haywards Heath Harriers	3	14 F 1-34		53:40	53:56	F
264	Tony Hill	Outdoor Military Fitness	63	29 M 50-54		53:42	53:59	M
265	Rob Jochimsen	Horsham Joggers	227	30 M 50-54		53:41	54:02	M
266	Alan Hide		209	14 M 65-69		53:39	54:10	M
267	Rob Hunt		155	26 M 45-49		53:41	54:14	M
268	Carole MILLS	Burgess Hill Runners	281	16 F 40-44		53:44	54:15	F
269	Debbie Gatland	Tuff Fitty Triathlon Club	354	5 F 55-59		53:50	54:21	F
270	Mark Raven		264	27 M 45-49		54:28	54:39	M
271	Nicky Paton	Horsham Joggers	224	8 F 45-49		54:25	54:39	F
272	Mike Worger		57	28 M 45-49		54:30	54:44	M
273	Helen Baverstock	Horley Harriers	82	6 F 55-59		54:39	54:50	F
274	Emma Catlow	Horsham Joggers	359	17 F 40-44		54:43	54:53	F
275	Dominique Van Baelen		137	78 M 1-39		55:00	55:00	M
276	Gerard Walshe		400	8 M 60-64		54:59	55:24	M
277	Richard Trimming		401	9 M 60-64		54:59	55:25	M
278	John Taylor	Hailsham Harriers	156	2 M 70-99		54:55	55:30	M
279	Sue Valentine		294	9 F 45-49		55:05	55:31	F
280	Becky Stanley		297	13 F 35-39		55:18	55:34	F
281	Stella Daff	Crawley Saints & Sinners Running Club	160	10 F 45-49		55:26	55:38	F
282	Liam Okeeffe		153	38 M 40-44		55:03	55:40	M
283	Jo Ryan		123	14 F 35-39		55:30	55:45	F
284	Rachael Wisdom		363	18 F 40-44		55:30	55:45	F
285	Rob Phelps		384	79 M 1-39		55:23	55:47	M
286	Fleur Blawford	Heathfield	498	6 F 50-54		55:20	55:49	F
287	Richard Harmer		390	80 M 1-39		55:23	55:51	M
288	Jo Hopkins		248	19 F 40-44		55:37	55:54	F

Place	Name	Team	Bib No	Age Group	Place	Chip Time	Gun Time	Gender
289	Hildi Mitchell	Brighton Phoenix	455	11 F 45-49		55:45	55:54	F
290	Christopher Andrews		16	81 M 1-39		55:22	55:59	M
291	Benazir Khan		256	15 F 1-34		55:35	56:03	F
292	Lisa Phillips	Hailsham Harriers	470	20 F 40-44		55:57	56:08	F
293	Gillian Smith	Fleet and Crookham	36	7 F 50-54		55:44	56:09	F
294	Paul William Arnold	Horsham Joggers	28	82 M 1-39		56:08	56:10	M
295	Justine Tanner	Haywards Heath Harriers	284	15 F 35-39		55:48	56:11	F
296	Angela Moore	Outdoor Military Fitness	74	16 F 1-34		55:56	56:13	F
297	Helen Everitt		29	21 F 40-44		56:08	56:19	F
298	Richard Brooks		391	29 M 45-49		55:48	56:23	M
299	Chris Alden		215	39 M 40-44		55:59	56:28	M
300	Katherine Bellenie		150	16 F 35-39		56:18	56:29	F
301	Charlotte Jenkins		250	17 F 1-34		56:21	56:33	F
302	Claire Miller	Horsham Joggers	262	8 F 50-54		56:21	56:35	F
303	Cecile Lanier		265	18 F 1-34		56:24	56:37	F
304	Vikki Stevens	Horsham Joggers	240	17 F 35-39		56:25	56:38	F
305	Amy Jackson	Horsham Joggers	47	19 F 1-34		56:22	56:41	F
306	David Evans	Horsham Joggers	43	15 M 55-59		56:25	56:45	M
307	Peter Cobbett	Haywards Heath Harriers	273	3 M 70-99		56:30	56:50	M
308	Michelle Holdstock	Haywards Heath Harriers	236	18 F 35-39		56:26	56:51	F
309	Karen Jenkins		252	9 F 50-54		56:40	56:52	F
310	Terry Bulmer		448	10 M 60-64		56:38	56:55	M
311	Shirley Slough	Mel's Milers Jogging Club	394	7 F 55-59		56:30	57:01	F
312	Mike Revis		44	83 M 1-39		56:47	57:04	M
313	Fiona Clifton	Horsham Joggers	314	10 F 50-54		56:46	57:07	F
314	Tania Carter	Arunners RC	307	22 F 40-44		57:12	57:23	F
315	Rebecca McDowell	Horsham Tri Club	78	20 F 1-34		57:10	57:36	F
316	Caron Lee		318	11 F 50-54		57:17	57:49	F
317	Mari Salo-oja		143	19 F 35-39		57:27	57:56	F
318	Tom Roper	Seaford Striders	180	11 M 60-64		57:52	58:03	M
319	Pascal Jasserand		113	31 M 50-54		57:37	58:03	M
320	Claire Illingworth	Horsham Tri Club	34	21 F 1-34		57:49	58:13	F
321	Rebecca Furth	Henfield Joggers	211	23 F 40-44		57:46	58:16	F
322	Linda Nicoll	Horsham Joggers	22	8 F 55-59		57:54	58:16	F
323	Matk Ross		399	84 M 1-39		57:48	58:17	M
324	Sarah Hilliard	Crowborough Runners	414	9 F 55-59		57:56	58:19	F
325	Clare Parkinson	Mid Sussex Triathlon Club	374	12 F 50-54		57:52	58:23	F
326	Sue Endacott	Mel's Milers Jogging Club	465	13 F 50-54		58:00	58:24	F
327	Brian Stone		158	40 M 40-44		57:50	58:25	M
328	Stuart Davies		490	41 M 40-44		57:52	58:25	M
329	Joanna Stone		159	24 F 40-44		57:51	58:26	F
330	Carly Butterworth		70	20 F 35-39		58:02	58:30	F
331	Jody Blunt	Reigate Priory AC	102	21 F 35-39		58:15	58:43	F
332	Abbey Henry		274	22 F 1-34		58:16	58:43	F
333	Vicki Wain-Heapy		232	23 F 1-34		58:20	58:49	F
334	Vicki Mills		125	25 F 40-44		58:24	58:50	F
335	Raymond Ko	Derek Zoolander Center for Kids	161	42 M 40-44		58:41	58:53	M
336	Thomas Brooker	Crawley AC	39	16 M 55-59		58:34	58:53	M
337	Tracey Hapgood		351	26 F 40-44		58:26	58:54	F
338	Penny Green	Horsham Joggers	186	22 F 35-39		58:40	58:55	F
339	Andrew Clark		361	30 M 45-49		58:36	58:56	M
340	Heather Brice		221	23 F 35-39		58:50	58:58	F
341	Delicia Ayley		228	24 F 35-39		58:35	59:04	F
342	Helen Elkin		207	25 F 35-39		58:43	59:04	F
343	Elizabeth Crews	Burgess Hill Runners	69	27 F 40-44		58:48	59:08	F
344	Matthew Horne		11	43 M 40-44		58:57	59:10	M
345	Caroline Bransden	Horsham Joggers	77	3 F 60-64		58:59	59:12	F
346	Katie Jagger	Horsham Joggers	222	26 F 35-39		58:51	59:12	F
347	Louise Johnson	Horsham Joggers	259	12 F 45-49		58:53	59:17	F
348	Lindsey Henley		114	27 F 35-39		59:03	59:25	F
349	Harriet Tidey		219	24 F 1-34		58:56	59:28	F
350	Kirsty Anstee-Brown	Horsham Joggers	406	25 F 1-34		59:21	59:34	F
351	Will Green	Horsham Joggers	54	85 M 1-39		59:20	59:34	M
352	Ellen carter	Arunners RC	139	28 F 35-39		59:21	59:42	F
353	Gemma Berrill	Horsham Joggers	100	26 F 1-34		59:36	59:46	F
354	Gary Dobbs		145	32 M 50-54		59:36	59:51	M
355	David Guckenheim		202	12 M 60-64		59:31	59:54	M
356	Gary Viles	Crawley AC	346	86 M 1-39		59:48	59:56	M
357	Steve Mills		366	31 M 45-49		59:37	1:00:02	M
358	Sarah Mann	Outdoor Military Fitness	84	27 F 1-34		59:46	1:00:03	F
359	Amy Bacon		66	28 F 1-34		59:55	1:00:14	F
360	Rebecca shaw		303	29 F 1-34		59:48	1:00:15	F

Place	Name	Team	Bib No	Age Group	Place	Chip Time	Gun Time	Gender
361	Vicky Revis	Crawley Saints & Sinners Running Club	5	29 F 35-39		1:00:01	1:00:19	F
362	Cliff Marlow	Mels Milers Jogging Club	173	15 M 65-69		1:00:05	1:00:28	M
363	Louise Ryder		371	28 F 40-44		1:00:06	1:00:29	F
364	Dominik Short		370	44 M 40-44		1:00:07	1:00:30	M
365	Maxine Furber		456	30 F 35-39		1:00:07	1:00:30	F
366	Natasha Braine		73	29 F 40-44		1:00:17	1:00:35	F
367	Wendy Donnelly		271	13 F 45-49		1:00:18	1:00:49	F
368	Mark Donnelly		270	32 M 45-49		1:00:18	1:00:50	M
369	Sarah Denscombe	Worthing & District Harriers	385	14 F 45-49		1:00:37	1:00:54	F
370	Lorraine Murphy		446	15 F 45-49		1:01:05	1:01:14	F
371	Hayley Dumbrell		205	30 F 1-34		1:00:44	1:01:16	F
372	Sue Weber	Wadhurst Runners	372	30 F 40-44		1:01:14	1:01:19	F
373	Grace Newton		412	31 F 40-44		1:00:59	1:01:22	F
374	Jenny Coombes	Horsham Joggers	127	32 F 40-44		1:01:05	1:01:25	F
375	Leah Pillay		105	31 F 35-39		1:01:09	1:01:25	F
376	Pip Mortimer	Horsham Joggers	201	33 F 40-44		1:01:08	1:01:26	F
377	Nigel Phillips	Mel's Milers Jogging Club	410	16 M 65-69		1:00:51	1:01:26	M
378	Victoria Wood	Heathfield RRC	457	10 F 55-59		1:00:59	1:01:27	F
379	Louise Anscombe		495	31 F 1-34		1:01:09	1:01:28	F
380	Roger Ockenden	Arena 80 AC	290	17 M 65-69		1:00:55	1:01:32	M
381	Frances Doe	Hailsham Harriers	104	3 F 65-99		1:01:09	1:01:39	F
382	Helen Marshall	Horsham Joggers	365	32 F 35-39		1:01:29	1:01:43	F
383	Alan Viles	Horley Harriers	345	17 M 55-59		1:01:33	1:01:43	M
384	Sandra Burgess	Arunners RC	320	11 F 55-59		1:01:30	1:01:47	F
385	Helin Salman		347	32 F 1-34		1:01:30	1:01:57	F
386	James Thornton	Horsham Joggers	428	87 M 1-39		1:01:55	1:02:13	M
387	Peter Phillips		203	18 M 55-59		1:01:46	1:02:14	M
388	Becky Winstone		151	33 F 1-34		1:01:40	1:02:18	F
389	Laura Allenby		358	34 F 1-34		1:02:00	1:02:21	F
390	Agata Nelson-Lyszkiewicz		134	35 F 1-34		1:01:53	1:02:27	F
391	Amanda Bond	Mel's Milers Jogging Club	309	16 F 45-49		1:01:58	1:02:31	F
392	Marion Underdown	Hailsham Harriers	395	12 F 55-59		1:02:35	1:02:47	F
393	Lisa Bowler	Horsham Joggers	223	34 F 40-44		1:02:44	1:02:58	F
394	Jayne Webb	Lingfield RC	107	14 F 50-54		1:02:26	1:02:59	F
395	Sheila Stuart		291	4 F 60-64		1:02:43	1:03:04	F
396	Margaret Brice	Horsham Bootcamps	86	15 F 50-54		1:03:03	1:03:25	F
397	Clelie Medlock		50	35 F 40-44		1:02:49	1:03:26	F
398	Owen Hurley		483	88 M 1-39		1:03:13	1:03:28	M
399	Kirsty Huddart	Outdoor Military Fitness	154	36 F 1-34		1:03:15	1:03:32	F
400	Steve Cousall		136	89 M 1-39		1:03:02	1:03:34	M
401	Steve Flook	Mel's Milers Jogging Club	459	18 M 65-69		1:03:03	1:03:36	M
402	Natalie Anderson		417	36 F 40-44		1:03:35	1:03:44	F
403	Katherine Saunders		149	37 F 1-34		1:03:30	1:03:52	F
404	Michael Dee	Henfield Joggers	93	4 M 70-99		1:03:29	1:03:54	M
405	Paul Davis		339	33 M 45-49		1:03:29	1:03:56	M
406	Leah Prevost		52	38 F 1-34		1:03:42	1:03:57	F
407	Paul Chandler	Horsham Joggers	475	13 M 60-64		1:03:34	1:03:58	M
408	Mandi Woodford wright		88	33 F 35-39		1:03:23	1:04:00	F
409	Sally Arnold	Horsham Joggers	2	16 F 50-54		1:03:39	1:04:06	F
410	Laura Perry	26.2 Road Runners Club	90	39 F 1-34		1:03:44	1:04:09	F
411	David Wilkes	Lingfield RC	299	19 M 65-69		1:03:48	1:04:14	M
412	Michael Duplock	Horsham Joggers	286	5 M 70-99		1:04:06	1:04:27	M
413	Fiona Viles	Horley Harriers	344	17 F 50-54		1:04:22	1:04:31	F
414	Katherine Russell		62	17 F 45-49		1:04:02	1:04:34	F
415	Jennifer Boniface	Horsham Joggers	362	34 F 35-39		1:04:13	1:04:34	F
416	Tracy Hovell		282	37 F 40-44		1:04:33	1:04:52	F
417	Stephen Hill		409	90 M 1-39		1:04:27	1:04:53	M
418	David King		165	19 M 55-59		1:04:29	1:05:03	M
419	Natalie Howard		408	40 F 1-34		1:04:37	1:05:03	F
420	Vanessa Harrold	Crawley Saints & Sinners Running Club	379	18 F 45-49		1:05:04	1:05:38	F
421	Lynda Willment	Lingfield RC	122	18 F 50-54		1:05:14	1:05:48	F
422	Martina Massiah	Crawley Saints & Sinners Running Club	334	38 F 40-44		1:05:45	1:06:19	F
423	Caroline Fitzmaurice		49	41 F 1-34		1:05:47	1:06:24	F
424	Karen Spencer		41	13 F 55-59		1:06:20	1:06:42	F
425	Alistair Jackson	Veterans AC	21	6 M 70-99		1:06:21	1:06:56	M
426	Karen Sciberras	HJ	492	19 F 50-54		1:06:46	1:07:14	F
427	Athina Mitropoulos		375	42 F 1-34		1:06:47	1:07:16	F
428	Carol Williams	Heathfield RRC	338	19 F 45-49		1:06:52	1:07:24	F
429	Susan Childs	Crawley Saints & Sinners Running Club	169	20 F 45-49		1:07:00	1:07:32	F
430	Susan Hensman	Horsham Joggers	261	20 F 50-54		1:07:12	1:07:35	F
431	Samantha Wilsdon		206	43 F 1-34		1:07:15	1:07:44	F
432	Lara Humphrey		280	21 F 45-49		1:08:01	1:08:27	F

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433	Carol Skates	Gade Valley Harriers	68	14 F 55-59		1:08:05	1:08:44	F
434	Theresa Chalk	Burgess Hill Runners	327	21 F 50-54		1:08:23	1:08:54	F
435	Malcolm Slater	Burgess Hill Runners	200	20 M 65-69		1:08:24	1:08:54	M
436	Ian Bunch		103	33 M 50-54		1:08:19	1:08:56	M
437	Michelle Boshier	Horsham Bootcamps	300	22 F 50-54		1:09:01	1:09:22	F
438	Heidi Chaney	Horsham Joggers	218	23 F 50-54		1:09:26	1:09:50	F
439	Claire Burrows	Horsham Joggers	237	39 F 40-44		1:09:38	1:10:04	F
440	Clive Harrington-Rutterfor		75	34 M 45-49		1:09:33	1:10:09	M
441	Nicola Marden		494	44 F 1-34		1:10:04	1:10:23	F
442	Katie Jesse		304	35 F 35-39		1:10:25	1:10:44	F
443	Dominique manton		67	15 F 55-59		1:10:22	1:11:01	F
444	Carol Brown		247	22 F 45-49		1:11:12	1:11:49	F
445	Laura Southey	Horley Harriers	471	45 F 1-34		1:12:00	1:12:11	F
446	Kate Booker		444	23 F 45-49		1:15:52	1:16:12	F
447	Mhairi Lutton		182	46 F 1-34		1:16:15	1:16:51	F
448	Kathryn Marlow		380	40 F 40-44		1:17:11	1:17:45	F
449	Dereck Warwick		479	7 M 70-99		1:18:38	1:19:08	M
450	Richard Wallage		85	34 M 50-54		1:21:11	1:21:49	M
451	Graham Clarke	Horsham Joggers	441	91 M 1-39		1:21:54	1:22:27	M
452	Lizzie Harris	Vegan Runners UK	440	47 F 1-34		1:21:54	1:22:27	F
453	Alexandra Harrington-Rutterfor		76	48 F 1-34		1:23:37	1:24:13	F
454	Rojda Dogal		348	49 F 1-34		1:24:20	1:24:46	F
455	Michael Middleton	Wadhurst Runners	188	8 M 70-99		1:29:44	1:30:22	M
456	Jenny Boyd		650	5 F 60-64		1:29:42	1:30:22	F